

Nevada Medicaid's PCS Program Offers Distinct Choices for In-Home Care

Available In-Home Services

Nevada Medicaid's Personal Care Services Program provides in-home services to Nevada Medicaid Recipients (Consumers) who need assistance to continue to live in their homes due to a qualifying disability or health condition. Personal Care Aides (PCAs) are individuals who meet the requirements specified in MSM Ch. 3500 whether they are providing care to an individual who has chosen a Provider Agency or Self-Directed Care model.

Approved in-home services may include assistance with Activities of Daily Living (ADLs) such as:

- **Bathing**
- **Dressing**
- **Grooming**
- **Toileting**
- **Continence care**
- **Transfers**
- **Mobility**
- **Eating**

In some situations, services may also include assistance with Instrumental Activities of Daily Living (IADLs) such as:

- **Meal Preparation**
- **Light housekeeping**
- **Laundry**
- **Necessity shopping**

Program Options

Nevada Medicaid Consumers have a choice between two distinct programs, **Provider Agency Care** and **Self-Directed Care through an Intermediary Service Organization (ISO)**. Consumers should become familiar with both options and choose the program that best meets their individual needs.

Provider Agency Care

Provider Agency Care is a traditional in-home care program available in areas where Provider Agencies are located or provide service. This option is designed for Consumers who do not have the desire or ability to arrange and direct their own care and services. The Consumer or their Personal Care Representative (PCR) delegates the primary decision-making authority and responsibility of their services and care to a Provider Agency. The PCAs are hired, trained, assigned, and supervised by the Provider Agency.

The Provider Agency is responsible for scheduling service delivery and for providing back-up caregivers as needed. The Provider Agency maintains the employee/employer relationship with PCAs, schedules their assignments, and administrates the paperwork and fiscal services.

Self-Directed Care/ISO

Self-Directed Care is available statewide in Nevada and is designed for Consumers who desire more independence and control over their personal care services and caregivers. Under this option, the Consumer or their PCR have the primary responsibility and authority to hire, train, schedule, supervise, and dismiss their caregivers if necessary. The Consumer maintains control over how and when care is provided according to the approved tasks and hours on the care plan.

With guidance and support from an Intermediary Service Organization (ISO), which provides fiscal and supportive services, the Consumer or their PCR develops a care delivery and back-up plan, then arranges and directs their own care and services.



Nevada Medicaid Personal Care Services Program

Nevada Medicaid’s Personal Care Services Program is designed to assist, support, and maintain recipients (Consumers) living independently in their homes and community. This program helps Consumers who need non-medical caregiver assistance to remain in the comfort and security of their own homes rather than be placed in an institutional setting.

Consumer Requirements:

- Eligible for full Nevada Medicaid
- Health condition or Disability
- Require assistance with activities of daily living

Program Benefits:

- Provides eligible individuals with in-home, personal care assistance
- Presents alternatives to facility-based care and reduces need for emergency room, acute care

The purpose of this fact sheet is to help health & human services professionals and the Consumer understand the two options that exist under the Medicaid Personal Care Services Program. This fact sheet is not a comprehensive description of all Medicaid in-home services.

<u>Provider Agency Option</u>
<ul style="list-style-type: none"> • Designed for Consumers or Personal Care Representatives (PCR) who do not have the desire or ability to participate in, arrange, or direct their own care services
<ul style="list-style-type: none"> • The Consumer/PCR selects an <u>Agency</u> to provide their care for them
<ul style="list-style-type: none"> • The <u>Agency</u> is responsible for recruiting, interviewing, hiring, training, supervising, scheduling, and dismissing caregivers
<ul style="list-style-type: none"> • The <u>Agency</u> has full control over selecting and scheduling caregivers to provide personal care services.
<ul style="list-style-type: none"> • The <u>Agency</u> provides fiscal and personnel services.
<ul style="list-style-type: none"> • Frequent supervisory visits are performed by <u>Agency</u> to ensure program compliance.
<ul style="list-style-type: none"> • <u>Agency</u> is responsible to provide backup caregivers.
<ul style="list-style-type: none"> • The <u>Agency</u> maintains control of how the services are provided.
<ul style="list-style-type: none"> • Available where Provider Agencies are located or provide services.
<p><u>Agency</u> must refer to ISO or Home Health Agency for skilled services.</p>

<u>Self-Directed/ISO Option</u>
<ul style="list-style-type: none"> • Designed for Consumers or Personal Care Representatives (PCR) with the desire and ability to participate in, arrange, and direct their own care services
<ul style="list-style-type: none"> • Consumer/PCR selects an Intermediary Service Organization (<u>ISO</u>) to provide fiscal and supportive services. They manage their own care services.
<ul style="list-style-type: none"> • The <u>Consumer/PCR</u> is responsible for recruiting, interviewing, hiring, training, supervising, scheduling caregivers and directing his/her personal care services.
<ul style="list-style-type: none"> • The <u>Consumer/PCR</u> has full control over selecting and scheduling caregivers. Trusted individuals of their choosing (except legally responsible adults) can then be trained and compensated to provide care.
<ul style="list-style-type: none"> • <u>ISO</u> provides fiscal and supportive services.
<ul style="list-style-type: none"> • Initial visits are made by the <u>ISO</u> for enrollment. Support is then provided as needed or requested to assist Consumer/PCR and caregiver with program compliance.
<ul style="list-style-type: none"> • <u>ISO</u> assists Consumer/PCR to create backup and emergency plan w/choice of back up caregiver(s) and plan for other emergencies. Consumer/PCR is responsible for scheduling back up caregiver(s).
<ul style="list-style-type: none"> • <u>Consumer/PCR</u> directs how the services are provided.
<ul style="list-style-type: none"> • Available Statewide
<ul style="list-style-type: none"> • <u>ISO</u> may provide Self-Directed Skilled services authorized under NRS 629.091.

For more information please refer to Medicaid Service Manual Chapters 3500 or 2600.