

alzheimer's association® desert southwest chapter

Alzheimer's Disease And Long-Term Care

Presented by Christine Terry

EXHIBIT U
Senior Citizens, Veterans and Adults
With Special Needs (A.B. 9)
Document consists of 22 pages.
Entire exhibit provided.
Meeting Date: 1-20-2010

Presentation Outline

- i. Alzheimer's disease statistics
- ii. Caring for a person with Alzheimer's disease poses special challenges
- iii. Who is providing long-term care?
- iv. Paid long-term care: What are the issues?
- v. Where do we go from here?

I. Alzheimer's Disease Statistics

- The number of Americans with Alzheimer's disease is increasing every year with the steady growth in the older population **1 out of 8 people 65 and older, and nearly 50% 85 and older** have Alzheimer's disease (AD)
- Currently, there are **5.1 million** people aged 65 and older with AD. It is estimated that **7.7 million** people 65 and older will have the disease by **2030** (50% increase), and between **11 million to 16 million by 2050** (more than doubling) www.alz.org -2009 Alzheimer's Disease Facts & Figures

How Will Nevada Be Affected?

Nevada is one of 6 states that will see the greatest increase in Alzheimer's disease prevalence. The prevalence is projected to increase by 100%, between 2000 and 2025.

www.alz.org -2009 Alzheimer's Disease Facts & Figures



II. Caring for a person with Alzheimer's disease poses special challenges

- The disease can last from 2 to 20 years
- The person with disease (PWD) gradually loses their capacity in all areas of functioning and will eventually be dependent with all care needs (24 seven care)
- In addition to personal care and assistance with activities of daily living, PWD's will eventually need constant supervision to maintain safety due to diminished cognitive capacity that affects their ability to perceive the environment, reason, use judgment, communicate and remember www.alz.org

Special challenges (cont.)...

- Caregivers can experience challenging behaviors from the PWD due to cognitive changes
- Most people with AD have one or more serious medical conditions

III. Who is providing long-term care?

- At any one time, about **70 percent** of people with Alzheimer's and other dementias are living at home. Most of these people receive unpaid help from family members and friends

www.alz.org – 2009 Alzheimer's Disease Facts & Figures

Family caregivers are the backbone of our Country's long-term care system

www.caregiver.org

Who is providing long-term care? (cont.)...

- The approximately **15 million caregivers (all)** in the U.S. provide **\$306 billion** worth of unpaid services each year. This amount is **almost twice** as much as is spent on home care and nursing home services combined (**\$158 billion**) www.cdc.gov
- The economic value of care provided by family and unpaid caregivers of people with **AD and other dementias** is **\$94 billion** www.alz.org – 2009 Alzheimer's Disease Facts & Figures

IV. Paid long-term care: what are the issues?

- **Few individuals with AD or other dementia and their families can afford to pay for long-term care services for as long as the services are needed**

Average cost of services

Day Care: \$64 a day

Assisted Living: \$36,372 a year

Nursing Home Care: \$69,715-\$77,380 a year

www.alz.org -2009 Alzheimer's Disease Facts & Figures

Issues (cont.)...

- The median income for people aged 65 and older was **\$17,382** in 2007 and **\$29,730** for households headed by an older person

www.alz.org : 2009 Alzheimer's Disease Facts & Figures

Issues (cont.)..

- **The high cost of caring for individuals with Alzheimer's disease is taxing our health care system:**

Medicare

In 2004, the total per person payments from all sources for health and long-term care were **3 times higher for Medicare beneficiaries with AD** and other dementia than for other beneficiaries aged 65 and older who did not have AD or other dementia (\$33,007 compared with \$10,603)

www.alz.org -2009 Alzheimer's Disease Facts & Figures

Issues (cont)...

Medicaid

In 2004, average Medicaid payments per person for Medicare beneficiaries aged 65 and older with AD or other dementias were more than **9 times higher** than average Medicaid payments for other beneficiaries in the same age group (**\$6,605** compared with **\$718**)

Over half of nursing home residents with AD relied on Medicaid to pay for their nursing home care in 2000

www.alz.org : 2009 Alzheimer's Disease Facts & Figures

Issues (cont.)...

- **Shortage of Nursing home beds for Alzheimer's special care:** Over half of all nursing home residents have Alzheimer's or other dementia. However, in 2008 only 5% of nursing home beds were on Alzheimer's special care units www.alz.org : 2009 Alzheimer's Disease Facts & Figures
- **As the population continues to age, there will be a greater demand for both family (unpaid) and paid long-term care services**

Issues (cont.)...

- **Alzheimer's disease will require a significant portion of future healthcare needs**

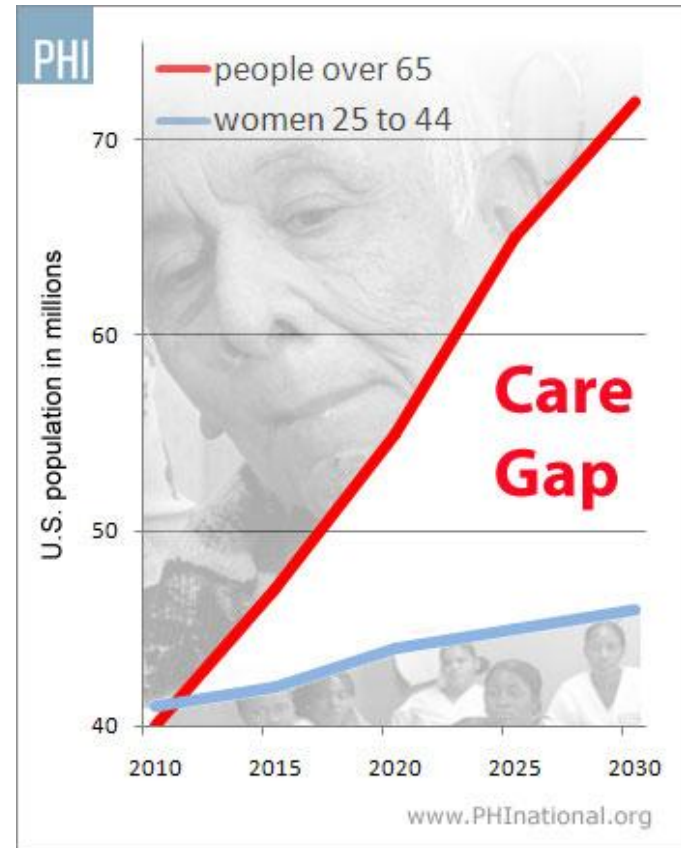
The national Academy of Sciences estimates that **3.5 million additional** formally trained healthcare workers will be required by **2030** (more than a 1/3 increase in the current ratio of providers to the total population)

The vast majority of healthcare workers who provide the bulk of services to the elderly are **not trained in geriatrics**

Issues (Cont.)

In spite of the growing need for direct care workers, the traditional labor pool from which these workers are drawn (women aged 25-44) will barely hold its own, increasing only about 2% by 2030

www.phi.org



Issues (cont.)...

Low wages
+
Lack of Insurance
+
High Injury and Illness
+
High physical & emotional
demand

= High Turnover

JOB

RETENTION

?

V. Where do we go from here?

1) **Develop the mechanisms to move forward**

- Implement a state **task force** on Alzheimer's disease (set standards, review caregiving legislation, implement best practices and determine measures that are sustainable)
- Develop a **state plan** for Alzheimer's disease

1/29/2010: Meeting in Reno to get the ball rolling. We would like to schedule one in LV in February.

Where do we go from here?..

2) **Support Community Efforts**

- Non-Profits
- Lifespan Respite Coalition

3) **Expand Education**

Annual Alzheimer's Association Caregiver Conference, on April 21, 2010

4) **Get Involved in Public Policy:** March 7th – 9th *Alzheimer's Association Action Summit & Advocacy Forum*

5) **Form a Direct Care Worker Coalition**

Websites

- www.alz.org : Alzheimer's Association
- www.caregiver.org : Family Caregiver Alliance National Center on Caregiving
- www.alz.co.uk : Alzheimer's Disease International
- www.Phi.org : A website dedicated to issues affecting the Direct Care workforce.

Websites (Cont.)...

- www.cdc.gov : The Centers for Disease Control
- www.nia.gov/alzheimer's : ADEAR (Alzheimer's Disease Education and Referral Center)
- www.HBO.com : The Alzheimer's project, a documentary that explores the cutting-edge research on Alzheimer's disease.

The Alzheimer's Association Can Help

- 24/7 Helpline
- www.alz.org
- Information and Referral
- Care Consultation
- Support Groups
- MedicAlert+SafeReturn
- Education
- Respite



We are here to help!

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