

### Consumer-Driven Healthcare

**EXHIBIT G** Health Care Document consists of 18 slides

☑ Entire document provided.

☐ Due to size limitations, pages \_\_\_\_\_ provided.

A copy of the complete document is available through the Research Library (775/684-6827 or e-mail library@lcb.state.nv.us). Meeting Date: March 15, 2006

# CDH: Who is it good for?

Consumer-driven healthcare (CDH) includes healthcare dollars for personal everyday use, traditional coverage for major expenses and educational tools to make the best decisions.

- Consumer-Driven Healthcare is good for
  - Employees
  - Employers
- See how it works
  - Health Savings Accounts
  - Health Reimbursement Arrangements

### Good for Employees

- Every employee...
  - becomes a consumer
  - makes smarter financial & healthcare decisions
  - is in control of personalized healthcare
  - is rewarded for staying healthy
  - has multiple resources to make informed decisions

### Good for Employers

- Every employer...
  - cuts costs
  - provides better quality care
  - gets healthier employees
  - gets happier employees
  - gets employee satisfaction which increases retention

## Health Savings Account

Use HSA to pay for routine expenses

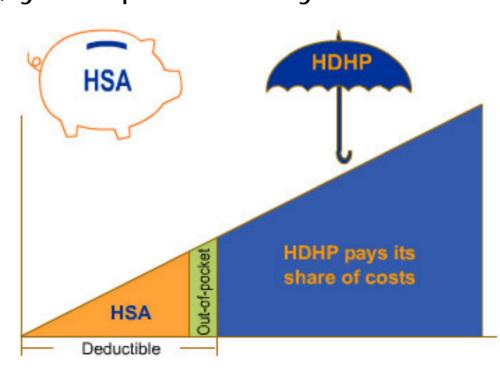
Once you meet deductible, your traditional, high deductible health plan (HDHP) begins to pay

Use HSA for yourself, your spouse and your

children

Use HSA to save for future expenses

You decide how to save and spend on healthcare



## Who is eligible for an HSA?

You have a high deductible health plan (HDHP)

Coverage	Minimum HDHP Deductible	Maximum HDHP Out- of-pocket
Single	\$1,050	\$5,250
Family	\$2,100	\$10,500

- You're NOT:
  - Enrolled in Medicare
  - A dependent on another's tax return
- Use for expenses of self, spouse, children
- Expense limits:
  - Meets IRS list of qualified expenses
  - Not covered by another health plan
- Use for expenses until you meet the deductible, coinsurance

### **HSA Contribution Amounts: 2006**

Coverage	100% of deductible up to:	If age 55+, an additional:
Single	\$2,700	+ \$700
Family	\$5,450	+ \$700

### **How Your HSA Works**

- Enroll in your traditional, high deductible health plan (HDHP)
- Establish an HSA
- Choose how much to contribute to your HSA
- Start receiving care
- Pay via debit card or check
- Funds roll over from year to year
- Resources to assist you
- Switch jobs? Take your account with you.

### Investing In Your Health

- You invest your HSA funds
- Funds roll over, allowing you to build up a balance for future expenses / self-funded amounts
- Tax benefits:
  - Your payroll contributions are pre-tax
  - Investment earnings are tax free
  - Reimbursements are tax free
- Account is easy to use
  - Debit cards or checks
  - Low or no setup fees
  - Easy to enroll



### **HSA Example**

#### Year 1

You contribute \$750 Your employer contributes \$1,000 Your family deductible = \$2,100 Your HDHP provides 80% coinsurance

Your account = \$1,750

- \$750 Account pays for your doctor visit
- \$250 Account pays for child's emergency room visit
  - \$500 Account pays for child's doctor visit and medication
  - \$250 Account pays for spouse surgery
- \$1,750 Total account pays
  - \$350 You pay out-of-pocket for spouse's doctor visit
  - \$2,100 Met your deductible

Next bill, your plan pays 80% and you pay 20%.

### **HSA Example**

#### Year 2

You contribute \$750 Your employer contributes \$1,000

Your account = \$1,750

Your family deductible = \$2,100 Your HDHP provides 80% coinsurance

Total year expenses = \$1,000 Remaining \$750 will roll over to year 3

# Health Reimbursement Arrangement

- Use your HRA to pay for routine expenses
- Employer contributes to your HRA
- Use funds to pay qualified medical expenses
- You decide how to save and spend on health care

## Who is eligible for an HRA?

- Your employer sets up eligibility rules
- Generally, same rules as other healthcare plans
- Expenses for you, spouse, and other dependents
- HRA can reimburse qualified medical expenses
  - Deductible
  - Copayments
  - Coinsurance
- Balance rolls over

### How Your HRA Works

- Your company sets up your HRA
- Your employer contributes funds
- You start receiving care
- You pay by debit card or special check
- Resources to assist you
- Account not portable if you leave

### Investing in Your Health

- Your employer maintains your account
- Funds roll over, allowing you to build up a balance for future expenses
- Tax benefits:
  - Contributions to you are tax free
  - Reimbursements are tax free
- Account is easy to use, with debit cards or checks



### HRA Example

#### Year 1

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Your family deductible = $2,100
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Your coinsurance = 80%

Your employer contribution = \$1,500

\$500 Account pays for your doctor visit

\$100 Account pays for your child's doctor visit

+ \$250 Account pays for your spouse's doctor visit and medication

\$150 Account pays for your doctor visit

\$500 Account pays for your children's doctor visit

\$1,500 Total account pays

+ \$400 You pay out-of-pocket for eye care

\$200 You pay out-of-pocket for glasses

\$2,100 Met your deductible

Next bill, your plan pays 80% and you pay 20%.

## HRA Example

#### Year 2

Your family deductible = \$2,100 Your coinsurance = 80% Your employer contribution = \$1,500

> Total year expenses = \$1,000 Remaining \$500 will roll over to year 3

# Questions