

*This program is funded through grants from the Division for Aging Services.*

## GOALS

- ❖ Provide cost-effective mental health outreach services to seniors who are vulnerable to premature or inappropriate institutionalization.
- ❖ Provide consultations to agency staff and coordination with existing agency program services to better meet the needs of older adult clients.
- ❖ Provide consultation services to community service providers in order to enhance those agencies' response to mentally ill seniors.
- ❖ Provide comprehensive training and education to community groups to improve awareness and knowledge of senior mental health issues and services.
- ❖ Serve as liaison to a variety of valuable community action groups for the purpose of remaining current in the knowledge of resources for seniors as well as increasing other agencies' responsiveness to agency older clients.

09/03

## Recognizing the Symptoms of Mental Illness

Today, treatment exists for most mental disorders. Many people, however, fail to seek treatment. They may not understand mental illness or be ashamed to seek psychiatric care. Some of the signs that you or someone you care about may be suffering from a mental illness are:

- Extreme mood swings
- Persistent depression and apathy
- Marked personality change
- Suicidal thoughts or ideas
- Excessive anxiety or fear
- Significant changes in eating or sleeping patterns
- Declining ability to cope with daily life activities
- Excessive anger, hostility or violent behavior
- Abuse of alcohol or drugs
- Strange or grandiose ideas
- Auditory or visual hallucinations

EXHIBIT J MentalHealth

Document consists of 2 pages.

- ☒ Entire document provided.  
☐ Due to size limitations, pages \_\_\_\_\_ provided. A copy of the complete document is available through the Research Library (775/684-6827) or e-mail [library@lcb.state.nv.us](mailto:library@lcb.state.nv.us).

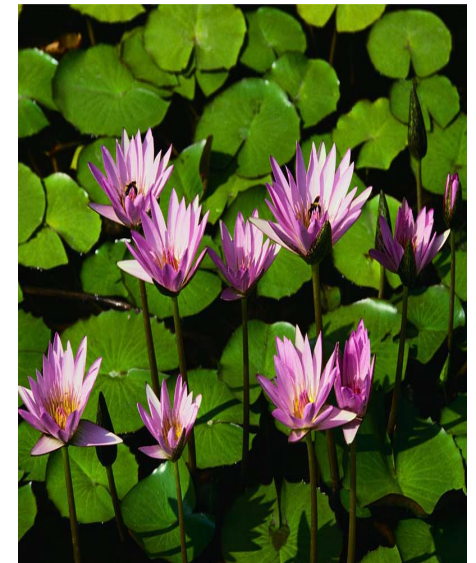
Meeting Date 10/21/03

## SENIOR MENTAL HEALTH OUTREACH PROGRAM

Northern and

Southern Nevada

Adult Mental Health Services



State of Nevada  
Department of Human Resources

Division of Mental Health  
And  
Developmental Services

**Senior Mental Health  
Outreach Program  
Mission Statement**

*The Senior Mental  
Health Outreach  
Program is dedicated to  
providing specialized  
community outreach  
services that can overcome  
barriers to accessing  
mental health treatment,  
promote independent  
living and improve the  
quality of life of seniors  
with mental illness.*

**SENIOR MENTAL  
HEALTH OUTREACH  
PROGRAM**

The Senior Mental Health Outreach Program provides in-home mental health services to Washoe and Clark County residents who meet the following criteria:

- ❖ Age 60 and older
- ❖ May be experiencing symptoms of serious mental illness
- ❖ Or may have a history of mental health treatment.

The primary goal of the Senior Mental Health Outreach Program is to identify and evaluate seniors in need, and provide effective mental health care to them through community outreach.

FOR MORE INFORMATION  
CONTACT:

**SENIOR MENTAL  
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OUTREACH  
PROGRAM**

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