

Clark County School District
Exhibit G
Grades 6-12 Curriculum Objectives Related to Nutrition & Exercise
Compiled March 2004

<i>Nevada K-12 Health Content Standards Related to Nutrition & Exercise</i>	Grade 6 Life Science required PE required half year	Grade 7 PE required half year	Grade 8 Health required for 9 weeks; PE required	HS Health and 2 PE courses required
1.0 Students will comprehend concepts related to health promotion/disease prevention.	PE 4 To develop fundamental knowledge, skills, and benefits of physical activity.	PE 4 To develop fundamental knowledge, skills, and benefits of physical activity.	(Health 8:1) To investigate the meaning of health and to develop an understanding of the importance of assuming responsibility for individual health and safety. PE 4 To develop fundamental knowledge, skills, and benefits of physical activity.	(Health 842:1) To understand that health status is determined by the dynamic interaction of genetic, environmental, and personal factors. PE I:4 To develop fundamental knowledge, skills, and benefits of physical activity. PE II:4 To develop fundamental knowledge, skills, and benefits of physical activity.
2.0 Students will demonstrate the ability to access valid health information and health promoting products and services.	(Life Science 6:4) To recognize that many issues of science and technology have moral, political, and ethical dimensions. PE 7 To develop knowledge of the rules, terminology, and scoring of the various sports and activities from the viewpoint of the participant as well as the spectator.	PE 7 To develop knowledge of the rules, terminology, and scoring of the various sports and activities from the viewpoint of the participant as well as the spectator.	(Health 8:9) To understand the necessity for discretion in the selection and utilization of health products. PE 7 To develop knowledge of the rules, terminology, and scoring of the various sports and activities from the viewpoint of the participant as well as the spectator.	(Health 842:2) To gain increased awareness and understanding of effective decision making in situations affecting the human body. PE I:4 To develop fundamental knowledge, skills, and benefits of physical activity. PE II:4 To develop fundamental knowledge, skills, and benefits of physical activity.
3.0 Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	(Life Science 6:6) To recognize how some diseases attack organisms. PE 3 To develop and maintain an optimal level of physical fitness/wellness. PE 4 To develop fundamental knowledge, skills, and benefits of physical activity.	PE 3 To develop and maintain an optimal level of physical fitness/wellness. PE 4 To develop fundamental knowledge, skills, and benefits of physical activity.	(Health 8:1) To investigate the meaning of health and to develop an understanding of the importance of assuming responsibility for individual health and safety. (Health 8:8) To investigate the causes, signs, symptoms, and prevention of various infectious and noninfectious diseases. (Health 8:10) To gain knowledge and skills needed for safe living, accident prevention, and treatment of minor injuries. PE 3 To develop and maintain an optimal level of physical fitness/wellness. PE 4 To develop fundamental knowledge, skills, and benefits of physical activity.	(Health 842:4) To develop good personal health habits by studying information on nutrition, disease prevention, and personal hygiene. PE I:3 To develop and maintain an optimal level of physical fitness/wellness. PE II: 3 To develop fundamental knowledge, skills, and benefits of physical activity.

Clark County School District
Grades 6-12 Curriculum Objectives Related to Nutrition & Exercise
Compiled March 2004

<i>Nevada K-12 Health Content Standards Related to Nutrition & Exercise</i>	Grade 6 Life Science required PE required half year	Grade 7 PE required half year	Grade 8 Health required for 9 weeks; PE required	HS Health required and 2 PE courses
4.0 Students will analyze the influence of culture, media, technology, and other factors on health.	PE 3 To develop and maintain an optimal level of physical fitness/wellness. PE 11 To develop an appreciation of culture, social interaction, and lifetime fitness by the acquisition of skills through participation in rhythmic movement, dance, and related activities.	PE 3 To develop and maintain an optimal level of physical fitness/wellness. PE 11 To develop an appreciation of culture, social interaction, and lifetime fitness by the acquisition of skills through participation in rhythmic movement, dance, and related activities.	(Health 8:16) To discuss advantages and disadvantages of making decisions based on considerations of the pros and cons of an issue. PE 3 To develop and maintain an optimal level of physical fitness/wellness. PE 11 To develop an appreciation of culture, social interaction, and lifetime fitness by the acquisition of skills through participation in rhythmic movement, dance, and related activities.	(Health 642:1) To understand that health status is determined by the dynamic interaction of genetic, environmental, and personal factors. PE 11:5 To develop personal qualities and patterns of behavior which make possible more effective social relationship, self-control, fair play, respect for others, responsibility, loyalty, cooperation, and courtesy.
6.0 Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.	(Life Science 6: 10) To understand the levels of organization within living things. PE 9 To develop an appreciation for the enjoyment and necessity of physical activity throughout life. PE 10 To acquire motor skills resulting in efficient use of the body and serving as a basis for present and future participation in lifetime recreational activities.	PE 9 To develop an appreciation for the enjoyment and necessity of physical activity throughout life. PE 10 To acquire motor skills resulting in efficient use of the body and serving as a basis for present and future participation in lifetime recreational activities.	(Health 8:2) To understand the importance of forming healthful habits in hygiene, diet, exercise, and rest. PE 9 To develop an appreciation for the enjoyment and necessity of physical activity throughout life. PE 10 To acquire motor skills resulting in efficient use of the body and serving as a basis for present and future participation in lifetime recreational activities.	(Health 642:3) To understand how personal health affects achievement. PE 1:3 To develop and maintain an optimal level of physical fitness/wellness. PE 11:3 To develop and maintain an optimal level of physical fitness/wellness.
7.0 Students will demonstrate the ability to advocate for personal, family, and community health.	PE 9 To develop an appreciation for the enjoyment and necessity of physical activity throughout life.	PE 9 To develop an appreciation for the enjoyment and necessity of physical activity throughout life.	(Health 8:8) To explore public and private community agencies that are involved in health protection or health care. PE 9 To develop an appreciation for the enjoyment and necessity of physical activity throughout life.	(Health 642:8) To gain knowledge of the health resources and protection agencies available in the community. PE 1:8 To develop confidence and a positive self-image through participation in physical activity. PE 11:9 To develop an appreciation for the enjoyment and the necessity of physical activity through life. PE 11: To become aware of career opportunities associated with sports, physical education, and recreational activities.