

Steve Sisolak
Governor



Richard Whitley
Director

State of Nevada Department of Health and Human Services

Aging and Disability Services Division Programs for Seniors

Aging and Disability Services Division
Dena Schmidt and Jennifer Richards



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Helping people. It's who we are and what we do.

Agenda

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Mission Statement

Mission: To ensure the provision of effective supports to meet the needs of individuals and families, helping them lead independent, meaningful and dignified lives.

Philosophy: Aging and Disability Services Division (ADSD) seeks to understand and respond to the individual and his/her needs using principles of:

- Accessibility
- Accountability
- Culturally and Linguistically appropriate services
- Ethics
- Mutual respect
- Timeliness
- Transparency

Dignity, Independence, and Self-Determination for all.



Who We Serve, What We Do

Nevada Aging and Disability Services Division provides direct services to people across the lifespan. This includes:

- Children with Disabilities
- Older Adults
- People with Disabilities
- Family Caregivers

The ADSD vision is that Nevadans, regardless of age or ability, will enjoy a meaningful life led with dignity and self-determination. In honor of that vision, ADSD provides services that promote independence and respect for all Nevadans. This includes, but is not limited to:

- In-Home Services
- Caregiver Support Services
- Advocacy Services

Services are offered through ADSD directly as well as in partnership with community organizations.



Office for Consumer Health and Assistance (OCHA)

- **Target Population:** all Nevadans needing assistance with health care.
- Assists consumers of health care and injured workers with understanding their rights and responsibilities under various health care plans and industrial insurance policies.
- OCHA provides education and advocacy to those who have insurance through an:
 - Employer
 - Managed Care
 - Individual Health Policies
 - Employee Retirement Income Security Act
 - Nevada Workers Compensation
 - Medicare or Medicaid
- Access to health care and prescription medication assistance resources are also provided for the uninsured and under-insured.
- Provides arbitrations to resolve disputes between out-of-network health care providers and health plans involving claims of less than \$5,000 for medically necessary emergency services.
- **Contact information:**
(888) 333-1597



Long Term Care Ombudsman Program (LTCO)

- LTCO are advocates for residents in long term care, which includes skilled nursing facilities, residential facilities for groups, homes for individual residential care, day care centers, facilities for long term rehabilitation and providers of living arrangement services.
- LTCO ensure residents in long term care facilities receive quality care and respect. LTCO investigate complaints and conduct regular facility visits, using a person-centered approach.
- **Ombudsman Services:**
 - Assist residents with concerns related to day-to-day care, health, safety, and personal preferences;
 - Provide information to the community regarding long term care in Nevada;
 - Provide education to residents, families, facility staff and others on a variety of issues related to aging, long term care and resident rights; and
 - Provide in-service training for long term care professionals regarding trends and best practices to improve the quality of care for residents.
- **Contact Information:** Helpline 1-888-282-1155



Attorney for the Rights of Older Persons and persons with a Physical Disability, Intellectual Disability or Related Condition

- The office was established in 1989 and is appointed by the Governor. The Rights Attorney provides technical assistance, education and training, and directs legislative and regulatory policy advocacy for the Division.
- In 2017, the Legislature expanded the position to serve all Nevadans across the life span.
- The Rights attorney serves as the State Legal Assistance Developer under 42 U.S.C. §3058j and oversees legal services for older adults (60+) under the Older American's Act funding.
- **Contact Information:**
 - Jennifer Richards, Esq.
 - Email: jrichards@adsd.nv.gov
 - Phone: 775-685-6584



Adult Protective Services (APS)

APS assist vulnerable adults (age 18-59), in addition to persons 60 years and older who are abused, neglected, exploited, isolated, or abandoned by investigating, providing, or arranging for services to alleviate and prevent further maltreatment while safeguarding their civil liberties.

Definition for vulnerable adult, NRS 200.5092: *“Older person” means a person who is 60 years of age or older. “Vulnerable person” means a person 18 years of age or older who: (a) suffer from a condition of physical or mental incapacitation because of a developmental disability, organic brain damage or mental illness; or (b) has one or more physical or mental limitations that restrict the ability of the person to perform the normal activities of daily living.*

Protective services are provided if the individual is willing to accept these services. Services include:

- Investigation
- Evaluation
- Referral to other services
- Investigations begin within 3 working days of a report being received



Adult Protective Services (APS), continued

- **Who can report a case of vulnerable adult abuse?**
- Any person may report an incident of abuse if they have a reasonable cause to believe that a vulnerable adult has been abused, neglected, exploited, isolated, or abandoned. All information received as a result of a report are confidential as outlined under NRS 200.
- **Contact Information:**
 - Phone: Las Vegas/Clark County: (702) 486-6930
 - Statewide/All other areas: (888) 729-0571



Developmental Services

People with Intellectual and Developmental Disabilities

Statewide, ASD has three Regional Centers that provide services to eligible children and adults with a diagnosis of an intellectual disability or a closely related developmental disability occurring before the age of 22 years. Services include:

- Service Coordination
- Psychological Services, including assessments and counseling
- Nursing
- Family Support Services
- Family Preservation Program
- Supported Living Arrangements
- Jobs and Day Training
- Behavioral Consultation
- Nutritional Counseling

Regional Centers:

- Sierra Regional Center – Washoe County
 - Phone: (775) 687-2600
- Desert Regional Center – Urban Clark County
 - Phone (702) 486-7850
- Rural Regional Center – Rural Nevada including rural Clark County
 - Phone (775) 687-5162



Community Based Care (CBC)

Home and community-based services to keep older adults and individuals with physical disabilities in their homes and avoid long-term care placement for as long as possible.

- **Home and Community Based Services (HCBS) Waivers**

- **Frail Elderly (FE) 65+:** Case Management, Adult Companion, Homemaker, Chore, Personal Emergency Response System (PERS), Respite, Social Adult Day Care, and Augmented Personal Care (Residential services).
- **Persons with Physical Disabilities (PD):** Case Management, Assisted Living, Attendant Care, Chore, Environmental Accessibility Adaptations, Homemaker, Home Delivered Meals, PERS, Respite, and Specialized Medical Equipment and Supplies.

- **State Funded Programs:**

- **Community Service Options Program for the Elderly (COPE) 65+:** Case Management, Adult Companion, Attendant Care, Chore, Homemaker, PERS, Respite, and Social Adult Day Care.
- **Personal Assistance Services (PAS):** Case Management, Attendant Care and Respite.
- **Taxi Assistance Program (TAP):** Provides discounted taxicab coupon books to those in need of transportation options in Las Vegas.



Planning, Advocacy and Community Services (PAC) Unit

Responsible for strategic planning, gaps analysis, and coordinating the efforts of state, local, and community partners. The PAC unit plans, implements, and oversees a variety of home and community-based services for older adults, people with disabilities, and family caregivers.

In addition, PAC oversees:

- Nevada 211 – information and referral call center and website
- Relay Nevada – access to telecommunications for persons who are deaf, hard of hearing and speech impaired
- Sign language interpreter registry and interpreter/mentor program
- Senior and Disability Prescription Program



Planning, Advocacy and Community Services (PAC) Unit, continued

Federal grants and state funding account for approximately \$28 million annually to assist Nevadans with their long-term services and supports (LTSS) needs. Services are provided statewide through a network of community partners and include:

- In home services - homemaker, senior companion and home modifications
- Nutrition – congregate meals and home delivered meals
- Transportation – direct services and vouchers
- Caregiver Support – respite, support groups, and education
- Nevada Care Connection – navigation assistance to access LTSS
- Assistive Technology and Independent Living Services
- Medicare Assistance Program – Medicare outreach and counseling
- Legal Assistance – free advice and representation for older adults
- Health Promotion Services – evidence-based programs to promote health aging





AB 35 Bill and Implementation

Revised provisions governing the Senior and Disability Prescription Program

- Removed restrictive language from the statute to allow the program to meet community need.
- Aligned definitions of senior and persons with a disability with NRS 427.
- Currently, program continues to operate as a premium subsidy program for Medicare Part D Beneficiaries
- ADSD is in the process of exploring options, including the transition to a prescription voucher program.
 - Feasibility of program change will be determined by the next legislative session.
 - BDR and budget request



Questions?





Contact Information

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<https://adsd.nv.gov/>



Acronyms

- ADSD – Aging and Disability Services Division
- ABA - Applied Behavior Analysis
- APS – Adult Protective Services
- CBC – Community Based Care
- COPE - Community Service Options Program for the Elderly
- FE – Frail Elderly
- HCBS – Home and Community Based Services
- LTCO – Long Term Care Ombudsman
- LTSS – Long Term Support Services
- OCHA – Office for Consumer Health Assistance
- PAC - Planning, Advocacy and Community Services Unit
- PAS - Personal Assistance Services
- PD - Persons with Physical Disabilities
- PERS - Personal Emergency Response System
- TAP - Taxi Assistance Program