Steve Sisolak

Governor



Richard Whitley

Director

State of Nevada

Department of Health and Human Services

Aging and Disability Services Division Programs 101

Aging and Disability Services Division
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Agenda

- 1. Mission Statement
- 2. Who We Serve, What We Do
- 3. Office of Consumer Health and Assistance
- 4. Long Term Care Ombudsman Program
- 5. Attorney for the Rights of Older Persons and persons with a Physical Disability, Intellectual Disability or Related Condition
- 6. Adult Protective Services
- 7. Developmental Services
- 8. Community Based Care
- 9. Planning, Advocacy and Community Services Unit
- 10. Nevada Early Intervention Services
- 11. Autism Treatment Assistance Program
- 12. Division Staffing and Vacancies
- 13. Division Caseloads
- 14. Questions
- 15. Contact Information
- 16. Acronyms



Mission Statement

Mission: To ensure the provision of effective supports to meet the needs of individuals and families, helping them lead independent, meaningful and dignified lives.

Philosophy: Aging and Disability Services Division (ADSD) seeks to understand and respond to the individual and his/her needs using principles of:

- Accessibility
- Accountability
- Culturally and Linguistically appropriate services
- Ethics
- Mutual respect
- Timeliness
- Transparency



Who We Serve, What We Do

Nevada Aging and Disability Services Division provides direct services to people across the lifespan. This includes:

- Children with Disabilities
- Older Adults
- People with Disabilities
- Family Caregivers

The ADSD vision is that Nevadans, regardless of age or ability, will enjoy a meaningful life led with dignity and self-determination. In honor of that vision, ADSD provides services that promote independence and respect for all Nevadans. This includes, but is not limited to:

- In-Home Services
- Caregiver Support Services
- Advocacy Services

Services are offered through ADSD directly as well as in partnership with community organizations.



Office of Consumer Health and Assistance (OCHA)

- Target Population: all Nevadans needing assistance with healthcare.
- Assists consumers of healthcare and injured workers with understanding their rights and responsibilities under various health care plans and industrial insurance policies.
- OCHA provides education and advocacy to those who have insurance through an:
 - Employer
 - Managed Care
 - Individual Health Policies
 - Employee Retirement Income Security Act
 - Nevada Workers Compensation
 - Medicare or Medicaid
- Access to healthcare and prescription medication assistance resources are also provided for the uninsured and under-insured.
- Provides arbitrations to resolve disputes between out-of-network health care providers and health plans involving claims of less than \$5000 for medically necessary emergency services.
- Contact information:

(888) 333-1597



Long Term Care Ombudsman Program (LTCO)

- LTOC are advocates for residents in long term care, which includes skilled nursing facilities, residential facilities for group home for individual residential care, day care centers, facilities for long term rehabilitation and providers of living arrangement services.
- LTCO ensure residents in long term care facilities receive quality care and respect. LTCO investigate complaints and conduct regular facility visits, suing a person-centered approach.

Ombudsman Services:

- Assist resident with concerns related to day-to-day care, health, safety, and personal preferences;
- Provide information to the community regarding long term care in Nevada;
- Provide education to residents, families, facility staff and others on a variety of issues related to aging, long term care and resident rights; and
- Provide in-service training for long term care professionals regarding trends and best practices to improve the quality of care for residents.
- Contact Information: Helpline 1-888-282-1155

Attorney for the Rights of Older Persons and persons with a Physical Disability, Intellectual Disability or Related Condition

- The office was established in 1989 and is appointed by the Governor. The Rights Attorney provides technical assistance, education and training, and directs legislative and regulatory policy advocacy for the division.
- In 2017, the legislature expanded the position to serve all Nevadans across the life span.
- The Rights attorney also serves as the State Legal Assistance Developer under 42 U.S.C. §3058j and oversees legal services for older adults under the Older American's Act.

• Contact Information:

• Jennifer Richards, Esq.

• Email: <u>jrichards@adsd.nv.gov</u>

• Phone: 775-685-6584



Adult Protective Services (APS)

APS assist vulnerable adults (age 18-59), in addition to persons 60 years and older who are abused, neglected, exploited, isolated, or abandoned by investigating, providing, or arranging for services to alleviate and prevent further maltreatment while safeguarding their civil liberties.

Definition for vulnerable adult, NRS 200.5092: "Older person" means a person who is 60 years of age or older. "Vulnerable person" means a person 18 years of age or older who: (a) suffer from a condition of physical or mental incapacitation because of a developmental disability, organic brain damage or mental illness; or (b) has one or more physical or mental limitations that restrict the ability of the person to perform the normal activities of daily living.

Protective services are provided if the individual is willing to accept these services. Services include:

- Investigation
- Evaluation
- Referral to other services
- Investigations begin within 3 working days of a report being received

Who can report a case of vulnerable adult abuse?

Any person may report an incident of abuse if they have a reasonable cause to believe that a vulnerable adult has been abused, neglected, exploited, isolated, or abandoned. All information received as a result of a report are confidential as outlined under NRS 200.

Contact Information:

Phone: Las Vegas/Clark County: (702) 486-6930

Statewide/All other areas: (888) 729-0571



Developmental Services

People with Intellectual and Developmental Disabilities

Statewide, ADSD has three Regional Centers that provide services to eligible children and adults with a diagnosis of an intellectual disability or a closely related developmental disability occurring before the age of 22 years. Services include:

- Service Coordination
- Psychological Services, including assessments and counseling
- Nursing
- Family Support Services
- Family Preservation Program
- Supported Living Arrangements
- Jobs and Day Training
- Behavioral Consultation
- Nutritional Counseling

Regional Centers:

- Sierra Regional Center Washoe County
 - Phone: (775) 687-2600
- Desert Regional Center Urban Clark County
 - Phone (702) 486-7850
- Rural Regional Center Rural Nevada including rural Clark County
 - Phone (775) 687-5162



Developmental Services cont.

Desert Regional Center Intermediate Care Facility

- Desert Regional Center operates the only state-run Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)
 - Licensed for 48 beds
 - Provides 24-hour services focused on active habilitative treatment to promote functional skills and increased independence
 - Includes nursing, counseling, physical therapy, occupational therapy, recreational therapy, speech therapy, dietary, and other specialized clinical services as needed by the individual



Community Based Care (CBC)

 The CBC Unit authorizes home and community-based services to keep older adults and individuals with physical disabilities in their homes and avoid long-term care placement for as long as possible. Each of these programs require the applicant/recipient to meet and maintain a Nursing Facility Level of Care which is determined by a licensed professional.

Home and Community Based Services (HCBS) Waivers

- Frail Elderly (FE):
 - Eligibility criteria: individuals must be aged 65 years and older and qualify for Nevada Medicaid based on the higher financial limits established within the 1915(c) Waiver.
 - Services Include: Case Management, Adult Companion, Homemaker, Chore, Personal Emergency Response System (PERS), Respite, Social Adult Day Care, and Augmented Personal Care (Residential services).
- Persons with Physical Disabilities (PD):
 - Eligibility criteria: individuals must have a documented physical disability and qualify for Nevada Medicaid based on the higher financial limits established within the 1915(c) Waiver.
 - Services Include: Case Management, Assisted Living, Attendant Care, Chore, Environmental Accessibility Adaptations, Homemaker, Home Delivered Meals, PERS, Respite, and Specialized Medical Equipment and Supplies.
- All services are based on need and determined by a social health assessment.



Community Based Care (CBC) cont.

State Funded Programs:

- Community Service Options Program for the Elderly (COPE)
 - Eligibility Criteria: individuals must be aged 65 years and older, have higher income and resources, and not qualify for Fee for Service through Nevada Medicaid.
 - Services Include: Case Management, Adult Companion, Attendant Care, Chore, Homemaker, PERS, Respite, and Social Adult Day Care.
- Personal Assistance Services (PAS)
 - Eligibility Criteria: individuals 18 years and older, with a documented physical disability, and higher income who do not qualify for Fee for Service through Nevada Medicaid.
 - Services Include: Case Management, Attendant Care and Respite.
- Taxi Assistance Program (TAP)
 - Eligibility Criteria: age 60 or older or have a permanent disability.
 - Services Include: Provides discounted taxicab coupon books to those in need of transportation options.

All services are based on need and determined by a social health assessment

Planning, Advocacy and Community Services (PAC) Unit

Responsible for strategic planning, gaps analysis, and coordinating the efforts of state, local, and community partners. The PAC unit plans, implements, and oversees a variety of home and community-based services for older adults, people with disabilities, and family caregivers.

In addition, PAC oversees:

- Nevada 211 information and referral call center and website
- Relay Nevada access to telecommunications for persons who are deaf, hard of hearing and speech impaired
- Sign language interpreter registry and interpreter/mentor program
- Senior and Disability Prescription Program



Planning, Advocacy and Community Services (PAC) Unit cont.

Federal grants and state funding account for approximately \$28 million annually to assist Nevadans with their long-term services and supports needs. Services are provided statewide through a network of community partners and include:

- In home services homemaker, senior companion and home modifications
- Nutrition congregate meals and home delivered meals
- Transportation direct services and vouchers
- Caregiver Support respite, support groups, and education
- Nevada Care Connection navigation assistance to access LTSS services
- Assistive Technology and Independent Living Services
- Medicare Assistance Program Medicare outreach and counseling
- Legal Assistance free advice and representation for older adults
- Health Promotion Services evidence-based programs to promote health aging



Nevada Early Intervention Services (NEIS)

Provides comprehensive, individualized services to families with eligible children with a diagnosed disability or developmental delay at no-cost to the family in the child's natural environment (such as child's home and/or community setting).

NEIS provides the following services:

- Service coordination
- Special Instruction
- Audiology
- Occupational, Physical, and Speech Therapy

NEIS collaborates and contracts with community agencies to provide comprehensive services statewide. Target population are children under the age of 3 years old.

Anyone may refer a child to NEIS through the following:

- Southern Nevada Hotline: (702) 486-9200
- Northern Nevada Hotline: (775) 688-1341



Autism Treatment Assistance Program (ATAP)

ATAP was created to assist parents and caregivers with the expensive cost of providing Autism-specific treatments to their child with Autism Spectrum Disorder (ASD). ATAP is a statewide program that provides temporary assistance and funding to pay for evidenced-based treatment such as Applied Behavior Analysis (ABA) for children on the Autism Spectrum, who are under the age of 20 and are diagnosed as a person with Autism Spectrum Disorder by a physician, psychologist, child/adolescent psychiatrist, pediatric neurologist or other qualified professional.

Types of Evidence- Based Treatments funded

- Applied Behavioral Analysis
- •Intensive Parent Training
- Basic and Vocational Skills
- Social Skills
- Speech Therapy
- Occupational Therapy

Southern Intake: (702) 668-3271

Physical Therapy



Division Staffing and Vacancies

ADSD	FY22 Legislatively Approved FTE	Vacancies as of 3/4/22	Vacancy Rate
3151 - Federal Programs and Administration	85.02	15.02	18%
3156 - Senior Rx and Disability Rx	2	1	50%
3167 - Rural Regional Center	51.79	9	17%
3204 Consumer Health Assistance	11.51	0	0%
3206 - Communication Access Services	7	1	14%
3208 - Early Intervention Services	220.39	69.82	32%
3209 - Autism Treatment Assistance Program	52	11	21%
3266 - Home and Community Based Services	314	72.4	23%
3279 - Desert Regional Center/ICF	414.58	61.02	15% /24%
3280 - Sierra Regional Center	82.02	13	16%
Totals	1,240.31	253.26	

Division Caseloads

Caseload Impacts With Vacancies	Legislatively Approved Caseload Ratios	Actual Caseload Ratios (February 2022)
3167 - Rural Regional Center	1:45	1:42
3204 - Consumer Health Assistance		
OCHA	NA	1:73
Arbitrations	NA	1:105
3208 - Early Intervention Services	1:19	1:20
3209 - Autism Treatment Assistance Program	1:40	1:34
3266 - Home and Community Based Services		
Adult Protective Services	1:40	1:79
Community Based Care	1:50	1:54
Long Term Care Ombudsman	1:60	1:122
3279 - Desert Regional Center	1:45	1:49
3280 - Sierra Regional Center	1:45	1:45



Questions?



Contact Information

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775-687-0517	775-684-5894	775-687-0971

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Acronyms

- ABA Applied Behavior Analysis
- ADSD Aging and Disability Services
 Division Applied Behavior Analysis
- APS Adult Protective Services
- ASD Autism Spectrum Disorder
- ATAP Autism Treatment Assistance Program
- CBC Community Based Care
- COPE Community Service Options Program for the Elderly
- FE Frail Elderly
- HCBS Home and Community Based Services
- ICF/IDD Intermediate Care Facility for Individuals with Intellectual Disabilities

- LTCO Long Term Care Ombudsman
- NEIS Nevada Early Intervention Services
- OCHA Office of Consumer Health Assistance
- PAC Planning, Advocacy and Community Services Unit
- PAS Personal Assistance Services
- PD Persons with Physical Disabilities
- PERS Personal Emergency Response System
- SRx/DRx Senior and Disability Prescription
- TAP Taxi Assistance Program

