PROPOSED REGULATION OF

THE BOARD OF DENTAL EXAMINERS OF NEVADA

LCB File No. R086-16

June 30, 2016

EXPLANATION – Matter in *italics* is new; matter in brackets [omitted material] is material to be omitted.

AUTHORITY: §1, NRS 631.190 and 631.330; §2, NRS 631.190, 631.342 and 631.344; §3; NRS 631.190, 631.310, 631.313 and 631.317.

A REGULATION relating to dentistry; requiring an applicant for the renewal of a license to practice dentistry or dental hygiene who administers or wishes to administer botulinum toxin, dermal fillers or other facial injectables in his or her practice to provide proof to the Board of Dental Examiners of Nevada that he or she has successfully completed certain education; requiring a dentist who is registered to dispense controlled substances to complete 1 hour of continuing education relating to the misuse and abuse of controlled substances; providing that a dentist who is licensed in this State may authorize a dental hygienist to administer botulinum toxin, dermal fillers or other facial injectables under certain circumstances; and providing other matters properly relating thereto.

Legislative Counsel's Digest:

Existing law requires the Board of Dental Examiners of Nevada to adopt regulations governing the licensing and practice of dentists and dental hygienists. (NRS 631.190, 631.313, 631.317) **Section 1** of this regulation requires a dentist who administers or wishes to administer botulinum toxin, dermal fillers or other facial injectables to complete a course of study in such administration. Existing regulations also set forth requirements and limits on what types of tasks a dentist may authorize a dental hygienist to perform under his or her supervision. (NAC 631.210) **Section 3** of this regulation allows a dentist to authorize a dental hygienist to administer botulinum toxin, dermal fillers and other facial injectables under his or her supervision if the dental hygienist has completed a course of study in such administration.

Existing law authorizes the Board to adopt a regulation requiring a licensed dentist who is registered to dispense controlled substances to complete at least 1 hour of training relating to the misuse and abuse of controlled substances during each period of licensure. (NRS 631.344)

Section 2 of this regulation adopts such a requirement and authorizes a licensed dentist to apply that 1 hour of training to the hours of continuing education that he or she must complete.

Section 1. Chapter 631 of NAC is hereby amended by adding thereto a new section to read as follows:

Each licensee who administers or wishes to administer botulinum toxin, dermal fillers or other facial injectables in his or her practice of dentistry or dental hygiene must include with the application for renewal of his or her license proof that he or she has successfully completed a didactic and hands-on course of study approved by the Board in the administration of botulinum toxin, dermal fillers and other facial injectables that:

- 1. Is at least 24 hours in length; and
- 2. Includes at least 4 hours of didactic instruction and at least 4 hours of hands-on instruction in the following subjects:
 - (a) Temporomandibular joint disorder and myofascial pain syndrome;
 - (b) The use of botulinum toxin for dental and facial esthetics; and
 - (c) The use of dermal fillers for dental and facial esthetics.
 - **Sec. 2.** NAC 631.175 is hereby amended to read as follows:
- 631.175 1. Approved subjects for continuing education in dentistry and dental hygiene are:
 - (a) Clinical subjects, including, without limitation:
 - (1) Dental and medical health;
 - (2) Preventive services;
 - (3) Dental diagnosis and treatment planning; and
- (4) Dental clinical procedures, including corrective and restorative oral health procedures and basic dental sciences, dental research and new concepts in dentistry; and
 - (b) Nonclinical subjects, including, without limitation:

- (1) Dental practice organization and management;
- (2) Patient management skills;
- (3) Methods of health care delivery; and
- (4) Teaching methodology.
- 2. In completing the hours of continuing education required pursuant to NAC 631.173, a dentist must annually complete at least 15 hours in clinical subjects approved pursuant to subsection 1 or biennially complete at least 30 hours in clinical subjects approved pursuant to subsection 1, as applicable, based on the renewal period set forth in NRS 631.330 for the type of license held by the dentist.
- 3. In completing the hours of continuing education required pursuant to NAC 631.173, a dental hygienist must annually complete at least 12 hours in clinical subjects approved pursuant to subsection 1 or biennially complete at least 24 hours in clinical subjects approved pursuant to subsection 1, as applicable, based on the renewal period set forth in NRS 631.330 for the type of license held by the dental hygienist.
- 4. In completing the hours of continuing education required pursuant to NAC 631.173, a dentist or dental hygienist must annually complete at least 2 hours in the clinical subject of infection control in accordance with the provisions of the guidelines adopted by reference in NAC 631.178 or biennially complete at least 4 hours in the clinical subject of infection control in accordance with the provisions of the guidelines adopted by reference in NAC 631.178, as applicable, based on the renewal period set forth in NRS 631.330 for the type of license held by the dentist or dental hygienist.
- 5. In completing the hours of continuing education required pursuant to NAC 631.173, a dentist who is registered to dispense controlled substances pursuant to NRS 453.231 must

complete at least 1 hour of training relating specifically to the misuse and abuse of controlled substances during each period of licensure. A dentist may use such training to satisfy 1 hour of any continuing education requirement established by the Board.

- 6. The Board will credit, as a maximum in any one year of an annual or biennial licensing period, the following number of hours of instruction for the following types of courses or activities:
 - (a) For approved study by a group, 3 hours.
- (b) For attendance at a meeting or convention of a dental or dental hygiene society, 1 hour for each meeting, but not more than 3 hours, exclusive of hours of continuing education offered in conjunction with the meeting.
- (c) For courses completed via home study, on-line study, self-study or journal study through correspondence, webinar, compact disc or digital video disc, not more than 50 percent of the number of hours of continuing education required by subsection 1 or 2 of NAC 631.173, as applicable.
- (d) For all other courses conducted by an approved instructor, the number of hours completed by the dentist or dental hygienist.
- (e) For approved dental or dental hygiene services provided in approved nonprofit settings, 6 hours, except that not more than 3 hours will be allowed for any day of volunteer services provided.
 - **Sec. 3.** NAC 631.210 is hereby amended to read as follows:
- 631.210 1. A dentist who is licensed in this State may authorize a dental hygienist in his or her employ to:
 - (a) Remove stains, deposits and accretions, including dental calculus.

- (b) Smooth the natural and restored surface of a tooth by using the procedures and instruments commonly used in oral prophylaxis, except that an abrasive stone, disc or bur may be used only to polish a restoration. As used in this paragraph, "oral prophylaxis" means the preventive dental procedure of scaling and polishing which includes the removal of calculus, soft deposits, plaques and stains and the smoothing of unattached tooth surfaces in order to create an environment in which hard and soft tissues can be maintained in good health by the patient.
 - (c) Provide dental hygiene care that includes:
- (1) Assessment of the oral health of patients through medical and dental histories, radiographs, indices, risk assessments and intraoral and extraoral procedures that analyze and identify the oral health needs and problems of patients.
- (2) Development and implementation of a dental hygiene care plan to address the oral health needs and problems of patients described in subparagraph (1).
- (3) Evaluation of oral and periodontal health after the implementation of the dental hygiene care plan described in subparagraph (2) in order to identify the subsequent treatment, continued care and referral needs of the patient.
 - (d) Take the following types of impressions:
 - (1) Those used for the preparation of diagnostic models;
 - (2) Those used for the fabrication of temporary crowns or bridges; and
- (3) Those used for the fabrication of temporary removable appliances, provided no missing teeth are replaced by those appliances.
 - (e) Perform subgingival curettage.
 - (f) Expose radiographs.
 - (g) Place and remove a periodontal pack.

- (h) Remove excess cement from cemented restorations and orthodontic appliances. A dental hygienist may not use a rotary cutting instrument to remove excess cement from restorations or orthodontic appliances.
 - (i) Train and instruct persons in the techniques of oral hygiene and preventive procedures.
 - (j) Recement and repair temporary crowns and bridges.
- (k) Recement permanent crowns and bridges with nonpermanent material as a palliative treatment.
 - (1) Place a temporary restoration with nonpermanent material as a palliative treatment.
- (m) Administer local intraoral chemotherapeutic agents in any form except aerosol, including, but not limited to:
 - (1) Antimicrobial agents;
 - (2) Fluoride preparations;
 - (3) Topical antibiotics;
 - (4) Topical anesthetics; and
 - (5) Topical desensitizing agents.
 - (n) Apply pit and fissure sealant to the dentition for the prevention of decay.
- ⇒ Before performing any of the services set forth in this subsection, the dental hygienist must obtain authorization from the licensed dentist of the patient on whom the services are to be performed and the patient must have been examined by that dentist not more than 18 months before the services are to be performed. After performing any of the services set forth in this subsection, the dental hygienist shall refer the patient to the authorizing dentist for follow-up care or any necessary additional procedures that the dental hygienist is not authorized to perform.

- 2. A dentist who is licensed in this State may authorize a dental hygienist in his or her employ and under his or her supervision to:
 - (a) Remove sutures.
 - (b) Place and secure orthodontic ligatures.
 - (c) Fabricate and place temporary crowns and bridges.
- (d) Fit orthodontic bands and prepare teeth for orthodontic bands if the bands are cemented or bonded, or both, into the patient's mouth by the dentist who authorized the dental hygienist to perform this procedure.
 - (e) Perform nonsurgical cytologic testing.
 - (f) Apply and activate agents for bleaching teeth with a light source.
- (g) Use a laser that has been cleared by the Food and Drug Administration to perform intrasulcular periodontal procedures or tooth whitening procedures if:
- (1) The use of such a laser for those purposes is within the scope of the education, experience and training of the dental hygienist;
- (2) Before operating the laser, the dental hygienist has provided proof to the supervising dentist that the dental hygienist has successfully completed a course in laser proficiency that:
 - (I) Is at least 6 hours in length; and
- (II) Is based on the *Curriculum Guidelines and Standards for Dental Laser Education*, adopted by reference pursuant to NAC 631.035; and
 - (3) The supervising dentist has successfully completed a course in laser proficiency that:
 - (I) Is at least 6 hours in length; and
- (II) Is based on the *Curriculum Guidelines and Standards for Dental Laser Education*, adopted by reference pursuant to NAC 631.035.

- (h) Administer botulinum toxin, dermal fillers and other facial injectables if:
- (1) Such administration is within the scope of the education, experience and training of the dental hygienist; and
- (2) Before administering botulinum toxin, dermal fillers or other facial injectables, as applicable, the dental hygienist has provided proof to the supervising dentist that the dental hygienist has successfully completed the course of study described in section 1 of this regulation.
- → The dental hygienist must obtain authorization from the licensed dentist of the patient on whom the services authorized pursuant to this subsection are to be performed.
- 3. If a dentist who is licensed in this State has in his or her employ and under his or her supervision a dental hygienist who has:
- (a) Successfully completed a course of continuing education in the administering of local anesthetics or nitrous oxide-oxygen analgesia, or both, which has been approved by the Board; or
- (b) Graduated from an accredited program of dental hygiene which includes the administering of local anesthetics or nitrous oxide-oxygen analgesia, or both, in its curriculum,

 → the dentist may authorize the dental hygienist to administer local anesthetics or nitrous oxide-oxygen analgesia, or both, as appropriate, if the dental hygienist has received from the Board a certificate or permit certifying the hygienist for this level of administration. The dental hygienist must obtain the authorization from the licensed dentist of the patient on whom the services are to be performed.
- 4. A dental hygienist in a health care facility may administer local intraoral chemotherapeutic agents and, if he or she has complied with paragraph (a) or (b) of subsection 3,

may administer local anesthetics or nitrous oxide-oxygen analgesia, or both, as appropriate, if he or she first:

- (a) Obtains written authorization from the licensed dentist of the patient to whom the local anesthetics, nitrous oxide-oxygen analgesia or local intraoral chemotherapeutic agents are to be administered; and
- (b) Submits to the Secretary-Treasurer a written confirmation from the director of the health care facility that the facility has licensed medical personnel and necessary emergency supplies and equipment that will be available when the local anesthetics, nitrous oxide-oxygen analgesia or local intraoral chemotherapeutic agents are administered.
- 5. The Board may authorize a dental hygienist to perform the services set forth in paragraphs (a) to (n), inclusive, of subsection 1 without supervision by a dentist and without authorization from the licensed dentist of the patient on whom the services are to be performed, at a health facility, a school or a place in this State approved by the Board after the Board:
 - (a) Issues a special endorsement of the dental hygienist's license.
- (b) Approves the treatment protocol submitted by the dental hygienist which includes an explanation of the methods that the dental hygienist will use to:
 - (1) Treat patients; and
 - (2) Refer patients to a dentist for:
 - (I) Follow-up care;
 - (II) Diagnostic services; and
 - (III) Any service that the dental hygienist is not authorized to perform.
 - 6. The Board may revoke the authorization described in subsection 5 if the:
 - (a) Dental hygienist fails to renew his or her license or it is cancelled, suspended or revoked;

- (b) Board receives a complaint filed against the dental hygienist;
- (c) Dental hygienist commits an act which constitutes a cause for disciplinary action; or
- (d) Dental hygienist violates any provision of this chapter or chapter 631 of NRS.
- → Nothing in this subsection prohibits a dental hygienist from reapplying for authorization to perform the services described in subsection 5 if the Board revokes the authorization pursuant to this subsection.
 - 7. As used in this section:
 - (a) "Health care facility" has the meaning ascribed to it in NRS 162A.740.
 - (b) "Health facility" has the meaning ascribed to it in subsection 6 of NRS 449.260.
- (c) "School" means an elementary, secondary or postsecondary educational facility, public or private, in this State.