

# Anthem Blue Cross and Blue Shield Healthcare Solutions - HEALTHCARE SERVICES INFORMATION

Location	Medical benefits	Hospitals	Value-added benefits	Obstetrical provider access	Pharmacy	Urgent care	Mental health services
<b>North</b>	<ul style="list-style-type: none"> <li>• Unlimited visits to a primary care doctor you choose</li> <li>• Specialist care</li> <li>• Wellness care and Healthy Kids (EPSDT) services, including childhood immunizations</li> <li>• Urgent and emergent medical care with emergency transportation</li> <li>• Inpatient and outpatient hospital services</li> <li>• Family planning and midwives</li> <li>• Circumcision</li> <li>• Labs and X-rays</li> <li>• 24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish.</li> <li>• LiveHealth Online — “visit” a doctor via online video any time of day or night. Available in English and Spanish.</li> <li>• Free yearly eye exam and medically necessary contacts or glasses</li> <li>• Diabetic care, education, and podiatry services</li> <li>• Physical, occupational, and speech therapy</li> <li>• Home healthcare</li> <li>• Durable medical equipment services and devices</li> <li>• Chronic disease case management and education</li> <li>• Peak flow meters for asthma</li> <li>• Weight-loss surgery</li> <li>• Holistic stop-smoking program</li> <li>• <b>CareMore Care Centers</b> — Personalized care from a team of doctors and providers for members with complex, chronic needs.</li> <li>• Transgender healthcare services</li> <li>• Medical Nutrition Therapy to address nutrition related issues when medically necessary.</li> </ul>	<ul style="list-style-type: none"> <li>• St. Mary’s Regional Medical Center</li> <li>• Renown Medical Center</li> <li>• Renown South Meadows Medical Center</li> <li>• Northern Nevada Medical Center</li> </ul>	<p><b>For living well</b></p> <ul style="list-style-type: none"> <li>• Over \$490 in gift card rewards for completing preventive services</li> <li>• One-year Costco Gold membership</li> <li>• Enhanced adult vision - \$100 for glasses</li> <li>• Fruit and veggie delivery for eligible members</li> <li>• WW® (formerly Weight Watchers) voucher for eligible members</li> <li>• Up to \$100 for gym membership for eligible members</li> <li>• Calm app subscription ages &lt; 18</li> <li>• \$100 of pain management therapy devices for members with chronic conditions</li> <li>• Online fitness program with classes, articles, and resources</li> <li>• Anthem mobile app to manage your health on the go</li> <li>• Emotional wellbeing app for mental health support; ages &gt;13</li> <li>• Flu prevention kit</li> </ul> <p><b>For new and expecting parents</b></p> <ul style="list-style-type: none"> <li>• Baby essentials bundle. New moms pick two:               <ul style="list-style-type: none"> <li>○ Car seat</li> <li>○ Portable crib</li> <li>○ Diapers</li> <li>○ Video baby monitor...and more!</li> </ul> </li> <li>• One month bus pass or \$50 Uber or gas card for parents with kids under age 5</li> <li>• Custom meal prep and delivery for pregnant women and eligible new moms</li> <li>• Electric breast pump</li> <li>• Books for Babies program</li> </ul> <p><b>For kids</b></p> <ul style="list-style-type: none"> <li>• Free tutoring for eligible kids</li> <li>• Boys &amp; Girls Club membership</li> <li>• Gift card to pay for barbershop or salon services and grooming kit for foster children</li> <li>• 4H membership where available</li> </ul> <p><b>For taking the next step</b></p> <ul style="list-style-type: none"> <li>• Industry certification and GED assistance and exams at no cost</li> <li>• \$25 to put toward college application fees for members ages 17 and up</li> <li>• Free laptop and up to \$300 for internet for members transitioning from incarceration and pursuing employment or education</li> <li>• Free cellphone, extra minutes, talk, and text</li> <li>• Life transition kit for eligible members with first aid supplies, dental care supplies, Subway gift card, and emergency blanket</li> </ul>	<ul style="list-style-type: none"> <li>• Large network of obstetricians (OB) to choose from. Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</li> <li>• Nurse case managers offer emotional support, education, and other services</li> <li>• New Baby, New Life<sup>SM</sup> health education and rewards program to help you have a healthy pregnancy with up to \$75 in rewards for doctor visits</li> <li>• Baby &amp; Me — Tobacco Free Program:               <ul style="list-style-type: none"> <li>○ \$25 vouchers to buy diapers and wipes for members who successfully remain tobacco free</li> </ul> </li> </ul>	<p>Prescription and over-the-counter medicines (when prescribed by your doctor).</p> <p>Choose from pharmacies, like:</p> <ul style="list-style-type: none"> <li>• Walmart/Sam’s Club</li> <li>• Smith’s Food &amp; Drug Center</li> <li>• CVS</li> <li>• And more</li> </ul> <p>Or use IngenioRx mail-order pharmacy.</p>	<p>Unlimited access to urgent care at these locations:</p> <ul style="list-style-type: none"> <li>• DispatchHealth Reno, NV. 89502</li> <li>• Pediatric After-Hour Care Reno, NV. 89503</li> <li>• Renown Health Urgent Care, Fallon, NV. 89406</li> <li>• Renown Health Urgent Care Fernley, NV. 89408</li> <li>• Renown Health Urgent Care McCarran, NV. 89434</li> <li>• Renown Health Urgent Care Reno, NV. 89506</li> <li>• Renown Health Urgent Care Reno, NV. 89502</li> <li>• Renown Health Urgent Care Reno, NV. 89521</li> <li>• Renown Health Urgent Care, Reno. NV. 89523</li> <li>• Renown Health Urgent Care Silver Springs, NV. 89429</li> <li>• Renown Health Urgent Care Sparks, NV. 89436</li> <li>• Saint Mary’s Urgent Care Reno. NV. 89521</li> <li>• Saint Mary’s Urgent Care, Reno. NV. 89523</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89511</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89506</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89509</li> <li>• Saint Mary’s Urgent Care, Sparks, NV. 89436</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89523</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89503</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89511</li> <li>• Saint Mary’s Urgent Care Sparks, NV. 89436</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89503</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89503</li> <li>• Saint Mary’s Urgent Care Reno, NV. 89503</li> </ul>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient behavioral health services</li> <li>• Inpatient psychiatric services</li> <li>• Inpatient and outpatient alcohol/substance abuse treatment services</li> <li>• Inpatient alcohol/substance abuse detoxification program</li> <li>• 24-hour mobile crisis team</li> <li>• Partial Hospitalization Program (PHP)</li> <li>• Intensive Outpatient Program (IOP)</li> <li>• Psychosocial Rehabilitation (PSR)</li> <li>• Basic Skills Training (BST)</li> <li>• Individual, family, and group therapy</li> <li>• In-person and telephonic case management</li> <li>• Identification support</li> <li>• 24/7 Psychiatric Urgent Facility (referral needed)</li> <li>• Peer-supported mental health and substance abuse program</li> <li>• Mental health services for patients over 21 with autism</li> </ul>

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South	<ul style="list-style-type: none"> <li>• Unlimited visits to a primary care doctor you choose</li> <li>• Specialist care</li> <li>• Wellness care and Healthy Kids (EPSDT) services, including childhood immunizations</li> <li>• Urgent and emergent medical care with emergency transportation</li> <li>• Inpatient and outpatient hospital services</li> <li>• Family planning and midwives</li> <li>• Circumcision</li> <li>• Labs and X-rays</li> <li>• 24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish.</li> <li>• LiveHealth Online — “visit” a doctor via online video when you need an appointment fast, anytime of day or night. Available in English and Spanish.</li> <li>• Free yearly eye exam and medically necessary contacts or glasses</li> <li>• Diabetic care, education, and podiatry services</li> <li>• Physical, occupational, and speech therapy</li> <li>• Home healthcare</li> <li>• Durable medical equipment services and devices</li> <li>• Chronic disease case management and education</li> <li>• Peak flow meters for asthma</li> <li>• Weight-loss surgery</li> <li>• Holistic stop-smoking program</li> <li>• <b>CareMore Care Centers</b> — Personalized care from a team of doctors and providers for members with complex, chronic needs</li> <li>• Transgender healthcare services</li> <li>• Medical Nutrition Therapy to address nutrition related issues when medically necessary</li> </ul>	<ul style="list-style-type: none"> <li>• Centennial Hills Hospital Medical Center</li> <li>• Desert Springs Hospital</li> <li>• Henderson Hospital</li> <li>• Mountainview Hospital</li> <li>• Southern Hills Hospital and Medical Center</li> <li>• Spring Valley Hospital</li> <li>• Summerlin Hospital Medical Center</li> <li>• Sunrise Hospital and Medical Center</li> <li>• Sunrise Children’s Hospital</li> <li>• University Medical Center</li> <li>• Valley Hospital Medical Center</li> </ul>	<p><b>For living well</b></p> <ul style="list-style-type: none"> <li>• Over \$490 in gift card rewards for completing preventive services</li> <li>• One-year Costco Gold membership</li> <li>• Enhanced adult vision - \$100 for glasses</li> <li>• Fruit and veggie delivery for eligible members</li> <li>• WW® (formerly Weight Watchers) voucher for eligible members</li> <li>• Up to \$100 for gym membership for eligible members</li> <li>• Calm app subscription ages &lt; 18</li> <li>• \$100 of pain management therapy devices for members with chronic conditions</li> <li>• Online fitness program with classes, articles, and resources</li> <li>• Anthem mobile app to manage your health on the go</li> <li>• Emotional wellbeing app for mental health support; ages &gt;13</li> <li>• Flu prevention kit</li> </ul> <p><b>For new and expecting parents</b></p> <ul style="list-style-type: none"> <li>• Baby essentials bundle. 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Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</li> <li>• Nurse case managers offer emotional support, education and other services</li> <li>• New Baby, New Life<sup>SM</sup> health education and rewards program to help you have a healthy pregnancy with up to \$75 in rewards for doctor visits</li> <li>• Baby &amp; Me — Tobacco Free Program:             <ul style="list-style-type: none"> <li>○ \$25 vouchers to buy diapers and wipes for members who successfully remain tobacco free</li> </ul> </li> </ul>	<p>Prescription and over-the-counter medicines (when prescribed by your doctor).</p> <p>Choose from pharmacies, like:</p> <ul style="list-style-type: none"> <li>• Walmart/Sam’s Club</li> <li>• Smith’s Food &amp; Drug Center</li> <li>• CVS</li> <li>• And more</li> </ul> <p>Or use IngenioRx mail-order pharmacy.</p> <p>Bedside delivery of medications delivered to you when you get out of the hospital.</p>	<p>Unlimited access to urgent care at these locations:</p> <ul style="list-style-type: none"> <li>• CareNow Urgent Care Henderson, NV. 89052</li> <li>• CareNow Urgent Care Henderson, NV. 89014</li> <li>• CareNow Urgent Care Henderson, NV. 89015</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89129</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89102</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89103</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89031</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89147</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89141</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89183</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89142</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89139</li> <li>• CareNow Urgent Care North Las Vegas, NV. 89032</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89113</li> <li>• CareNow Urgent Care North Las Vegas, NV. 89031</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89117</li> <li>• CareNow Urgent Care Henderson, NV. 89012</li> <li>• CareNow Urgent Care, Las Vegas, NV. 89141</li> <li>• CareNow Urgent Care Las Vegas, NV. 89115</li> <li>• Doctoroo (mobile), Las Vegas, NV. 89119</li> <li>• Sahara West Urgent Care &amp; Wellness, Las Vegas, NV. 89146</li> <li>• UMC Blue Diamond Quick Care, Las Vegas, NV. 89139</li> <li>• UMC - Enterprise Quick Care Center, Las Vegas, NV. 89106</li> <li>• UMC - Enterprise Quick Care Center, Las Vegas, NV. 89102</li> <li>• UMC Enterprise Quick Care Henderson, NV. 89014</li> <li>• UMC Nellis Quick Care Las Vegas, NV. 89110</li> <li>• UMC Peccole Quick Care Center, Las Vegas, NV. 89117</li> <li>• UMC Rancho Quick Care Las Vegas, NV. 89130</li> <li>• UMC Spring Valley Quick Care, Las Vegas, NV. 89103</li> <li>• UMC Spring Valley Quick Care, Las Vegas, NV. 89149</li> <li>• UMC Summerlin Quick Care Las Vegas, NV. 89128</li> <li>• UMC Sunset Primary Care, Las Vegas, NV. 89141</li> <li>• Urgent Care Extra Nevada Henderson, NV. 89052</li> <li>• Urgent Care Extra Nevada Henderson, NV. 89014</li> <li>• Urgent Care Extra Nevada Las Vegas, NV. 89103</li> <li>• Urgent Care Extra Nevada Las Vegas, NV. 89102</li> <li>• Urgent Care Extra Nevada Las Vegas, NV. 89129</li> </ul>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient behavioral health services</li> <li>• Inpatient psychiatric services</li> <li>• Inpatient and outpatient alcohol/substance abuse treatment services</li> <li>• Inpatient alcohol/substance abuse detoxification program</li> <li>• 24-hour mobile crisis team</li> <li>• Partial Hospitalization Program (PHP)</li> <li>• Intensive Outpatient Program (IOP)</li> <li>• Psychosocial Rehabilitation (PSR)</li> <li>• Basic Skills Training (BST)</li> <li>• Individual, family, and group therapy</li> <li>• In-person and telephonic case management</li> <li>• Identification support</li> <li>• Beds available daily at Salvation Army for men and women referred by Wellcare Services</li> <li>• 24/7 Psychiatric Urgent Facility (referral needed)</li> <li>• Peer-supported mental health and substance abuse program</li> <li>• Mental health services for patients over 21 with autism</li> </ul>