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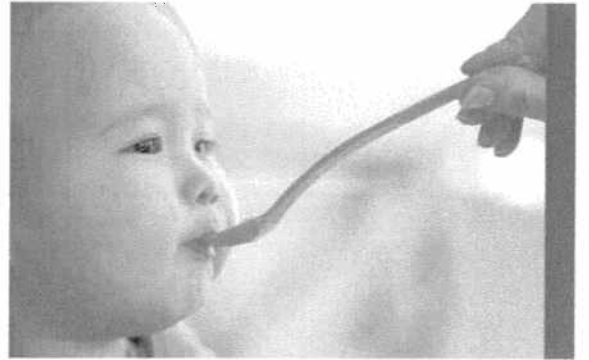
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FOOD BANK
OF NORTHERN NEVADA



Food Stamps as Medicine

A New Perspective on Children's Health



Children's Sentinel Nutrition Assessment Program [C-SNAP] | February 2007

The Food Stamp Program is America's first line of defense against hunger and the foundation of our national nutrition safety network. Physicians and medical researchers also think it is one of America's best medicines to prevent and treat childhood food insecurity.

The **Children's Sentinel Nutrition Assessment Program (C-SNAP)**—a non-partisan network of pediatricians and public health specialists who conduct research, based on a dataset of nearly 24,000 children, on the effects of US social policy on young, low-income children's health and nutrition—has concluded that **food stamps can make a crucial difference in determining a child's health status** and the course of his or her development. By reducing food insecurity, food stamps can decrease a child's risk of:

- **Hospitalization**
- **Poor health**
- **Iron deficiency anemia**
- **Deficits in cognitive development**
- **Behavioral and emotional problems**

2007 Farm Bill Reauthorization: Refilling the Prescription

The Food Stamp Program is reauthorized every five years, under the nutrition title of the Farm Bill. In 2007, when the Farm Bill is next reauthorized, legislators have an opportunity to ensure the Food Stamp Program continues to build on its success. Supporting the Food Stamp Program in 2007 will help protect the health of America's children until 2012.

Food Insecurity

A technical term many frontline workers call hunger, food insecurity refers to limited or uncertain access to enough nutritious food for all household members to lead an active and healthy life.

Funded under the nutrition title of the Farm Bill, the Food Stamp Program enables low-income families to buy food in authorized retail stores. Eligibility and monthly benefit levels are calculated according to a balance of a family's income, assets, and expenses.

On average, 25.7 million Americans receive food stamps every month. Half (50%) of all recipients are children, and nearly one-third (29%) of all recipient households are employed.² The US Department of Agriculture (USDA) estimates that the number of potentially eligible people participating in the program increased from 53% in 2001 to 60% in 2004.³ The average recipient household in 2004 had income at 60% of the federal poverty level—\$12,000 per year, for a family of four—with just 12% of participating households' incomes falling above the poverty line.

The need for food assistance remains strong. The America's Second Harvest emergency food network provided hunger-relief services to an estimated 25.3 million low-income people in 2005—including 2 million children under age 5—an 8% increase since 2001,⁴ and a recent 24-city US Conference of Mayors survey noted that requests for food assistance rose by 12% in 2005.⁵ This increase may be attributable to rising energy, health, and housing costs, which combine to force many struggling Americans—often employed and with young children—to rely on food assistance to make ends meet and fill empty stomachs.

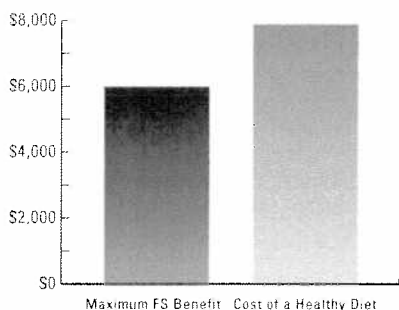
Hunger is not merely uncomfortable; for millions of American children, it is dangerous—jeopardizing their health and normal development. Infants and toddlers are particularly vulnerable because the first three years of life are a critical developmental period, during which the foundations are laid for growth and learning in later life. Early childhood food insecurity endangers children's future academic achievement and workforce participation. Children starting life at a disadvantage have greater odds of remaining at a disadvantage.



The Medicine Works but the Dose is too Low

Although federal funding for the Food Stamp Program currently totals \$28 billion, the average person receives only \$92.60 per month—barely \$1 per meal.¹ This means that even families who receive food stamps often simply cannot afford to eat right. Food stamp benefit amounts are based on the USDA's Thrifty Food Plan (TFP),² which does not adhere to the Surgeon General's most recent nutrition recommendations and no longer reflects the real cost of food in some areas.³ A recent sampling of grocery stores in Boston, MA, revealed that, on average, the monthly cost of the TFP is \$27 more than the maximum monthly food stamp benefit allowance. Most recipients, however, do not receive the maximum benefit, so the gap is often even wider. A low-cost healthier diet based on the most recent nutrition guidelines exceeded maximum monthly food stamp benefit levels by \$148—an annual differential of \$1,776—a budgetary stretch entirely unrealistic for most families poor enough to receive nutrition assistance.⁴ Until benefit levels are adjusted to match the cost of a healthy diet, in line with the newest scientific recommendations, the Food Stamp Program's great potential to relieve hunger and promote a healthier America cannot be fully realized.

Annual Gap Between Maximum Monthly Food Stamp Benefit and Cost of Surgeon General's Low-cost, Healthier Diet for a Family of Four



Do Food Stamps Cause Childhood Obesity?

No studies have shown a causal link between food stamps and childhood obesity.⁵ Factors thought to contribute to obesity include media advertising of sweetened and high-fat foods aimed at young children, lack of recess and physical education classes in schools, too few safe opportunities for exercise in many neighborhoods, and—paradoxically—food insecurity.⁶ The possible pathways between food insecurity and obesity are complex. To prevent family members from experiencing hunger, parents in food insecure households may purchase a limited variety of cheap, energy dense foods high in fat and added sweeteners, but low in nutritional quality. At the same time, food insecure households reduce their consumption of healthier, but relatively more expensive, foods—such as fresh fruits and vegetables, whole grains, low-fat dairy, fish, and vegetable protein.⁷ A successful public-health approach to obesity prevention must include an effective Food Stamp Program with benefit levels that permit low-income families to purchase healthier foods and raise healthier children.

Rural Americans

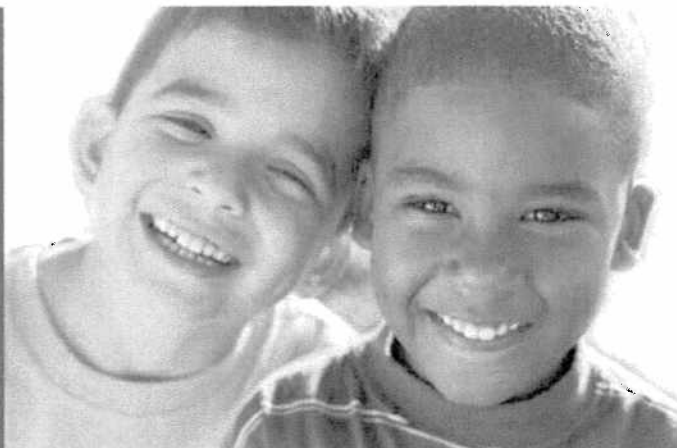
C-SNAP's work focuses on urban children, but recent research has shown that rural children are at high risk for food insecurity as well. Paradoxically, in America's countryside, where much of our food is grown, rural Americans disproportionately rely on the Food Stamp Program to feed their families. In 2001, the last year for which data have been calculated, only 22% of the United States' total population, but a full 31% of food stamp recipients, lived in rural areas. And overall, whereas only 4.8% of urban residents received food stamps, 7.5% of rural residents did.⁸ Children account for a large percentage of this group: while children comprise only one-fourth of the rural population, they account for nearly half (43%) of all rural residents receiving food stamps.⁹

New Americans

C-SNAP's research reveals that food insecurity poses a serious threat to the health of many new Americans and, in particular, to citizen children of immigrant parents. As US citizens, these children are potentially eligible for, but frequently do not receive, assistance from the Food Stamp Program.¹⁰ Indeed, young children of immigrants are less than half as likely to receive food stamp benefits as young children of citizen parents, despite higher poverty rates among immigrant families.¹¹

More than 11.5% (32.5 million) of the total US population is foreign-born. As reflected in recent census data, immigrant communities across the country are experiencing tremendous growth.¹² But even while immigrants work hard to harvest, prepare, and serve America's food, the terrible irony is that many struggle with chronic hunger within their own families, with food insecurity jeopardizing their children's health and development.

The Food Stamp Program could help protect these children from unnecessary risk. C-SNAP has found that **citizen children of immigrant parents who receive food stamps are 32% less likely to be in poor health** than if their families did not receive food stamps. In other words, food stamps can make a profound difference in a child's health, but too many eligible American children in immigrant families are not getting the nutrition assistance they so desperately need.



Why Food Stamps Matter for Children's Health: What Medical Research Shows

A decade of clinical research by C-SNAP shows that food stamps are an essential medicine for America's youngest and most vulnerable children. Infants and toddlers in food insecure households are at increased risk for iron deficiency anemia, deficits in cognitive development, and behavioral and emotional problems, all of which can impede their readiness for school and their future productivity as adults in the workforce.¹⁰⁶ Indeed, C-SNAP has recently found that **children receiving food stamps are 26% less likely to be food insecure than eligible children not receiving food stamps**, suggesting that they are less likely to suffer from the negative effects of food insecurity. The connection is strong: food insecurity contributes to developmental problems and poor health among children, and food stamps decrease child food insecurity.

The effect of food stamps on minority groups, who are disproportionately vulnerable to food insecurity, is clear as well. When benefits are decreased or eliminated, food insecurity rises and health suffers:

- Latino children whose family food stamp benefit was sanctioned were **more than twice as likely to suffer from food insecurity** as those whose family food stamp benefit was unchanged.
- Compared with black infants and toddlers whose family food stamp benefits were *not* reduced in the past year, young black children whose family benefits were reduced had **38% greater odds of being reported in poor health**.¹⁰⁷

Other research supports and complements C-SNAP's findings. Among preschoolers, for example, food stamps have consistently been associated with higher intake of vitamins and minerals crucial for children's health.¹⁰⁸ Participation in the Food Stamp Program has repeatedly demonstrated beneficial effects on children's school achievement.¹⁰⁹ Moreover a 2006 USDA-funded report found that childhood participation in the Food Stamp Program reduces the risk of serious nutrition-related health problems.¹¹⁰

Because they decrease the risk of food insecurity, food stamps can also protect children from costly hospitalizations, many of which—for families without private health insurance—are covered by tax dollars. C-SNAP's research shows that children in food insecure homes are approximately **twice as likely to suffer poor health and one-third more likely to be hospitalized**, because poor nutrition can increase their risk of contracting illnesses and compromise their immune systems.¹¹¹ By reducing the prevalence or severity of food insecurity, food stamps promise to reduce child hospitalization and health care costs, saving money for both struggling families and our government.

Healthier Children, Stronger Communities

The Food Stamp Program also contributes to the health of the communities in which our children live. Each dollar spent on federal food stamp benefits generates nearly twice that in economic activity, so local communities stand to benefit tremendously from the Food Stamp Program.¹¹² Conversely, low participation rates translate into missed fiscal opportunities for cities. In 2006, for example, Los Angeles missed out on \$463 million of federal money; New York City, \$430 million; and Houston, \$168 million.¹¹³ Food stamps lead to more money flowing through local economies, producing healthier children in stronger communities.



Following the Doctor's Orders: *Prescriptions for Change*

Based on medical research, C-SNAP offers the following recommendations for improving young children's health:

- Many children do not receive the nutrition assistance they need. **Funding effective outreach/education activities and simplifying application/recertification procedures** will drive this figure up. Confusion, anxiety, and administrative barriers keep many people from receiving benefits.
- **Monthly benefit levels should be raised to equal the cost of a healthy diet**, commensurate with the Surgeon General's most recent nutrition recommendations.
- **Raising the asset cap above the current level (\$2,000 in most cases)** will allow poor families to save modest amounts of money and begin to accumulate the assets needed to raise themselves out of poverty and off of food stamps.
- Many parents with limited English are currently deterred from accessing food stamps by language barriers. **More interpreters will help to serve America's diverse population.**

The Food Stamp Program has recently made great strides forward in reaching out to more Americans, but further improvement is both possible and necessary. One in five eligible American children is starting at a disadvantage by not receiving the food stamps he or she needs to develop and learn properly. Many of those not yet receiving nutrition assistance are among the most vulnerable groups, such as children of color and citizen children of immigrant parents. **America's children deserve the best chance we can give them to thrive in later life; if they start behind, they will likely remain behind. Supporting the Food Stamp Program is a sound investment in America's future and in the wellbeing of *all* of her children.**



About C-SNAP

The Children's Sentinel Nutrition Assessment Program (C-SNAP) is a national network of pediatricians and public health specialists whose focus is:

- Conducting original, clinical research on children 0-3 years old
- Facilitating public policies that protect children's health and development by providing credible evidence to policy-makers and advocates
- Providing referrals to medical care and other resources for children and food insecure households

C-SNAP's total sample, gathered over the past decade, includes nearly 24,000 children under age three.

C-SNAP study sites include:

- Boston Medical Center, Boston, MA
- Hennepin County Medical Center, Minneapolis, MN
- Mary's Center for Children, Washington, DC *
- University of Arkansas for Medical Sciences, Little Rock, AR
- University of Maryland Medical Center, Baltimore, MD
- St. Christopher's Hospital for Children, Philadelphia, PA
- Harbor-UCLA Medical Center, Los Angeles, CA *

Dormant sites indicated by *



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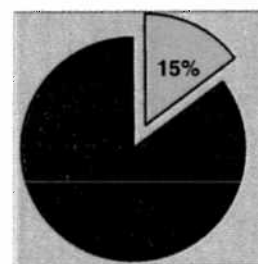
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Childhood Hunger in Nevada and Its Consequences

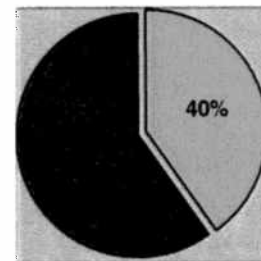
In Nevada, a living wage, i.e. sufficient earnings to cover basic household expenses, is more than twice the poverty threshold. Families in poverty do not have the resources required to cover their basic needs. Research demonstrates that, in low-income households, fixed expenses are covered before food and medical costs. As a consequence, adults and children in such households frequently do not have sufficient food to meet their daily nutritional needs. Households with children are twice as likely as households without children to be food insecure. Parents are working longer hours and more days of the year just to hold ground. Many work multiple jobs, and still children are hungry.

- In Nevada, there are 267,829 people living in poverty (10.6% of the population).
- In Nevada, 96,510 children (14.9%) under age 18 live in poverty.
- In Nevada, 62,021 families with school-age children (13.7%) live below the poverty line.
- In Nevada, 50,255 children of single mothers are living in poverty.
- In Nevada, 10.4% of our population is food insecure and almost 4% are living with very low food security.
- In Nevada, 4 in 10 students (169,700) live in families poor enough to qualify for free or reduced-price school meals. A family of 3 making less than \$22,880 qualifies for free school meals.
- In Nevada, more than one in 10 persons, and nearly one in six children, lives in a food insecure household.
- In Dec. 2008, the national unemployment rate was 7.2%. In Nevada, the rate was 9.1% (130,474 persons).
- In Nevada, there has been a 26% increase in participation in the Food Stamp Program over the last 5 years, but still, only 49% of eligible Nevadans use food stamps. Nevada ranks 47th among states for its low food stamp participation rate.

Children in Poverty



Nevada Students Eligible for Subsidized School Meals



Children who live in food insecure households are at risk in a number of different ways, creating problems that are dramatic in their immediate consequences and tragic in their long-term effects. The adverse effects of hunger and food insecurity for children are over and above the effects of living in poverty or being low-income. Hunger and food insecurity are serious risk factors for children, factors that are preventable using available resources.

Health Risks: Children facing hunger are at risk for life-long health problems. A Brandeis University analysis states, "There is strong evidence that children who live in households lacking access to sufficient food are more likely to be in poorer health than children from food-secure households." These children are more likely to become ill and more likely to be hospitalized. They are also more likely to suffer from iron deficiency anemia making it difficult for children to remember and to learn. Iron deficiency also puts children at higher risk for lead poisoning.

Psychological and Behavioral Risks: Children in food insecure and hungry households are more likely to experience considerable psychological and emotional distress, including hyperactivity, aggression, withdrawn behaviors, difficulty getting along with other children, fatigue, apathy, anxiety, difficulty concentrating, depression, and suicidal behaviors. They are more likely to be suspended from school, require counseling services or need special education.

Academic Achievement Risks: Under-nutrition, even mild to moderate malnutrition, is a developmental risk factor for children, limiting a child's ability to grasp basic skills and diminishing overall learning potential. Children from food insecure households do not perform as well on academic achievement tests, are more likely to have to repeat a grade, and have higher rates of tardiness and absences from school.

Developmental Risks: Hunger affects children's cognitive development. "When children are chronically undernourished their bodies conserve the limited food energy available – first for critical organ function, second for growth and last for social activity and cognitive development." (Brandeis study) They are less likely to form friendships, to explore their surroundings, to be curious, to learn. These children are unable to perform tasks at school and to maintain attention. The value of education is lost.

Community Costs: Child hunger can produce impairments that remain throughout life, robbing children of their natural potential. Letting school children go hungry means that our nation's investments in public education are jeopardized. The costs to our communities and the nation are great in lost productivity as they become adults. Children suffering from hunger also demonstrate an increased need for social services over their lifetime. Because these children cannot benefit from schooling as much as their peers, they are likely to have lower earnings in their adult years making it difficult for them to provide for adequate nutrition for their own children. On the basis of long-term cost effectiveness alone, it makes sense to pay for solutions now to child hunger.

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How the Federal Poverty Threshold for Families Compares to a Basic Family Budget

		2007 Basic Family Budget* (One Year)	2007 Federal Poverty Threshold	% of FPT	Average
Carson City MSA					
	1 parent, 1 child	\$ 32,956	\$ 13,690	241%	231%
	1 parent, 2 children	\$ 39,406	\$ 17,170	230%	
	2 parents, 1 child	\$ 38,953	\$ 17,170	227%	
	2 parents, 2 children	\$ 45,058	\$ 20,650	218%	
	2 parents, 3 children	\$ 58,093	\$ 24,130	241%	
Reno/Sparks MSA					
	1 parent, 1 child	\$ 34,776	\$ 13,690	254%	241%
	1 parent, 2 children	\$ 41,116	\$ 17,170	239%	
	2 parents, 1 child	\$ 40,266	\$ 17,170	235%	
	2 parents, 2 children	\$ 46,371	\$ 20,650	225%	
	2 parents, 3 children	\$ 60,388	\$ 24,130	250%	
Las Vegas-Paradise MSA					
	1 parent, 1 child	\$ 36,104	\$ 13,690	264%	248%
	1 parent, 2 children	\$ 42,445	\$ 17,170	247%	
	2 parents, 1 child	\$ 41,996	\$ 17,170	245%	
	2 parents, 2 children	\$ 48,058	\$ 20,650	233%	
	2 parents, 3 children	\$ 61,287	\$ 24,130	254%	
Rural Nevada					
	1 parent, 1 child	\$ 33,000	\$ 13,690	241%	228%
	1 parent, 2 children	\$ 38,505	\$ 17,170	224%	
	2 parents, 1 child	\$ 39,409	\$ 17,170	230%	
	2 parents, 2 children	\$ 44,672	\$ 20,650	216%	
	2 parents, 3 children	\$ 54,918	\$ 24,130	228%	

Average % of Poverty Threshold required to meet Basic Family Budget: 237%

Basic Family Budget Calculator (Sample)

Carson City, NV MSA, NV
2 parents, 2 children

Monthly housing	\$823
Monthly food	\$643
Monthly child care	\$843
Monthly transportation	\$468
Monthly health care	\$411
Monthly other necessities	\$352
Monthly taxes	\$215
Monthly total	\$3,755
Annual total	\$45,058

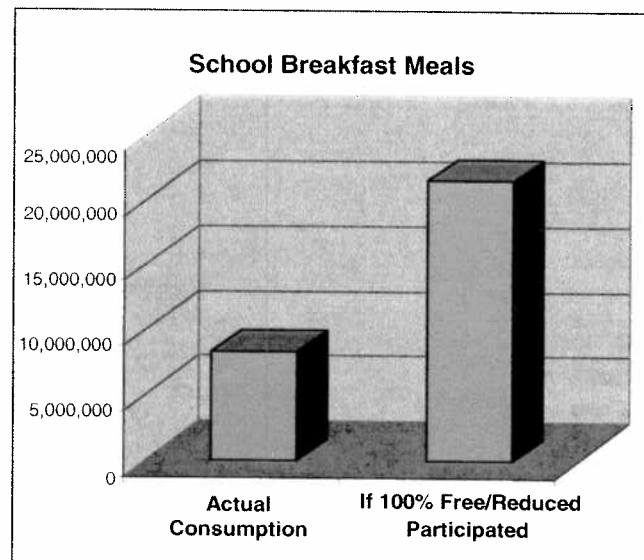
It is important to note that a basic family budget is indeed "basic." It comprises only the amounts a family needs to spend to feed, shelter, and clothe itself, get to work and school, and subsist in 21st century America. Hence, it includes no savings, no restaurant meals, no funds for emergencies—not even renters' insurance to protect against fire, flood or theft.*

Families headed by single parents, young workers, or workers with less than a college degree are the most likely to face economic hardship.

The federal poverty line has traditionally been used to measure whether families have incomes high enough to enable them to meet basic needs. Yet most researchers now agree that a "poverty line" income is not sufficient to support most working families. "Basic family budgets are individualized for 400 communities nationwide and for various types of families (e.g., one parent/one child, two parents/two children). They offer a realistic measure of the income required to have a safe and decent - though basic - standard of living.

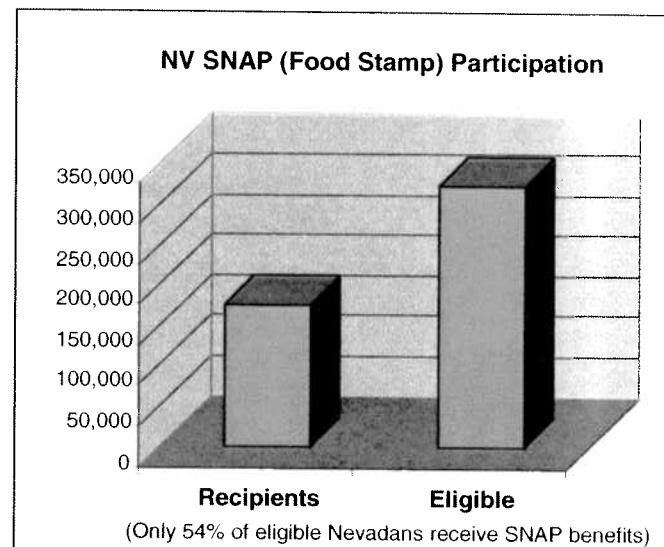
*Economic Policy Institute Basic Family Budget Calculator, <http://www.epi.org/>

NUTRITION PROGRAMS IN NEVADA – LEAVING CHILDREN AND FUNDING BEHIND

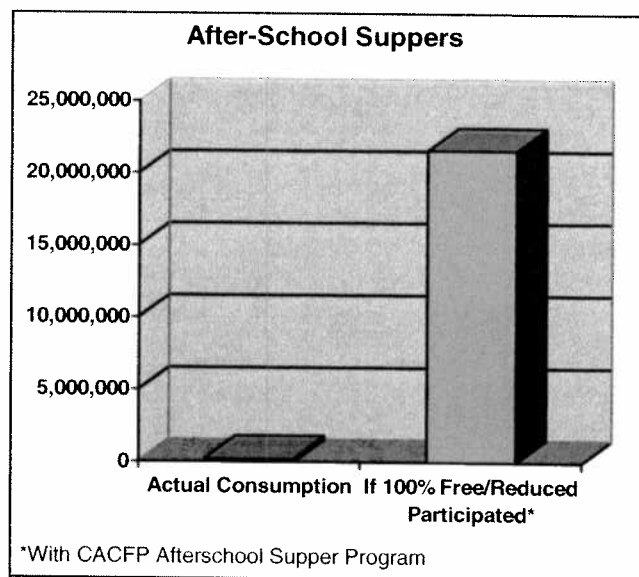


If all free/reduced eligible students participated, **\$32,709,279** in additional federal funding would flow into Nevada's economy.

If 100% of eligible Nevadans participated in SNAP, **\$229,000,000** in federal dollars would flow into Nevada.

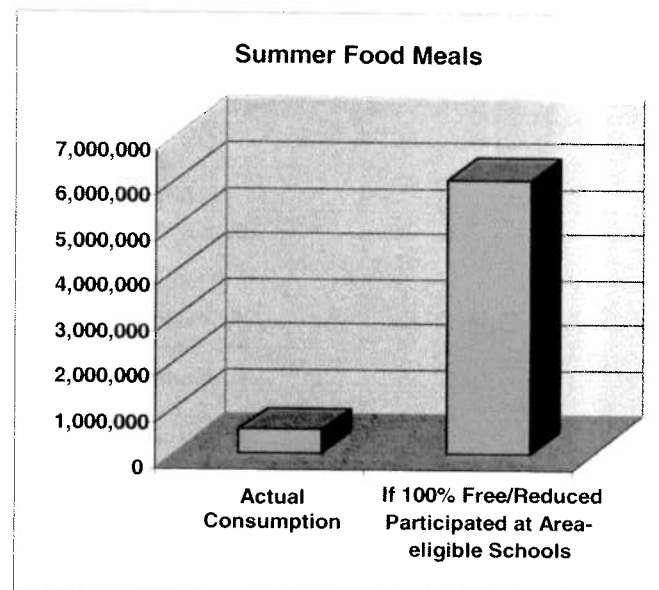


40% (169,677) of Nevada school children are eligible for free or reduced-price school meals ($\leq 185\%$ of poverty).



If all free/reduced eligible children had a daily supper during the school year, **\$57,579,147** in federal dollars would flow into Nevada's economy.

If all eligible children had summer lunch, **\$18,891,271** in federal funding would flow into Nevada.





FOOD BANK
OF NORTHERN NEVADA

2008 Annual Report





Contents

3 Introduction

Letter by Cherie Jamason, *President and CEO*
and Gary Aldax, *Board Chair*

4 Donald W. Reynolds Food Distribution Center From a Dream to Reality

6 Financial Summary

Financial Report for Fiscal Year 2007–2008

8 2007–2008 Service Statistics Food Distribution Analysis

10 Highlights from the Past Year Partnerships and Events Nevada Partner Agencies California Partner Agencies Helping Hands Programs of the Food Bank

16 Donors

New Home, New Hope Capital Campaign
Programs of the Food Bank
Harvesters
Foundations
Government and Community Grants
Platinum Can
Gold Can
Silver Can



*Our mission is to end
hunger in our region
through direct services,
advocacy, outreach
and education.*

Food Bank Operational Staff

Board of Directors

Gary Aldax, *Saint Mary's Foundation*
Bill Bennett, *Sierra Pacific Power Company*
Denise Banks, *Grand Sierra Resort & Casino*
Kathy Barlow, *Saint Mary's Mission Outreach*
Nancy Bostdorff
Steve Carrick, *Heritage Bank*
June Cox, *CPA, MS*
Bill Engle, *US Foodservice*
Devon T. Reese, *Esq., Becker General Contractors*
Brent Richard, *KTVN Channel 2*
Doni Ridge, *Reno Gazette-Journal*
John Stampfli, *Scolari's Food & Drug Company*
Greg M. Titus, *Wells Fargo Bank*

Food Bank Management Team

Cherie Jamason, *President and CEO*
Cindi Mitchell, *Chief Operating Officer*
Vinnie Oakes, *Warehouse Operations Manager*
Doris Phelps, *Marketing Director*
Vivienne French, *Development Director*
Susan Eckes, *Child Nutrition Program Director*
Angela Dazey, *Agency Relations and Outreach Manager*
Dianne Stover, *Business Manager*




THE BOARD OF DIRECTORS AND MANAGEMENT TEAM of the Food Bank of Northern Nevada are proud to present a comprehensive report on our accomplishments of the past fiscal year – July 1, 2007 through June 30, 2008.

The completion of our new Donald W. Reynolds Regional Food Distribution Center is the achievement of a lifetime, and the capstone of our 25th anniversary year. Our success was made possible with the help of hundreds of friends, contributors, foundations, and partners in the construction industry.

With its \$8.2 million gift to this project, the Donald W. Reynolds Foundation has given the Food Bank the facility and infrastructure required to meet the food needs of families, children, and seniors in our far-flung communities for decades to come. The matching fund provided by contributors in the community ensures that the building will be maintained properly, and that the equipment needed to meet our strategic goals will be in place.

Successful completion of our new facility affirmed that our planning and preparation for this project was on track and appropriate for the needs of our community. We affirmed our belief that there are more food resources available, and are seeing that come true with our “build it and they will come” philosophy.

We affirmed our belief that our community is generous and forthcoming with contributions of time and financial resources, and realize that our mission is more relevant than ever before – we are barely scratching the surface in serving those in need.

Disraeli stated that “The secret of success is to be ready when your opportunity comes.” The Food Bank is now well and truly ready to meet the needs of Northern Nevada for decades to come. The partnership of our community – colleagues and contributors alike – has been a key component to our success.

Thank you,



Gary Aldax, Board Chair



Cherie Jamason, President and CEO

FROM A DREAM...

Donald W. Reynolds Food Distribution Center

AFTER YEARS OF WAITING, WE FINALLY REACHED A tangible point with our new building this year. Instead of seeing a dream on paper, we saw the ground being leveled, the concrete being poured, and the walls being lifted.

It is hard to put into words the feelings we felt when watching our dream become a reality before our eyes.

Blessed. Excitement. Anticipation. Thankfulness. Awe.

These words barely scratch the surface. After so much waiting, we are finally on the road to being able to provide so much more to the people we serve. We can now begin to move forward in our fight to end hunger in a way that wasn't possible in our previous facility. With so little room, we were unable to expand our distribution direct-service programs and improve the nutrition of our clients.

With the Donald W. Reynolds Regional Food Distribution Center, we can not only envision new horizons and new possibilities, but reach them.

Our project would not have been so successfully completed without the dedication of our partners during the planning and construction phases.

Adobe Masonry, Inc., Advanced Design Woodworks, Alpine Roofing, Applied Mechanical, Inc., Artistic Fence Co., Inc., Aspen Engineering, Blue Mountain Steel, Inc., Capital Glass, Inc., CDS, Inc., Creative Design Interiors of Nevada, Desert Fire Protection, F. Rodgers Specialty Contractor, Inc., Garden Shop Landscaping, Gore Acoustics and Drywall Systems, Inc., Granite Construction Co., Hankin Specialty Equipment, Inc., Hershenow + Klippenstein, Ltd., High Desert Surface Prep, LLC., Interpretive Gardens, Jensen Electric, Nevada Overhead Door Company, Northern Nevada Rebar, Odyssey Engineering, Inc., Otis Elevator Company, Panattoni Construction, Inc., Panelized Structures, Inc., Partition Specialties, Inc., Paul M. Wolff Company, Pezonella Associates, Inc., Project One, Ricker Thermline, Inc., Gary Romero, Inc., Roy Walker/River Canyon Enterprises, LLC., Smith Mechanical, Inc., SMC Construction Inc., Storey County Fire Department, Storey County Economic Development, Storey County Manager, Storey County Commissioners, Surface Systems, Inc., Tala Enterprises, LLC., Tedesco Pacific Construction, Inc., Vern Martin Design Associates, Wayne Reid, S.E, WES Construction Company, Inc., Cathexes, Social Entrepreneurs 



TO REALITY

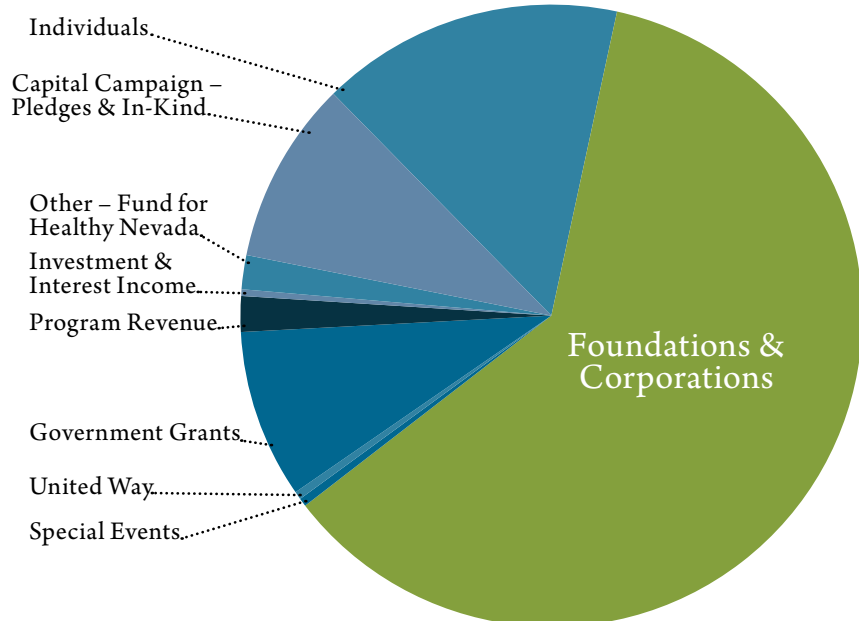


Financial Summary

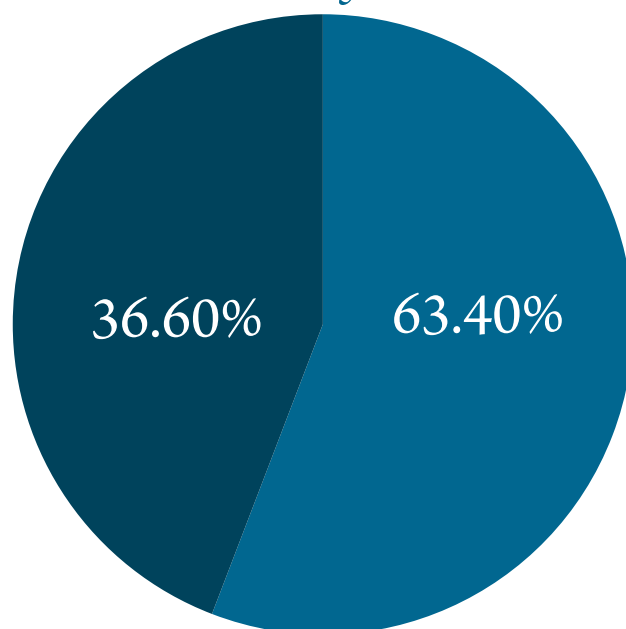
Revenue

Individuals	1,823,597	9.98%
Foundations & Corporations	7,084,530	38.77%
Special Events	50,011	0.27%
United Way	47,289	0.26%
Government Grants	1,017,802	5.57%
Program Revenue	212,789	1.16%
Investment & Interest Income	40,616	0.22%
Other – Fund for Healthy Nevada	205,893	1.13%
Capital Campaign – Pledges & In-Kind	1,100,561	6.02%
In-Kind Contributions & Donated Assets	6,687,995	36.60%
TOTAL REVENUE	18,271,083	100.00%

*Revenue by Type,
Excluding In-Kind*



Allocation of Revenue



Allocation of Expenses

Administrative & General

\$525,998 | 8.11%

Public Support & Fundraising

\$575,094 | 8.87%

Construction Expenses

\$537,854 | 5.13%

Program Services

\$4,845,803 | 74.73%

Expenses

Food Procurement, processing, and distribution	7,441,287
Outreach Expenses	15,278
Salaries	1,229,701
Payroll taxes & benefits	292,277
Contract Labor/Vista Volunteers	24,493
Rent	139,108
Telephone & Utilities	43,837
Repairs & Maintenance	83,142
Supplies – Program and Office	85,077
Printing & Postage	83,213
Professional Services	204,527
Education, Conferences & Travel	66,417
Dues, Subscriptions & Books	5,336
Equipment	166,709
Advocacy Governance	0
Grant Expenses	63,270
Insurance & Property Taxes	43,464
Advertising, Fundraising & Special Events	391,993
Capital Campaign	0
Other	25,101
Depreciation	89,660
Construction Expenses	0
TOTAL EXPENSES	10,493,890
INCREASE (DECREASE) IN NET ASSETS	7,777,193



2007–2008 Service Statistics

Food Distribution

Total pounds distributed through warehouse: 5,066,044

Total pounds distributed to community partners: 3,737,666

(Community partners include emergency food pantries, community organizations, emergency shelters, faith-based organizations, rehabilitation facilities, soup kitchens, and youth programs.)

Total pounds distributed to direct service programs: 1,328,378

Commodity Supplemental Food Program: 1,087,634

Mobile Pantry: 185,658

Back-Pack Kids: 54,190

Kids Cafe snacks (in addition to meals): 896

Total number of people served: 90,278

Number of people served through partner agencies: 70,111





Maxell Richardson Photography

Number of people served through direct service programs

Kids Cafe

Total number of meals: 241,150

After School (CACFP): 173,211
Child and Adult Care Food Program

Summer (SFSP): 67,939
Summer Food Service Program

Total number of children served: 2,739

CSFP (Community Supplemental Food Program)

Number of CSFP boxes distributed: 25,432

Number of individuals served: 2,855

Back-Pack Kids

Number of backpacks distributed: 10,838

Food Stamp Outreach

Number of individuals served: 2,231

Nutrition Education

Number of children who attended the Food Smarts classes: 436

Number of adults who attended the Smart Shoppers classes: 429

Mobile Pantry

Number of individuals served: 10,222



5,066,044
pounds of food distributed through our warehouse



Partnerships and Events

July 2007: Food for the Soul World Music Concerts

The Food Bank produced the 10th annual Food for the Soul concerts in Wingfield Park as part of the annual Artown Festival. Each year, the concerts offer a world of unique and fascinating music, dance, instruments, food, and costumes. In this 10th anniversary year, the Food Bank collaborated more closely with Artown to present five premier entertaining evenings, beginning with the popular Preservation Hall Jazz Band from New Orleans. Each Wednesday evening, attendees enjoyed an evening of great music while helping hungry families, seniors, the ill and the disadvantaged with cash and food donations. The event generated more than \$53,000 and 4,800 pounds of food, with about 10,000 attendees during the series. Sponsored by Charles Schwab Bank, IGT, Atlantis Casino Resort Spa, CSG Direct, Artown, City of Reno Arts & Culture Commission and KTVN Channel 2. Other major support included the Sands Regency Hotel Casino, Model Dairy, Freeman Decorating, Reno Jazz Orchestra, Maytan Music Center, Sparky's, Butcher Boy Prime, JAG Productions, technical experts James Cavanaugh and Mark Simon, AdSpec, Event Services, Dancin' Dance Studio, and many dedicated volunteers.

November – December 2007: Holiday Food Drive

More than 250 Washoe County businesses, grocery stores, churches, libraries, civic groups, and individuals donated 167,850 pounds of food. Top donors included Washoe County ROTC, Galena High School, Atlantis Casino Resort Spa, Damonte Ranch Community, Washoe County Libraries, RTC Ride, Reno Rodeo Association, and the generous shoppers at Raley's, Scolari's, Smith's, Save Mart, Whole Foods Markets, and Trader Joe's. Hundreds of volunteers worked throughout the season to sort, pack, and stack food donation boxes.

December 14, 2007: Share Your Holiday Drive By Food Drive

This 15th annual KTVN Channel 2 event to benefit the Food Bank of Northern Nevada inspired hundreds of individuals, businesses and schools to drop off 129,000 pounds of food at four collection sites in our area. The Share Your Holiday Drive By Food Drive was held from 6 A.M. to 6 P.M. at the Grand Sierra Resort and Summit Shopping Center in Reno, the Governor's Mansion in Carson City, and the Carson Valley Inn in Minden. Other support included United Rentals, Sierra RV, Subway, McDonald's, Bright Productions, Alice 95, Scolari's, US Foodservice, YESCO, BJ's Restaurant Brewhouse, Starbucks, Instant Sign, Reno Rodeo Foundation, and hundreds of hardworking volunteers.

Each year, the Food for the Soul World Music Concerts offer a world of unique and fascinating music, dance, instruments, food and costumes.

April 23–27, 2008: CANstruction

The 5th annual CANstruction event in northern Nevada, a joint project of the American Institute of Architects Northern Nevada and the Food Bank, was held at the TMCC Student Center and attracted 18 teams of area architects, engineers, designers, and students. The event, one of 80 nationwide, collected 33,300 pounds of non-perishable food that was distributed from our warehouse to our partner agencies. Sponsored by Charles Schwab Bank, Save Mart Stores, Larry Macias, AIA, Fred and Janice Graham, Pezonella & Associates, Home Care Plus, American Family Insurance, Carl's Imaging Works, Truckee Meadows Community College staff, Freeman Decorating, Camelot Rentals, Subway, AdSpec, and the many individuals and companies associated with the building teams, as jurors, and as members of the planning committee.

May 10, 2008: The 2008 Letter Carriers' Food Drive

This is the largest one-day nationwide food drive sponsored by the National Association of Letter Carriers. This year's event collected 178,850 pounds of food in Reno-Sparks for the Food Bank. La-Z-Boy Furniture Galleries and Safeway Stores sponsored the purchase of plastic food bags to help generate donations. Letter Carriers distributed the bags in advance as a convenient reminder to leave a food donation by the mailbox. Area grocery stores, including Save-Mart, Raley's, Safeway, Scolari's, Smith's, Trader Joe's, and Wild Oats Market participated to help collect food donations when leaving a food donation at the mailbox was inconvenient. Postal Service and Food Bank trucks carried big mail totes full of food to the Food Bank warehouse. ITS Logistics and US Foodservice donated the use of commercial trailers, tractors and drivers' time to transport food from the Sparks Main and Prater Way post offices to the Food Bank.

*Hundreds of volunteers
worked throughout the
season to sort, pack and
stack food donation boxes.*



Maxell Richardson Photography

Nevada Partner Agencies

Carson City

Advocates to End Domestic Violence, residential shelter
Apostolic Assembly of Faith Carson City, pantry
Boys and Girls Club of Western Nevada, daycare
Community Counseling, residential shelter
ComputerCorps, pantry
Ron Wood Family Resource Center, pantry
Stewart Community Church, pantry
Volunteers of America, residential shelter

Churchill County

Out of Egypt Pantry, pantry
Churchill County Social Services, pantry
Churchill County Parks and Recreation, pantry, daycare
Domestic Violence Intervention, residential shelter
Fallon Boys & Girls Club, youth center
New Frontier Treatment Center, residential shelter
Stepping Stones Tribal Youth Center, residential shelter

Douglas County

Carson Valley Food Closet, pantry
Our Lady of Tahoe Outreach Program, pantry
Tahoe Community Church, pantry

Elko County

Community In Schools, youth program

Humboldt County

Indigent Service, pantry
Winnemucca Food Pantry, pantry

Eureka County

Eureka Nutrition Sites, pantry, congregate feeding

Lander County

Assembly of God Helping Hands, pantry
Battle Mountain Family Resource Center, pantry
Helping Hands of Austin, pantry

Lyon County

Boys & Girls Club of Mason Valley, daycare
Great Park Children's Center, daycare
Living Faith Christian Fellowship, pantry
Lyon County Human Services, Silver Springs, pantry
Lyon County Human Services, Yerington, pantry
Maschach Ministries, residential shelter
Silver Springs Christian Church, pantry
Yerington Paiute Tribe, congregate feeding

Mineral County

Consolidated Agencies of Human Services, pantry
Macedonia Baptist Church, pantry

Pershing County

Lovelock Community Food Pantry, pantry

Storey County

Community Chest Inc., pantry



Washoe County

Actions, residential shelter
Alpha Productions, training center
Assistance League, pantry
Apostolic Assembly of Faith Reno, pantry
Bethel AME Church, pantry
Body of Christ Church, pantry
Boys & Girls Club of Truckee Meadows, youth center
Bristlecone Family Resources, residential shelter
Camp Lots of Run, youth center
Casa De Vida, residential shelter
Central Reno Family Resource Center, pantry
Center of Hope, daycare
Church of Jesus Christ Spirit-Filled, pantry
Committee to Aid Abused Women, residential shelter
Community Child Care, daycare
Cottonwood Apartments, pantry
Faith Christian Fellowship, pantry
Family Promise, shelter
First United Methodist Church, pantry
First United Methodist Church, pantry
Girl Scouts of Sierra Nevada, summer camp
Gates of Life Christian Center, pantry
H.O.P.E. Church of the Nazarene, pantry
H.O.P.E.S., pantry for HIV patients
Happy Days Preschool, daycare
Heaven Bound Lifestyle Center, residential shelter
High Sierra Industries, assisted/enhanced living facility
Holy Child Day Home, daycare
Living Waters Christian Fellowship, pantry
Nevada Hispanic Services, pantry
Nevada Urban Indians, residential shelter
Nevada Youth Empowerment, shelter
New Life Assembly of God, pantry
Northeast Reno Family Resource Center, pantry
Northern Nevada Teen Challenge, residential shelter
Project Mana, Incline Village, pantry
Reno Hispanic Foursquare Church, pantry
Reno-Sparks Gospel Mission, congregational feeding, pantry
ReStart, residential shelter
Ridge House, residential shelter
Rose McGuire Family Resource Center, pantry
Safe Embrace, residential shelter
Safe Harbors of Nevada, shelter
St. Thomas Aquinas Cathedral, pantry
Saint Mary's Mission Services, outreach
Salvation Army, outreach
Sparks Christian Fellowship, pantry
Sparks Family Resource Center, pantry
St. John's Child Care Center, daycare
Step 1, residential shelter
Step 2, residential shelter
Steps to New Freedom, shelter

Sun Valley Family Resource Center, pantry
The Friar's Pantry, pantry services
24/7 TLC, residential housing
Trinity Episcopal Church, pantry
The Launching Pad, residential shelter
UNR Child & Family Research Center, daycare
United Methodist Church, pantry
University Family Fellowship, pantry
Valley View Faith Fellowship, pantry
YMCA of the Sierra, daycare/youth center

California Partner Agencies

El Dorado County

Christmas Cheer, pantry
Sierra Recovery Center, residential shelter
Tahoe Turning Point, residential shelter

Lassen County

Lassen Indian Health Center, pantry

Mono County

Bridgeport Baptist Church, pantry

Nevada County

Project MANA, Truckee, pantry

Placer County

Disabled Sports of Northern California,
assisted/enhanced living facility

Plumas County

Community Assistance Network, pantry
Plumas Rural Service, Inc., pantry

Sierra County

Loyalton Senior Nutrition Center, congregational feeding





Helping Hands

Food Bank Volunteers – We Couldn't Do It Without Them

Our volunteers represent a broad range of people in our community and all age groups. They include self-motivated individuals and more than 100 individual groups who donated their time including employee volunteers from the local business community, corporate partners, faith based organizations, youth groups, seniors, and even some of the Food Bank's partner agencies.

Service Hours at a Glance

600+ hours

Roger Slugg

300 – 599 hours

Sam Lumpe

200 – 300 hours

Teen Challenge, Richard & Louanne Pauley,
Linda Reeves

100 – 200 hours

Ron & Mary Rogers, Paul & Jeannie Smith,
Gopen Family, Briarwood, Sierra Nevada Job Corps,
Temple Sinai Sisterhood, Summit Church,
Sparks Christian Fellowship Youth Group,
Calvary Chapel Youth Group, Boy Scout Troop 443,
Circus Circus Employees, Upward Bound Program

75 – 100 hours

Gail Allen, Maryann Mimms, Lacey Gatlin, Janice Hoke,
Joyce Butcher, Anita Sanchez, Blue Thong Groups, UPS
Reno, Greater Reno Church of Christ, Stewart Title,
EP Minerals, Rainbow Girls, Kappa Alpha Theta

The 2007 – 2008 year saw over 3,000 volunteers supporting the Food Bank of Northern Nevada. During the last fiscal year, volunteers provided 12,696 hours of service – more than six full-time positions.

Using an estimated value of \$12 per hour, our volunteers saved the Food Bank's operating budget \$152,352 a year in labor expenses.

So what do more than 3000 volunteers do to donate 12,696 hours of service? Here's how they spent their time...

CSFP Packing and Delivery	4071 hours
Food Drives	3714 hours
General Support	1070 hours
Backpack program	515 hours
Office / Tech Support	568 hours
Special Events / Activities	536 hours
Sort / Pack Donated Items	1044 hours
Mobile Pantry / Produce	1178 hours
TOTAL	12,696

50 – 74 hours

Bronwyn Boyd-Sanders, Tembrea Wright-Hay, Mark Hanson, Phil Bushard, Kristel Hart, Lynda Ross, Kappa Delta Chi, Catholic Singles, Picollo School, Cisco Systems, Mountain View Montessori School, Davidson Academy, Reno Gazette Journal, Cub Scout Pack 14, Americorp, Reno – Sparks Leadership, Microsoft Licensing, Our Lady of Tahoe, Citibank, Roy Gomm School

40 – 50 hours

Marge Davall, Blaine Wimsatt, Kathy Seelbach, Barb Wisniewski, Jamie Shaw, Penny Leutzinger, Eddy Tongsen, Johanna Folk, Steve Lower, Mike DiCianno, Ned Benson, Vinnie's Crew, O'Brien Middle School, Gabrelli Family, Bank of America, Market Link, WCSD Key Clubs, Reno City Attorney's office, The Glenn Group, Sparks HS Community Based Program, Sparks Methodist Church, Northern NV Dietetic Association, Cub Scout Pack 514

Using an estimated value of \$12 per hour,
our volunteers saved the Food Bank's
operating budget \$152,352.



The Food Bank's food stamp outreach workers help improve access to food stamps for those who are eligible by traveling to locations throughout Northern Nevada.

Programs of the Food Bank

Kids Cafe

Children who depend heavily on free school lunch and breakfast may not have reliable meals at home. Kids Cafe began in 1996 as a Food Bank pilot program and was designed to provide free, nutritious evening and summertime meals when school is out, to all children and their siblings ages 1-18, who depend on free school breakfast and lunch as their main source of nutrition.

Afterschool Dinner Program: Meals are served in conjunction with organized afterschool programs at schools with high enrollments of low-income students. Kids Cafe meals were served at 28 locations during school year 2007-08.

Summer Program: The Food Bank sponsors the USDA Summer Food Service Program (SFSP) to help fund meals served to children when they are on school breaks. Meals were served at 18 summer locations, including parks, playgrounds, schools, recreation centers, and public housing complexes.

Child Nutrition Program Highlights: Our Food Bank was selected as a peer mentor for two other food banks seeking information for expanding and developing their own child nutrition programs. We also hosted visitors from Feeding America to observe our successful programs aimed at ending hunger.

Back-Pack Kids

The Back-Pack Kids program is offered to local schools with the highest numbers of Children in Transition, who have been identified as homeless or in an unstable living environment. Working closely with the Washoe County School District, we expanded our Back-Pack Kids program to 13 schools which enroll high numbers of homeless children. Approximately 300 backpacks were distributed each week. It is our goal to provide this program in 16 schools in the 2008-09 school year.

To assist high school students needing emergency food assistance, the Food Bank opened new high school food pantries at Wooster and Hug high schools. We also continue to provide non-perishable foods to support established pantries at Damonte Ranch, Galena, North Valleys and Sparks high schools.

Nutrition Education

The Food Bank's commitment to ending hunger in our region includes a proactive approach to nutrition. Our nutrition education programs work to teach healthy and budget-conscious habits to children, teenagers, and adults.

- "Food Smarts" is a two-part program of hands-on cooking and nutrition classes for children attending after-school programs in Kids Cafe schools. Children learn about good nutrition, easy-to-fix healthy snacks, physical exercise, hygiene, and healthy living.
- "Smart Shopper" classes for teenagers and adults eligible for USDA food stamps explore good nutrition on a budget, exercise and food-safety topics.

Food Stamp Outreach Program

In the state of Nevada, approximately \$150 million dollars in Food Stamp Nutrition benefits goes unused each year. Lack of transportation to the welfare office and confusing, multi-page benefit forms can discourage eligible food stamp recipients from pursuing benefits.

The Food Bank's food stamp outreach workers help improve access to food stamps for those who are eligible by traveling to locations throughout northern Nevada to make food stamp nutrition benefits more readily available.

- Every \$5 in new food stamp benefits generates \$9.20 in total community spending.
- Every additional dollar's worth of food stamp benefits generates 17 to 47 cents of new spending on food.
- On average, \$1 billion of retail food demand by food stamp recipients generates 3,300 farm jobs.

Mobile Pantry Program

The Food Bank began this pilot program in May 2007. Designed to improve the nutrition of children in low-income neighborhoods, the Food Bank's Mobile Pantry program distributed bags of groceries, including fresh produce. The program's success has grown tremendously and served eight sites in 2007-2008.

Commodity Supplemental Food Program

The Commodity Supplemental Food Program (CSFP) provides a monthly box of supplemental food to qualified low-income seniors, pregnant and nursing mothers and children up to age six. 96% of CSFP recipients are seniors. Boxes are distributed at many sites around Northern Nevada and can include cheese, cereals, beans, rice or pasta and canned fruits and vegetables.

New Home, New Hope Capital Campaign Donors 2007–2008

Gary A. Aldax
 Vicki & Stephen Bailey
 B. C. McCabe Foundation
 Brett & Deborah Barker Foundation
 Kathleen & Carl Barlow
 Dr. Ned & Mary Benson
 Steve Bloomfield, MD
 Daniel & Jeanne Brower
 Bessie Brown
 Joyce Butcher
 Steve & Ardith P. Carrick
 Letty Casazza
 Mary Connolly
 Randolph & Gloria Connolly
 June Cox
 Stan Crapo
 Anthony & Rebecca Czarnik
 DP Partners
 Michael P. DiCianno
 David & Jane Diedrichsen
 Jana Dunn
 Bill & Nancy Engle
 Candice L. Fife
 Phyllis & Eric Freyer
 Food Bank Staff
 Bob & Cathy Gabriella
 Martha Gould
 Scott & Karen Gunderson
 The River Christian Church
 Charles & Catherine Hancock

Renee & James Harris
 Amy Heintz
 Ward & Christel Hinckley
 PPG Industries
 Dennis & Linda L. Jilot
 Jay & Cassie Jilot, GolfTEC
 John Ben Snow Memorial Trust
 William & Mary Keenan
 The Thomas and Thelma Hart
 Foundation
 Richard C. Lorson
 The Bretzlaff Foundation
 Millie H. Mitchell
 Sherry Nowell Morgan
 Frances D. Moses
 David T. Newman
 Terry & Lynn R. Nielson
 Vinnie & Charlene Oakes
 Kirk & Annaliese Odencrantz
 Donald & Jane Osborne
 William & Janet Parish
 Carol A. Parkhurst –
 Wheatcraft/Parkhurst Living
 Trust
 C. Nicholas Pereos
 Meg M. Price
 The Jack Van Sickle Foundation
 C. Elizabeth Raymond
 Brent Richard
 Doni Sue Ridge

H. Sidney Robinson
 Robert Z. Hawkins Foundation
 Rosemann Family Foundation Inc.
 Karen Seelhoff
 Al & June Selleck
 May Sagawa Shelton
 Larry & Glenda Simmons
 Tonya N. Simmons
 The Nell J. Redfield Foundation
 Spiersch Properties
 John Stampfli
 B. L. Starr
 Norman M. Stone
 John & Nancy M. Stosic
 James Thompson
 Eileen W. Tibbitts
 The Tinder Box
 Greg Titus
 Dante & Therese Vacca
 Barbara Vucanovich
 Sharon A. Walbridge
 Linda Waterhouse
 Dr. Robert G. Whittemore
 Mary E. Whittle
 Windy Moon Quilts
 Phyllis Balis Young





Harvesters

Donors of 500 pounds or more of food, warehousing services and/or in-kind of \$1,000 or more per year.

A American Self Storage
Alere Medical
Alpine Circle Families
Amazon
America's Second Harvest (Feeding America)
Anthem Blue Cross Blue Shield
Atlantis Casino Resort
Barnes & Noble
Bender Warehouse
Big Lots
Bridgeford Food
Bush Brothers & Company
C & S Wholesale Grocers Food Show
California Emergency Foodlink
CANstruction
Cargill Meat Solutions
Caughlin Ranch Elementary School
Charles River Laboratories
Circus Circus
City of Sparks
Confetti's Nightclub
Costco
Crown Beverages, Inc.
Cub Scout Pack 443
Curves International
Damon Industries
Damonte Ranch Community
Damonte Ranch High School
Delyse Inc.
Donner Springs Mobile Home Park
EP Minerals
8 Dimensions Health Center
Ferguson Enterprises
Food for the Soul Concerts
Freeman Companies
Freestyle Martial Arts Academy
Frito-Lay Inc.
Galena High School
GameTech International
Gems TV USA Ltd.
Genco Target Return Center
The Glenn Group
Gold Dust West
Grocery Outlet
Hershenow + Klippenstein Architects
Hidden Valley Ranch
High Sierra Industries
Holy Cross Catholic Community Church
Hopkins Distribution
ITS Logistics

JC Penney Logistics Center
John Morrell & Co.
Johnson Chiropractic Center
K-Mart Distribution Center
Kiley Ranch
Knuckleheads Sports Bar & Grill
Kraft Foods
La-Z-Boy Furniture Galleries
Lennar Homes
Letter Carriers Food Drive
Lord of Mercy Lutheran Church
Macy's
Microsoft Licensing
Mission Foods
Model Dairy
Mountain View Montessori School
Montreux Cares
NBTY
NDOT
Nabisco Biscuit Co.
Nestle Distribution
Nevada Security Bank
North Valleys Regional Park
NOW Foods
Odwalla
Oroweat Food Co.
Ozburn-Hessey Logistics
Payroll Systems
Pepsi Bottling Group
Pfizer Consumer Healthcare
Quality Line Distribution
Ralcorp Foods
Raley's Supermarkets and Drug Stores
RC Willey
Reed High School
Regional Transportation Commission
REMSA
Reno High School
Reno Snax Sales
Reno-Sparks Tow Truck Companies Food Drive
7-Eleven Stores
SK Food Group
St. John's Presbyterian Church
St. Mary's Food Bank
Safeway
Sak 'n' Save
Sam's Club
Save-Mart
Scolari's Food & Drug Company
Senior Gleaners

Share Your Holiday Drive By Food Drive
Sierra Canyon by Del Webb
Sierra Seafoods
Sierra Vista Children's Academy
Smith's Food and Drug Stores
South Reno Baptist Church
South Reno Methodist Church
Spicy Pickle
Sportif USA, Inc.
Springs Window Fashions
Starbucks
Summit Christian Church
Sundance Bookstore
TCDI
Tavern Products
Tessco Technologies
Trader Joe's
Tropicana
Truckee Bagel Company
Truckee Meadows Community College
Truckee Meadows Community College –
Magnet High School
Tyson Foods, Inc.
Uncle Ben's
Unified Grocers Food Show
U.S. Foodservice
Utah Food Bank
Wal-Mart Distribution Center
Washoe County District Attorney
Washoe County Junior ROTC
Washoe County Library System
Washoe County Parks & Recreation
Washoe County School District
Washoe County School District
Nutrition Services
Washoe County Senior Center
Washoe County Sheriff's Office
Wells Fargo
Werchert Realtors, Pevy & Associates
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Western Dairy Specialties
Whole Foods Market – Wild Oats Market
WinCo Foods
Women With Heart – Hunsberger
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FOOD BANK
OF NORTHERN NEVADA

The Food Bank of Northern Nevada

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