PROPOSED REGULATION OF THE BOARD OF MASSAGE THERAPY

LCB FILE NO. R028-25I

The following document is the initial draft regulation proposed by the agency submitted on 08/12/2025

Section 1. NAC 640C.340 is hereby amended to read as follows:

NAC 640C.340 [A] 1. Except as otherwise provided in subsection (2), a massage therapist shall drape a client, including, without limitation, a client who has signed a written consent form pursuant to paragraph (c) of subsection 4 of NRS 640C.700, by covering the client with a towel, sheet, blanket, linen or other covering in such a manner that:

- [1.] (a) The client's genitals, gluteal cleft and breasts are not exposed; and
- [2.] (b) Neither the massage nor the movement of the body expose the client's genitals, or gluteal cleft or breasts.
- 2. The breast of a client, which may not be exposed without first having obtained prior written consent on a form prescribed by the Board, may be treated under the following circumstances:
- (a) The massage of the breasts is for therapeutic or medical purposes including, without limitation, the reduction of scar tissue following a surgery on the breast, release of myofascial binding, or improving lymphatic flow;
- (b) The massage therapist or structural integration practitioner has received at least 48 hours of continuing education credits in person in any of the following:
 - (1) Breast anatomy and physiology;
 - (2) Pathology, indications, and contraindications;
 - (3) Therapeutic treatment of the breast;
 - (4) Client safety related to breast massage;
 - (5) Lymphatic massage, which must include education of lymphatic massage of the breast;

- (6) Myofascial release massage, which must include education of myofascial release massage of the breast; or
 - (7) Oncology massage;
- (c) There is a written request from the client, a valid prescription is presented, or there is a referral from a qualified medical professional;
- (d) The massage therapist or structural integration practitioner conducts a consultation with the client not less than 24 hours before performing the massage which must include, a written description and explanation of the massage; and
- (e) The massage therapist or structural integration practitioner obtains verbal permission from the client before uncovering the breast.
- 3. The Board shall revoke the license of a massage therapist or structural integration practitioner for a period of 3 years who the Board determines has violated the requirements set forth in subsection 2.
 - 4. As used in this section "qualified medical professional" means:
 - (a) A physician licensed pursuant to chapter 630, 630A or 633 of NRS;
 - (b) A physician assistant;
 - (c) An advanced practice registered nurse licensed pursuant to chapter 632 of NRS;
 - (d) A physical therapist licensed pursuant to chapter 640 of NRS;
 - (e) An occupational therapist licensed pursuant to chapter 640A of NRS;
 - (f) A psychologist licensed pursuant to chapter 641 of NRS;
 - (g) A chiropractic physician licensed pursuant to chapter 634 of NRS;
 - (h) An athletic trainer licensed pursuant to chapter 640B of NRS; and
 - (i) A doctor of Oriental medicine licensed pursuant to chapter 634A of NRS.