



University of Nevada, Reno  
School of Medicine  
Sanford Center for Aging

# Nevada Geriatric Education Center

SAVE THE DATE

In partnership with the Nevada Department of Veterans Services

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## Bravo Zulu: Achieving Excellence in Relationship-Centered Care

### Workshop Objectives

- Explain the importance of personhood, relationships and culture in care and support
- Discuss ways to honor each person as a unique individual
- Provide examples of looking at the world from the perspective of the person
- Review options to support a positive and supportive social environment
- Compare biomedical and social/relational views of Alzheimer's disease and dementia
- Demonstrate positive and empathic communication strategies
- Identify opportunities for meaningful engagement in life
- Discuss methods to prevent, interpret, and respond to personal expressions, actions and reaction (so-called "difficult behavior")

### Presented by:

*Jennifer Carson, PhD*

Research Assistant Professor,  
Community Health Sciences,  
University of Nevada, Reno

### CEU Credit

This program will be submitted to the Board of Examiners for **Marriage and Family Therapists** and **Social Workers** for **12.0 Continuing Education Units (CEUs)**. It is approved by the Board of Examiners for **Long-Term Care Administrators** for 12.0 CEUs and meets the requirements for **8.0 CEUs of dementia education**. University of Nevada, Reno School of Medicine's Sanford Center for Aging approves this training for 12.0 of **nursing** CEUs.

### Registration is open, click on the days below to register!

This two-day workshop explores what it takes to get to Bravo Zulu\* by providing care and support that is tailored, yet flexible, to each unique elder's strengths, preferences and needs. This program also has a component that speaks to the military service and its impact on the aging process.

Registration Fee: \$90.00 per person. Registration for this engaging two-day workshop includes; 12.0 hours of continuing education, handouts, light breakfast each day, preselected lunch each day, beverages throughout each day, and free parking. Once paid, registration fees are non-refundable.

Registration for Las Vegas closes Wednesday, April 25, 2018. Registration for Reno closes Wednesday, May 9, 2018. No exceptions.

**Las Vegas:** Monday and Tuesday, May 7 and 8, 2018 at

<http://cmetracker.net/UNEV/Login?FormName=RegLoginLive&Eventid=4626>

UNR's Clark County Cooperative Ext., 8050 Paradise Rd, Las Vegas, NV 89123

**Reno:** Thursday and Friday, May 17 and 18, 2018 at

<http://cmetracker.net/UNEV/Login?FormName=RegLoginLive&Eventid=4628>

Vassar-Cordone Non-Profit Building 1301 Cordone Ave, Reno, NV 89502

Program times are 9:00 am to 4:30 pm each day with sign-in starting at 8:30 am



*\* Bravo Zulu, originated as a naval signal, typically conveyed by flag-hoist or radio, meaning "Well done!" Since its origin, Bravo Zulu has been used by senior U.S. Navy, U.S. Marine Corps, and U.S. Coast Guard officers in command and senior supervisory positions to congratulate or compliment contemporaries or juniors, including their subordinate crews or commands, for outstanding performance!*

For more information on NGECE, upcoming programs, or to join our mail list, please visit <https://med.unr.edu/aging/ngec>

For questions, email Natalie Mazzullo at [nmazzullo@unr.edu](mailto:nmazzullo@unr.edu)



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