

**PROPOSED REGULATION OF THE
NEVADA INTERSCHOLASTIC ACTIVITIES ASSOCIATION**

LCB FILE NO. R092-26I

**The following document is the initial draft regulation proposed
by the agency submitted on 04/27/2026**

NOTE: 1.c.3 was previously adopted through LCB File 062-25 February 27, 2026 but is not yet reflected on <https://www.leg.state.nv.us/>

NAC 385B.378 Maximum number of games, contests or meets during seasons for sanctioned sports; exemption. ([NRS 385B.060](#))

1. Except as otherwise provided in subsection 2, a school or a pupil enrolled in a school who participates in a sanctioned sport shall not, during the season for the sanctioned sport, participate in more than:

(a) For the fall season:

- (1) Fourteen cross-country meets;
- (2) Except as otherwise provided in subsection 5 of [NAC 385B.434](#), nine football games *or seven football games and one tournament not to exceed nine total games;*
- (3) Sixteen matches for girls' golf;
- (4) Except as otherwise provided in subsection 5 of [NAC 385B.458](#), eighteen soccer games and two tournaments for soccer;
- (5) Eighteen tennis matches; or
- (6) Eighteen matches for girls' volleyball and two tournaments for girls' volleyball.

(b) For the winter season:

- (1) Eighteen basketball games and two tournaments for basketball;
- (2) Eighteen bowling competitions and two tournaments for bowling;
- (3) Eighteen flag football games and two tournaments for flag football;
- (4) Fourteen ski races; or
- (5) Fifteen wrestling contacts or meets

(c) For the spring season:

- (1) Twenty-one baseball games and two tournaments for baseball;
- (2) Sixteen matches for boys' golf;
- (3) *Eighteen lacrosse games and two tournaments for lacrosse*
- ~~(3)~~(4) Twenty-one softball games and two tournaments for softball;
- ~~(4)~~(5) Twelve swim meets;
- ~~(5)~~(6) Fourteen track and field meets; or
- ~~(6)~~(7) Eighteen matches for boys' volleyball and two tournaments for boys' volleyball.

2. For each sanctioned sport specified in subsection 1, the Executive Director may exempt from the provisions of this section not more than one contact, game, match or meet for the sanctioned sport that is conducted against a school that is placed on independent status pursuant to [NAC 385B.202](#).

NAC 385B.384 Tournaments; wrestling; swimming and diving; substitutions of tournaments for games, contests or meets or vice versa. ([NRS 385B.060](#))

1. In addition to any limitation concerning the number of games, contests or meets in which a school or pupil may participate in a sanctioned sport pursuant to [NAC 385B.378](#):

(a) A team that participates in a sanctioned sport may participate in not more than two tournaments during a year.

(b) A pupil who participates in wrestling as a sanctioned sport, including, without limitation, a pupil who is a member of the junior varsity team and the varsity team for wrestling during the same season, may participate in not more than 15 contacts during a year.

(c) A pupil who participates in swimming and diving as a sanctioned sport may participate in not more than 12 competitions during a year.

2. A school that participates in a sanctioned sport may substitute not more than:

(a) One tournament for not more than three games, contests or meets for the sanctioned sport; or

(b) Three games, contests or meets for not more than one tournament for the sanctioned sport.

(c) In football, one tournament for two games not to exceed a total of nine games in the regular season.

3. As used in this section:

(a) "Competition" means a dual, triangular or quadrangular invitational meet. The term does not include a league, regional or state tournament.

(b) "Contact" means a dual, double dual or triple dual. The term does not include a league, regional or state tournament.