

ADSD Fiscal Year 2019 - Caregiver and Respite Programs

Family Caregiver Support

Cluster of services intended specifically for informal caregivers of any age who care for adults age 60 and older. Respite care services are also provided for grandparents or other relatives, age 55 or older, who are caring for a child, age 18 or younger. Services include: Counseling/Support Groups & Caregiver Training – Counseling to caregivers to assist them in making decisions and solving problems relating to their caregiver roles. This includes counseling to individuals, support groups, and caregiver training (of individual caregivers and their families); Respite Care – Services that offer temporary, substitute supports or living arrangements for care recipients to provide a brief period of relief or rest for caregivers; Information and Access Assistance – A service that assists caregivers in obtaining information and access to the services and resources that are available within their communities. Service may be provided in a one-on-one setting, or through activities directed to large audiences of current or potential caregivers, such as disseminating publications, conducting media campaigns, and other similar activities.

- **Funding Amount:** \$1,464,641 (\$1,072,667 awarded; \$391,974 remaining to open competitive Request for Applications (RFAs) for respite and other caregiver support services)
- **Funding Source:** Older Americans Act, Title III-E
- **Current Program Enrollment:** 4,500 Unduplicated Clients plus 7,500 Clients in Group Settings
- **Waitlist:** There were no waitlists reported.²

Respite and Supportive Services

Non-medical service provided to a client by a respite worker to allow the in-home primary caregiver the opportunity to perform other responsibilities or simply have a break from care giving responsibilities. This service recruits persons, age 18 or older, interested in providing in-home, non-medical respite services for caregivers of any age, caring for persons age 60 or older. Independent Living Grant-funded programs may assist the caregiver of an individual living with Alzheimer's disease or other related dementia, regardless of the age of the individual.

- **Funding Amount:** \$198,062
- **Funding Source:** Independent Living Grants (ILG)¹
- **Current Program Enrollment:** 75 Unduplicated Clients
- **Waitlist:** Nevada Senior Services (Southern Nevada), 26 individuals with a 30-60 day wait.² Program received funding increase in FY19 to help address this waitlist.

Respite Voucher

Respite vouchers, valued up to \$1,000 annually, are issued to live-in caregivers to pay for alternate supervision of their care recipient, 60 years or older, or as age is defined by the funding source. ILG-funded programs may assist the caregiver of an individual living with Alzheimer's disease or other related dementia, regardless of the age of the individual.

- **Funding Amount:** \$919,769
- **Funding Source:** Independent Living Grants (ILG)¹
- **Current Program Enrollment:** 980 Unduplicated Clients
- **Waitlist:** Helping Hands of Vegas Valley (Southern Nevada), 147 caregivers waiting for respite vouchers.²

¹Fund for a Healthy Nevada (FHN)/Tobacco Settlement

²ADSD Waitlist Survey, April 2018

ADSD Fiscal Year 2019 - Caregiver and Respite Programs

Home and Community Based Services (HCBS) Waiver for Persons with Physical Disabilities

This waiver serves recipients of all ages who have a documented physical disability, as determined by the Division of Health Care Financing and Policy (DHCFP) and the Aging and Disability Services Division (ADSD), and who maintain the required Level of Care (LOC) (admission into a Nursing Facility within 30 days if waiver services or other supports were not available). Under this waiver, there are services that provide respite, or respite-like services.

Respite - This service is authorized to provide care to individuals whose primary caregiver is absent or in need of relief. Covers Activities of Daily Living which include bathing/dressing/grooming, toileting, mobility, transferring and eating, and Instrumental Activities of Daily Living which include homemaker, shopping, laundry and meal preparation, as well as supervision for recipients with functional impairments. May be provided for 24-hour periods if authorized, and the goal is relief for the primary caregiver.

- **Funding Source:** Federal Reimbursement, State General Fund, County Match
- **Current Program Enrollment:** 815
- **Waitlist:** 215

Home and Community Based Services (HCBS) Waiver for the Frail/Elderly

This waiver serves recipients age 65 or older who demonstrate a need of waiver services, as determined by the Division for Health Care Financing and Policy (DHCFP) and the Aging and Disability Services Division (ADSD), and who maintain the required Level of Care (LOC) (admission into a Nursing Facility within 30 days if waiver services or other supports were not available).

Adult Day Care – This service can be used as respite for relief of the primary caregiver. This service that is provided for 4 or more hours per day in an outpatient setting. This service model is a social model and is intended for those that do not have skilled medical needs. This service is provided with the goal to allow the primary caregiver to continue with their daily duties such as employment, with the reassurance that their loved one is cared for in a licensed setting. Services offered in conjunction with adult day care typically include social and recreational activities, counseling, nutrition, memory retention activities, music therapy, pet therapy, and arts and crafts.

Senior Companion – This service can be used as respite for relief of the primary caregiver. This service provides companionship services in the private home to maintain the independence of recipients in need of companionship. Activities may include home management, transportation, nutrition-related tasks, social and recreational activities, and respite care.

- **Funding Source:** Federal Reimbursement, State General Fund, County Match
- **Current Program Enrollment:** 2150
- **Waitlist:** 566

¹Fund for a Healthy Nevada (FHN)/Tobacco Settlement

²ADSD Waitlist Survey, April 2018

ADSD Fiscal Year 2019 - Caregiver and Respite Programs

Personal Assistance Services (PAS) Program

The Personal Assistance Services (PAS) Program provides community-based, in home services to enable adult persons with severe disabilities to remain in their own homes and avoid placement in a long-term care facility. The provision of home and community-based services are based upon the identified needs of the recipient and available funding. Services offered under the PAS program include assistance with activities of daily living, assistance with instrumental activities of daily living, and assistance with mobility.

- **Funding Source:** State General Fund
- **Current Program Enrollment:** 129
- **Waitlist:** 11

Community Service Options Program

The Community Service Options Program for the Elderly (COPE) program provides community-based, non-medical services to enable frail, elderly persons to remain in their own homes and avoid placement in a long-term care facility. Applicants must be 65 years of age or older, who meet a level of care, and meet certain income and asset guidelines. Services offered under the COPE program include: personal care services; homemaker services; personal emergency response systems; adult day care; respite care services; and chore services.

- **Funding Source:** State General Fund
- **Current Program Enrollment:** 50
- **Waitlist:** 35

Respite for Individuals with Intellectual or Developmental Disabilities

Respite care is planned care that is provided to a child or adult who has an open case with a Regional Center and meets service eligibility requirements, in order to provide temporary relief to primary caregivers who are providing care for the child or adult. The respite program is intended to assist the person served to be maintained in their natural or surrogate family home. Services include, but are not limited to, supervision in the home, allied therapy services in the community, organized community camps, and community vendors providing care and other supports. The respite program is intended to supplemental natural supports, family strengths, and community resources available to the family. This service is not intended to replace natural supports and is not to be used to purchase items or medications.

- **Benefit Amount:** \$125.00 per month; monthly allotment can be “saved” to pay for a community camp once per year
- **Funding Source:** Title XX, State General Fund
- **Current Program Enrollment:** 1412
- **Current Waitlist:** 250

Family Preservation Program

The Family Preservation Program provides financial supports to qualified families in accordance with NRS 435.365 for the purpose of supporting the family unit and sustaining natural support networks thereby reducing the risk of out of home placement. This financial assistance is intended to offset expenses necessary to meet the specialized needs of an individual with severe or profound intellectual disability. This assistance is provided in addition to other community

¹Fund for a Healthy Nevada (FHN)/Tobacco Settlement

²ADSD Waitlist Survey, April 2018

ADSD Fiscal Year 2019 - Caregiver and Respite Programs

resources available. Family Preservation monies support the family's efforts to maintain the individual in their home and can be used for various needs including, but not limited to, medical supports and specialized supplies or equipment not provided by Medicaid, health insurance or other benefit; transportation services; respite care; and general income supplementation for families to help relieve their financial stress (e.g. rent, food, utilities, etc.).

- **Benefit Amount as of 7/1/2018:** \$374.00 per month
- **Funding Source:** TANF, State General Fund, Funds for a Healthy Nevada
- **Current Program Enrollment:** 646
- **Current Waitlist:** 0

The following service types have respite components but also provide other services.

Adult Day Care

Provides personal care for adults in a supervised, protective, congregate setting during some portion of a 24-hour day.

- **Funding Amount:** \$670,168
- **Funding Source:** Independent Living Grants (ILG)¹
- **Current Program Enrollment:** 210 Unduplicated Clients
- **Waitlist:** Nevada Senior Services in Southern Nevada occasionally has a waitlist when it overspends its grant funding during the fiscal year.² Program received funding increase in FY19 to help address this waitlist.

Senior Companion

This service provides supportive companionship services in the private home to maintain the independence of persons age 60 and older who primarily living alone and are homebound, isolated and in need of companionship. The companion may also accompany the client and provide transportation to access services outside of the home. Companion activities include specified home management, transportation, nutrition-related tasks, social and recreational activities, respite care, and information, assistance and advocacy services.

- **Funding Amount:** \$482,923
- **Funding Sources:** State Volunteer and Independent Living Grants (ILG)¹
- **Current Program Enrollment:** 500 Unduplicated Clients
- **Waitlist:** Seniors in Service in Northwest Nevada reported 170 individuals on its waitlist. Catholic Charities of Southern Nevada, which no longer provides this service, reported 99 individuals. Both programs indicated they were functioning at capacity and had to find additional volunteers.² Jewish Family Services Agency is the new Clark and Nye County Senior Companion grantee, effective 7/1/18.

Volunteer Care and Assistance (VCA)

This program provides volunteer supportive and assistive services for older individuals in their own homes to help maintain their independence. Individuals needing services are typically alone and frail, chronically ill, homebound, and/or dependent on a primary caregiver. This service also provides health benefit counseling and assistance. The program provides that individualized service plans are developed for clients that include one or more of the following categories: meal service; home management and environment; escort/transportation; information, assistance and advocacy; respite care; and food/household products distribution.

¹Fund for a Healthy Nevada (FHN)/Tobacco Settlement

²ADSD Waitlist Survey, April 2018

ADSD Fiscal Year 2019 - Caregiver and Respite Programs

- **Funding Amount:** \$539,521 for all VCA programs. \$127,655 to Rural RSVP, which provides respite as part of its service plan.
- **Funding Source:** State Volunteer and Independent Living Grants (ILG)¹
- **Current Program Enrollment:** 475 Unduplicated Clients
- **Waitlist:** Rural RSVP reported 33 individuals were waiting for its volunteer-based services.²

¹Fund for a Healthy Nevada (FHN)/Tobacco Settlement

²ADSD Waitlist Survey, April 2018