

America's Health Rankings

2019 Senior Report

January 9, 2020

Overview of America's Health Rankings











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How We Measure Senior's Health

Community & Behaviors Environment Arthritis Management Community Support Dental Visits Food Insecurity Excessive Drinking Home-delivered Meals Obesity Nursing Home Quality Physical Inactivity Poverty Smoking **Health Outcomes** Volunteerism Able-Bodied Early Death • Falls Frequent Mental Distress **Clinical Care** • High Health Status **Policy** Dedicated Health Care Hip Fracture Geriatrician Shortfall Provider • ICU Use • Diabetes Management Healthcare-associated Infection Teeth Extractions • Flu Vaccine Policies Low-care Nursing Home Health Screenings Home Health Care Workers Residents Hospice Care Prescription Drug Coverage SNAP Reach Hospital Deaths Hospital Readmissions Preventable Hospitalizations

- Analysis of 34 measures of behaviors, community and environment, policies as well as clinical care and outcomes data
- Model developed in collaboration with Scientific Advisory Committee of leading senior health and aging experts
- Based on public-use data sets, such as the Centers for Disease Control and Prevention's Behavioral Risk Factor Surveillance System (BRFSS)



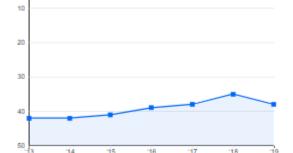
Senior Report | Nevada



OVERALL - SENIOR RANK: 38

CHANGE: ▼3

3



Edition Year

DETERMINANTS RANK: 43
OUTCOMES RANK: 32

Strengths

- Low prevalence of obesity
- High percentage of homedelivered meals
- High SNAP enrollment

Challenges

- High prevalence of smoking
- High percentage of ICU use
- Low prevalence of seniors with a dedicated health care provider

Highlights

- In the past year, smoking increased 48% from 10.2% to 15.1% of adults aged 65+
- In the past six years, depression increased 23% from 12.0% to 14.7% of adults aged 65+



SNAP Reach

SNAP REACH

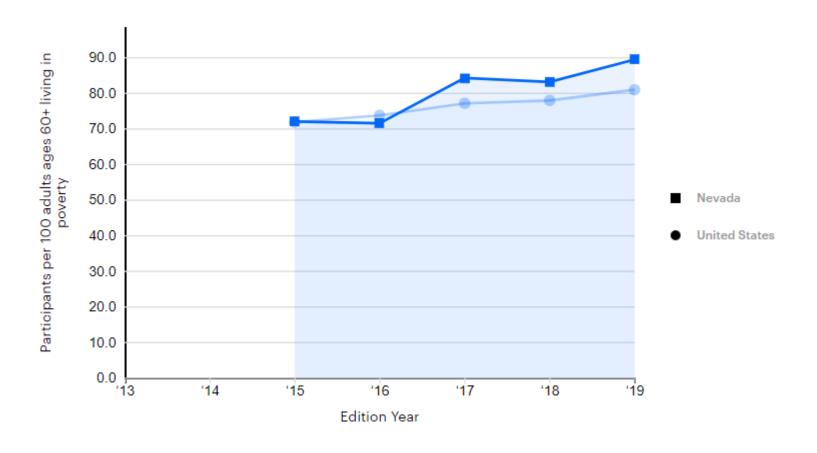
13%

Increased 13 percent **since 2015** from 71.8 to 80.9 adults aged 60+ participating per 100 adults 60+ living in poverty.

Number of adults ages 60 and older who participate in the Supplemental Nutrition Assistance Program (SNAP) per 100 adults ages 60 and older living in poverty



SNAP Reach in Nevada



Number of adults ages 60 and older who participate in the Supplemental Nutrition Assistance Program (SNAP) per 100 adults ages 60 and older living in poverty



Home Health Care Workers

HOME HEALTH CARE WORKERS

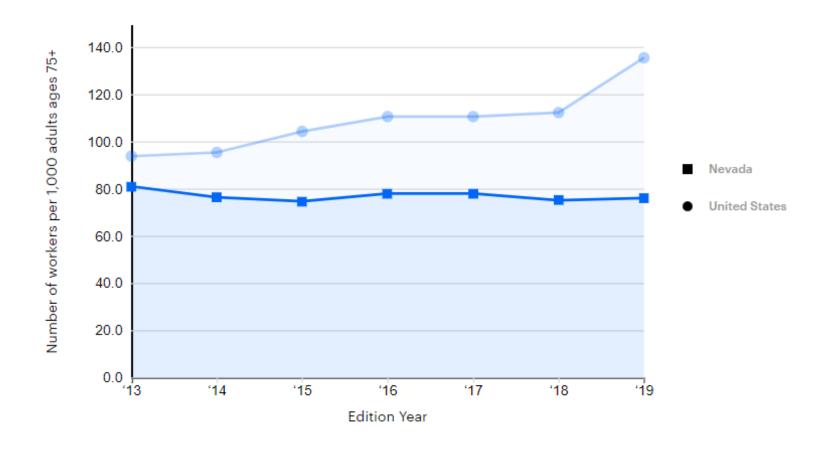
44%

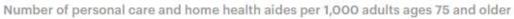
Increased 44 percent **since 2013** from 93.8 to 135.5 workers per 1,000 adults aged 75+.

Number of personal care and home health aides per 1,000 adults ages 75 and older



Home Health Care Workers in Nevada



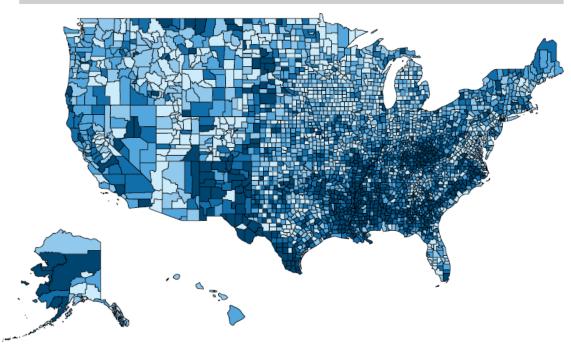




Risk of Social Isolation

United States

Risk of Social Isolation by County



Percentile of the mean z scores for six risk factors of social isolation in adults aged 65 and older (poverty; living alone; divorced, separated or widowed; never married; disability; independent living difficulty), relative to all U.S. counties

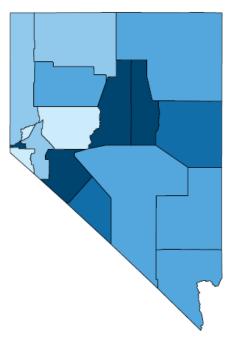
Source: U.S. Census Bureau, American Community Survey, 2013-2017



Risk of Social Isolation in Nevada

Nevada

Risk of Social Isolation by County



Percentile of the mean z scores for six risk factors of social isolation in adults aged 65 and older (poverty; living alone; divorced, separated or widowed; never married; disability; independent living difficulty), relative to all U.S. counties

<= 18th 19th to 38th 39th to 57th 58th to 77th >= 78th

Source: U.S. Census Bureau, American Community Survey, 2013-2017



Suicide and Depression in Nevada

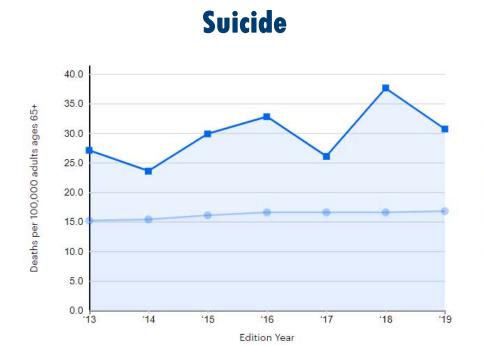
Percentage of adults ages 65+

6.0

4.0

2.0

0.0





15

'16

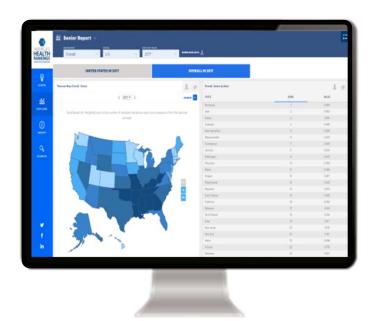
Edition Year

17

'18



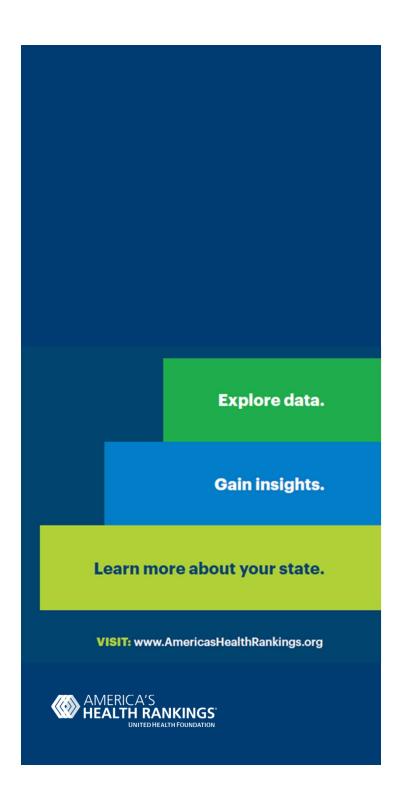
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Questions?

Thank You.