

**AGENDA ITEM VI: DISCUSSION OF NEVADA'S CURRICULUM REQUIREMENTS  
CONCERNING NUTRITION AND PHYSICAL EDUCATION**

Health Curriculum Requirements

- Kindergarten through Grade 8
  - Requires that students be taught specific health standards by the end of Grade 2, 3, 5 and 8. See attached Health Content Standards
- Grades 9 through 12
  - Requires that students be taught specific health standards by the end of Grade 12. See attached Health Content Standards. Students must earn ½ credit of Health to receive a standard High School Diploma.

Physical Education Curriculum Requirements

- Kindergarten through Grade 8
  - Requires that students be taught specific physical education standards by the end of Grade 2, 3, 5 and 8. See attached Physical Education Content Standards
- Grades 9 through 12
  - Requires that students be taught specific physical education standards by the end of Grade 12. See attached Physical Education Content Standards. Students must earn 2 credits of Physical Education to receive a standard High School Diploma.
  - High School students may receive a physical education credit for enrollment in the Reserve Officer Training Corps (Jr. ROTC) or for participation in interscholastic athletics, on a drill team, in a marching band, in a dance group or on a cheerleading squad (limited to not more than 1 credit).

No Child Left Behind Requirements (NCLB) – Health and Physical Education

- Only the subjects of English Language Arts, Mathematics, Science, Social Studies, Foreign Language and the Arts are considered “core academic subjects” by NCLB. Health and physical education requirements are not specifically identified in the Act.
- Health and physical education teachers do not need to meet the “Highly Qualified” teacher requirements of the NCLB.

Nevada Health and Physical Education Teacher Requirements

- Licensed Elementary teachers are authorized to teach all required elementary subjects including physical education and health.
- A specific elementary physical education teaching license is also issued by the state that requires 36 semester hours of specific physical education course work and 8 semester hours of student teaching in physical education. The elementary physical education teaching license can only be used to teach physical education classes in kindergarten through grade 8.
- A health endorsement can be added to an elementary license but is not a requirement. To add the elementary health endorsement, 12 semester hours of health courses must be completed by the teacher. A school district could require that the elementary health endorsement be required to teach health at the elementary school level.
- Secondary level teaching licenses and endorsements are issued by the state in physical education, health education, and a combination physical education and health license. The secondary license allows a teacher to teach the specific subjects in grades 7 through 12. A secondary license in the appropriate subject area is required to teach both health and/or physical education in Nevada for grades 9 through 12.

EXHIBIT 1 Committee Name **OBESITY** Document consists of **1 PAGE**.

Entire document provided.

Due to size limitations, pages \_\_\_\_\_ provided. A copy of the complete document is available through the Research Library (775/684-6827) or e-mail [library@lcb.state.nv.us](mailto:library@lcb.state.nv.us).

Meeting Date: **1-14-04**