PROPOSED REGULATION OF THE DEPARTMENT OF EDUCATION

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NAC 391.XXX Endorsement to teach physical education and health. (NRS 385.080, 391.019) To receive an endorsement to teach physical education and health, a person must hold a bachelor's degree and have completed:

- 1. An approved program of preparation for teaching physical education and health in kindergarten through grade 12; or
 - 2. A course of study consisting of:
- (a) Fifty-one semester hours of credit which includes course work in each of the following areas of study:
 - (1) Anatomical kinesiology or mechanical kinesiology, or both;
 - (2) The physiology of exercise;
 - (3) Testing and measuring the skill and ability of a pupil in physical education;
 - (4) The psychological or social aspects of physical education, or both;
 - (5) Motor learning or motor development;
 - (6) Adapted physical education;
 - (7) Movement activities for pupils in preschool and primary grades;
 - (8) Movement activities for pupils in intermediate grades;
 - (9) Advanced first aid or an equivalent course of study;
 - (10) Sex education;
 - (11) Nutrition;
 - (12) Substance abuse;
 - (13) Health and/or hygiene; and
 - (14) Methods and techniques of teaching:
 - (I) Physical fitness;
 - (II) Team sports;
 - (III) Rhythms and dance or rhythmic activities for pupils in elementary school; and
 - (IV) Individual sports; and
 - (b) Twenty-two semester hours of credit in professional education which included:
 - (1) Foundations of education;
 - (2) Methods of teaching physical education in elementary and secondary grades; and
- (3) Eight semester hours of credit as a student teacher in a composite program in elementary school, middle school or junior high school, and high school grades which includes 4 semester hours of credit in elementary grades and 4 semester hours of credit in secondary grades.

NAC 391.1301 Comprehensive majors and minors recognized by Commission. (NRS 385.080, 391.019) The Commission recognizes the following fields as comprehensive majors or minors, which require 36 or 24 semester hours of credit respectively:

- 1. In academic education:
- (a) Art;
- (b) Biological science;
- (c) English as a second language;
- (d) English;
- (e) General science;
- (f) Instrumental and vocal music;
- (g) Instrumental music;
- (h) Mathematics;
- (i) Physical education;
- (j) Physical education and health;

- (k) (j) Physical science;
- (k) Recreational physical education;
- (m) (I) Social studies;
- (n) (m) Speech and drama; and
- (o) (n) Vocal music.
- → For the comprehensive majors and minors identified in this subsection, a person who holds a bachelor's degree or a higher degree with a major or minor conferred by a regionally accredited college or university shall be deemed to qualify for a comprehensive major or minor, as applicable, if he or she has satisfied the requirements of NAC 391.120.
 - 2. In career and technical education:
 - (a) Agricultural education;
 - (b) Automotive service technology;
 - (c) Business education;
 - (d) Child care;
 - (e) Communications and media;
 - (f) Construction technology;
 - (g) Drafting and design;
 - (h) Electronic technology;
 - (i) Family and consumer sciences;
 - (j) Food services;
 - (k) Health occupations;
 - (I) Hospitality and recreation;
 - (m) Human services;
 - (n) Industrial arts;
 - (o) Manufacturing technology;
 - (p) Marketing education;
 - (q) Stage and theater technology; and
 - (r) Technology education.

(Added to NAC by Bd. of Education, eff. 4-27-84; A by Comm'n on Prof. Standards in Education, 9-1-89; 1-11-96; R182-97, 3-31-98; R075-00, 6-20-2000; R099-03, 9-24-2003; R223-05, 2-23-2006; R026-07 & R027-07, 10-31-2007; R018-11, 10-26-2011)