

Southern Nevada Area Health Education Center **AHEC**



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Meeting Date: 1-14-

Mission Statement

To improve Nevada's health status
and facilitate a diverse health related
workforce through quality education

Southern Nevada AHEC

is a 501(c)3 non-profit agency that:

- **Has been working since 1990 to improve Nevada's health status.**
- **Has partnerships, educational programs, and outreach efforts in place to mount an effective education campaign to target the causes of obesity.**

**AHEC's Youth and Family
Services Department
works with area schools
and directly with parents
of teenaged and pre-teen
children.**

Student Development Programs

- **Health Coordinators in three high schools who help students make healthy lifestyle choices**
- **Programs to interest students from elementary through high school in health careers and to work with them on the math and science skills they need to succeed in those areas. These programs can be expanded to include units on nutrition and exercise.**

Adolescent Family Life Programs

Positive Choices, Positive Futures,
an outreach program for families with
teenaged and pre-teen children,
improves communication and
understanding.

Positive Choices, Positive Futures includes:

- **Two-hour presentations to small groups of parents about communication and development issues**
- **A six-week series of discussions on health and adolescent development**
- **Asset Building Clubs (ABCs) in family resource centers and other community gathering places to allow parents to share their experiences and draw on the expertise of other parents and professionals**

Continuing Education

Southern Nevada AHEC provides continuing professional education to doctors, physicians' assistants, nurses, nurse practitioners, and others to meet national, state, and professional requirements.

The Continuing Education Department and the state Nurse Practitioners organization have already discussed developing a conference on diabetes and obesity.

Nurse Practitioners are adept at actually changing patient behavior and offering direct nutrition education.

Southern Nevada AHEC has developed an outstanding reputation for

- **Implementing quality educational programming**
- **Establishing and maintaining long-standing collaborations with community partners**
- **Achieving excellence in leveraging all funding sources**

Southern Nevada Area Health Education Center

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