

Nevada Lifespan Respite Care Coalition

Exhibit H-1 Senior Citizens and Veterans (A.C.R. 35)
Document consists of 12 pages.
Entire Exhibit Provided.
Meeting Date: 3-18-08



Founding Members

- American Parkinsons Disease Foundation
- Catholic Charities
- Cornerstone Care Consultants
- Desert Southwest Chapter Alzheimer's Association
- Helping Hand of Vegas Valley
- Keep Memory Alive
- Leeza Gibbons Memory Foundation - Leez'a Place
- Lend A Hand, Boulder City
- Lied Adult Daycare Center
- Lou Ruvo Brain Institute
- National Silver Haired Congress
- Nevada Caregiver Support Center, University of Nevada, Reno

Founding members

- Northern Nevada Alzheimer's Association
- Salvation Army
- Sanford Center for Aging
- Senior Direction
- State Division for Aging Services
- The Continuum, Reno
- The Lili Claire Foundation
- University of Nevada, Las Vegas (Gerontology Program)
- University of Nevada, Reno
- Volunteer Center of Southern Nevada
- Washoe County Senior Services

Mission

- To support caregivers in our community by promoting awareness and access to, as well as coordination and advocacy for, respite services in Nevada throughout the lifespan.

Priorities in Respite Care

- Access
- Quality
- Value

Access to Respite Care

- Chronically disabled persons often require 24-hour care
- Families provide vast majority of long-term care for chronically disabled persons
- There is a critical shortage of affordable, in-home or adult day care services in Nevada.
 - The “tipping point”
- In many of Nevada’s rural frontier communities there are no respite services of any kind

Access

- Lack of respite services affects the health and safety of both caregivers and care receivers.
- Research has consistently found that caregivers become ill due to the stress of caregiving

Access

- Many caregivers are forced to either:
 - never leave their family member's side or
 - take him/her everywhere with them, or
 - simply leave the care recipient alone while they do necessary tasks
- Increased risk of abuse and neglect

Quality

- Need for evidence based services
- Skilled respite providers
 - “Respite” as a state of mind vs.
 - “custodial” care
- Restraint free respite care
 - Goal is to reduce or prevent excess disability

Value

- Self-determination
 - Nevadans want to stay in their homes
- Respite care can allow persons with chronic disability to move from a skilled nursing home to less costly, less restrictive environment.
- If Nevada had enough affordable and innovative respite care programs, placement in expensive, more restrictive institutional settings could be
 - delayed or
 - prevented altogether

Goals of the Coalition

- Provide education and training
- Disseminate information about current respite resources
- Facilitate integration and collaboration of available services
- Serve as a catalyst for new models of care
- Help secure funding for programs and services

Thank you!

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