

Nursing Home Quality Measures

*By Donna Thorson, MS, CPHQ
Project Manager | HealthInsight Nevada*

Data Source

- Self-reported from the Minimum Data Set (MDS) assessment tool completed by the nursing home at set time frames of a resident's stay in the facility
- Short-stay measures reflect care provided to residents from Day 1 through Day 100
- Long-stay measures reflect care provided to residents from Day 101 through discharge

Intended Purposes of the Nursing Home Quality Measures

- To give you information:
 - about the quality of care at nursing homes in order to help you choose a nursing home for yourself or others
 - about the care at nursing homes where you or family members already live
 - to facilitate your discussions with the nursing home staff regarding the quality of care
- To give data to the nursing home to help them in their quality improvement efforts

18 Quality Measures

- Reported for Medicare- and Medicaid-certified U.S. nursing homes
- Data is not included for nursing homes reporting
 - Less than 20 residents for short-stay QMs
 - Less than 30 residents for long-stay QMs
- The QM information is updated and posted quarterly
- Reports the average adjusted QM values across the most recent three quarters

Short-Stay Quality Measures

- Percent of Residents who Self-Report Moderate to Severe Pain
- Percent of Residents with Pressure Ulcers that are New or Worsened
- Percent of Residents Who Were Assessed and Appropriately Given the Seasonal Influenza Vaccine
- Percent of Residents Assessed and Appropriately Given the Pneumococcal Vaccine
- Percent of Short-Stay Residents Who Newly Received an Antipsychotic Medication

Long-Stay Quality Measures

- Percent of Residents Experiencing One or More Falls with Major Injury
- Percent of Residents who Self-Report Moderate to Severe Pain
- Percent of High-Risk Residents with Pressure Ulcers
- Percent of Residents Assessed and Appropriately Given the Seasonal Influenza Vaccine

Long-Stay Quality Measures

- Percent of Residents Assessed and Appropriately Given the Pneumococcal Vaccine
- Percent of Residents with a Urinary Tract Infection
- Percent of Low-Risk Residents Who Lose Control of Their Bowels or Bladder
- Percent of Residents Who Have/Had a Catheter Inserted and Left in Their Bladder

Long-Stay Quality Measures

- Percent of Residents Who Were Physically Restrained
- Percent of Residents Whose Need for Help with Activities of Daily Living Has Increased
- Percent of Residents Who Lose Too Much Weight
- Percent of Residents Who Have Depressive Symptoms
- Percent of Long-Stay Residents Who Received An Antipsychotic Medication

11 Quality Measures Used to Calculate Five-Star Ratings

Long-stay measures:

- Pain
- High-risk PU
- Physical restraints
- Falls with injury
- Antipsychotic medications
- UTIs
- Long-term catheter
- ADL change

Short-stay measures:

- Pain
- Pressure ulcers
- Antipsychotic medications

Resources

- Centers for Medicare & Medicaid Services Nursing Home Quality Initiative
<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/index.html>
- Centers for Medicare & Medicaid Services Nursing Home Quality Initiative Quality Measures
<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/NHQIQualityMeasures.html>

Contact Us

HealthInsight Nevada

Donna Thorson, MS, CPHQ

Project Manager, Nursing Home Lead

Phone (702) 933-7327