

Brian Sandoval
Governor

Richard Whitley, MS
Director



Cody L Phinney, MPH
Administrator

Leon Ravin, MD
Acting Chief Medical Officer

Network of Care for Public Health and Wellness

Department of Health and Human Services
Division of Public and Behavioral Health

Legislative Committee on Health Care (LCHC)
March 23, 2016

Exhibit R - HEALTH CARE
Document consists of 16 pages.
Entire exhibit provided.
Meeting Date: 03-23-16

Prepared & Presented by: Julia Peek, MHA
Deputy Administrator, Community Services



About the Network of Care

- The Network of Care for Public Health Assessment and Wellness is provided in partnership with the National Association of County and City Health Officials (NACCHO) and is funded through multiple grants at the DPBH.
 - “This is a revolutionary way to create change and improve health locally!”
 - Carol Moehrle, President of NACCHO
- Trilogy Integrated Resources is a California-based Internet company that focuses on providing access to high-quality information and community-based programs in the health and human services arena.



About the Network of Care

- Enables local public-health departments to quickly distribute vital health information to individuals and families at the ground level.
- Maximizes the value of local, state and national health data to determine needs and support consumers and communities.



About the Network of Care

- Integrates NACCHO's Model Practices and CDC Interventions with each Health Indicator to spur positive change.
- Keeps the community in touch with the latest developments via the Network of Care's Learning Centers; Library; daily Nationwide News; Social Networking platform; Community Calendars; Personal Health Records, and advocacy tools.



About the Network of Care

- Equips policy makers and consumers to analyze integrated sets of data and bring complex community-health issues into focus.
- Offers statewide, interactive geo-mapping of all Health Indicators by county.



Accessing the Network of Care

Nevada's Network of Care

- Network of Care website



- CarsonCity.nv
- Churchill.nv
- Clark.nv
- Douglas.nv
- Elko
- Esmeralda.nv
- Eureka.nv
- Humboldt.nv
- Lander.nv
- Lincoln.nv
- Lyon.nv
- Mineral.nv
- Nye.nv
- Pershing.nv
- State.nv
- Storey.nv
- Washoe.nv
- WhitePine.nv

- [http://dpbh.nv.gov/Programs/OPHIE/PublicHealth Informatics and Epidemiology - Home/](http://dpbh.nv.gov/Programs/OPHIE/PublicHealthInformaticsandEpidemiology-Home/)



Navigating

Network of Care Home Health Data Model Practices Library Links Legislate My PHR

Type your keywords here

Visit Our Other Sites »

HEALTHY NEVADANS 2020

State of Nevada

Public Health Assessment and Wellness

Community Health Data

See how your area compares to the state and the national target.

Filter by Priority: [Color Scale] View

Indicator Map

LEARNING CENTER

Depression Substance Use PTSD Grief / Grieving Stress

County Health Rankings
Mobilizing Action Toward Community Health

NATIONWIDE NEWS

MICHIGAN AMONG STATES WITH PISTACHIO SALMONELLA CASES
3/10/2016
[Read Article »](#)

DRUG OVERDOSE DEATHS SURGE AMONG YOUNG WOMEN, PITT STUDY SHOWS
3/10/2016
[Read Article »](#)

[news archive](#)

WELLNESS RECOVERY ACTION PLANNING (WRAP)

SEARCH CLINICAL TRIALS

Welcome to Nevada's Network of Care for Public Health Web site, a resource for individuals, families and professionals concerned with Nevadan's health and well-being. This Web site enables the Nevada Division of Public and Behavioral Health to quickly distribute vital health information to individuals and families at the ground level; maximizes the value of local, state and national health data to determine needs and support consumers and communities; equips policy makers and consumers to analyze integrated sets of data and bring complex community-health issues into focus; integrates NACCHO's Model Practices and CDC Interventions with each Health Indicator to spur positive change; offers statewide, interactive geo-mapping of all Health Indicators by county; and, keeps the

Choose an indicator to see the full list.



Categories

- Chronic Disease and Conditions
- Heart Disease and Stroke
- Demographics
- Health Behaviors
- Health Care
- Health Care Resources
- Health Outcomes
- Health Risk Factors
- Infectious Disease
- Injury and Violence
- Maternal and Infant Health
- Mental Health and Substance Use
- Occupational Health and Safety
- Oral Health
- Physical Environment
- Population
- Prevention Through Healthcare
- Social Determinants of Health
- Women's Health



Example – Heart Disease Deaths



Change Language

Large Print

Chronic Disease and Conditions

Demographics

Health Behaviors

Health Care

Health Care Resources

Health Outcomes

Health Risk Factors

Infectious Disease

Injury and Violence

Maternal and Infant Health

Mental Health and Substance Abuse

Oral Health

Population

Prevention Through Healthcare

Social Determinants of Health

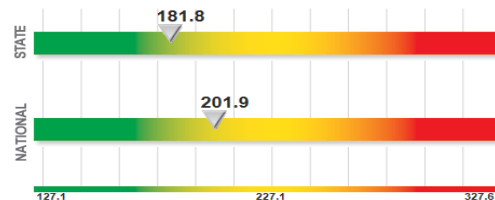
Women's Health

Public Health Assessment and Wellness

[All data >](#)

Heart Disease Deaths (Per 100,000) Nevada

Measurement Period: 2007-2013



[learn more about the color range](#)

Heart disease death rate

Numerator

Number of persons with heart disease as the underlying cause of death.

Population

All persons

2007-2013 - DIMENSIONS >

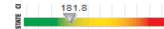
HISTORICAL DATA >

INTERVENTIONS >

METHODOLOGY >

REFERENCES >

Data Source



RELATED INDICATORS >

MODEL PRACTICES (797) >

[Greater Kansas City Food Handler Training Reciprocity Agreement \(2014\)](#)

[Los Angeles County Health Survey \(2012\)](#)

[Tri-County Chronic Disease Management program \(2013\)](#)

[REACH \(Racial and Ethnic Approaches to Community Health\) 2010: The Genesee County \(Michigan\) Infant Mortality Reduction Initiative \(2008\)](#)

Related Content

COUNTY INDICATORS (1) >

LINKS / SUPPORT & ADVOCACY (10) >



Indicator Interventions

INTERVENTIONS

- [Behavioral Counseling in Primary Care to Promote a Healthy Diet](#)
- [Screening for High Blood Pressure](#)
- [Screening for Lipid Disorders in Adults](#)
- [Screening for Lipid Disorders in Adults](#)
- [Screening for Lipid Disorders in Adults](#)
- [Screening for Lipid Disorders in Adults](#)
- [Healthy Youth! Nutrition](#)
- [Dietary Guidelines for Americans 2005](#)
- [Obesity Prevention and Control: Technology-Supported Multicomponent Coaching or Counseling Interventions to Reduce Weight and Maintain Weight Loss](#)
- [Worksite Programs to Control Overweight and Obesity](#)
- [Behavioral and Social Approaches to Increase Physical Activity: Social Support Interventions in Community Settings](#)
- [Behavioral and Social Approaches to Increase Physical Activity: Individually-adapted Health Behavior Change Programs](#)
- [Behavioral and Social Approaches to Increase Physical Activity: Enhanced School-based Physical Education](#)
- [Campaigns and Informational Approaches to Increase Physical Activity: Community-wide Campaigns](#)
- [Environmental and Policy Approaches to Increase Physical Activity: Community-Scale Urban Design Land Use Policies & Practices](#)
- [Environmental and Policy Approaches to Increase Physical Activity: Creation of or Enhanced Access to Places for Physical Activity Combined with Informational Outreach Activities](#)
- [Environmental and Policy Approaches to Increase Physical Activity: Point-of-decision Prompts to Encourage Use of Stairs](#)
- [Environmental and Policy Approaches to Increase Physical Activity: Street Scale Urban Design Land Use Policies & Practices](#)
- [Behavioral and Social Approaches to Increase Physical Activity: Social Support Interventions in Community Settings](#)

METHODOLOGY

REFERENCES

The Guide to Community Preventive Services
THE COMMUNITY GUIDE
What Works to Promote Health

Community Preventive Services Task Force

Home Task Force Findings Topics Use The Community Guide Methods Resources News About Us

Home » Topics » Obesity » Interventions in Community Settings » Obesity Prevention and Control: Worksite Programs

Obesity

Provider-Oriented Interventions in Community Settings

- Summary of Findings
- Behavioral Interventions to Reduce Screen Time
- Technology-Supported Interventions
- Worksite Programs
- School-Based Programs
- Supportive Materials
- Archived Reviews

Publications

Obesity Prevention and Control: Worksite Programs

Worksite nutrition and physical activity programs are designed to improve health-related behaviors and health outcomes. These programs can include one or more approaches to support behavioral change including informational and educational, behavioral and social, and policy and environmental strategies.

Summary of Task Force Recommendations and Findings

The Community Preventive Services Task Force recommends worksite programs intended to improve diet and/or physical activity behaviors based on strong evidence of their effectiveness for reducing weight among employees.

About the Intervention

- Informational and educational strategies aim to increase knowledge about a healthy diet and physical activity. Examples include:
 - Lectures
 - Written materials (provided in print or online)
 - Educational software
- Behavioral and social strategies target the thoughts (e.g., awareness, self-efficacy) and social factors that effect behavior changes. Examples include:
 - Individual or group behavioral counseling
 - Skill-building activities such as cue control
 - Rewards or reinforcement
 - Inclusion of co-workers or family members to build support systems
- Policy and environmental approaches aim to make healthy choices easier and target the entire workforce by changing physical or organizational structures. Examples of this include:
 - Improving access to healthy foods (e.g. changing cafeteria options, vending machine content)
 - Providing more opportunities to be physically active (e.g. providing on-site facilities for exercise)
- Policy strategies may also change rules and procedures for employees such as health insurance benefits or costs or money for health club membership.
- Worksite weight control strategies may occur separately or as part of a comprehensive worksite wellness program that addresses several health issues (e.g., smoking cessation, stress management, cholesterol reduction).

Results from the Systematic Review

Forty-seven studies qualified for the review and included three outcome measures: body mass

Get Email Updates
Submit your email address to get updates on the Community Guide topics of interest.

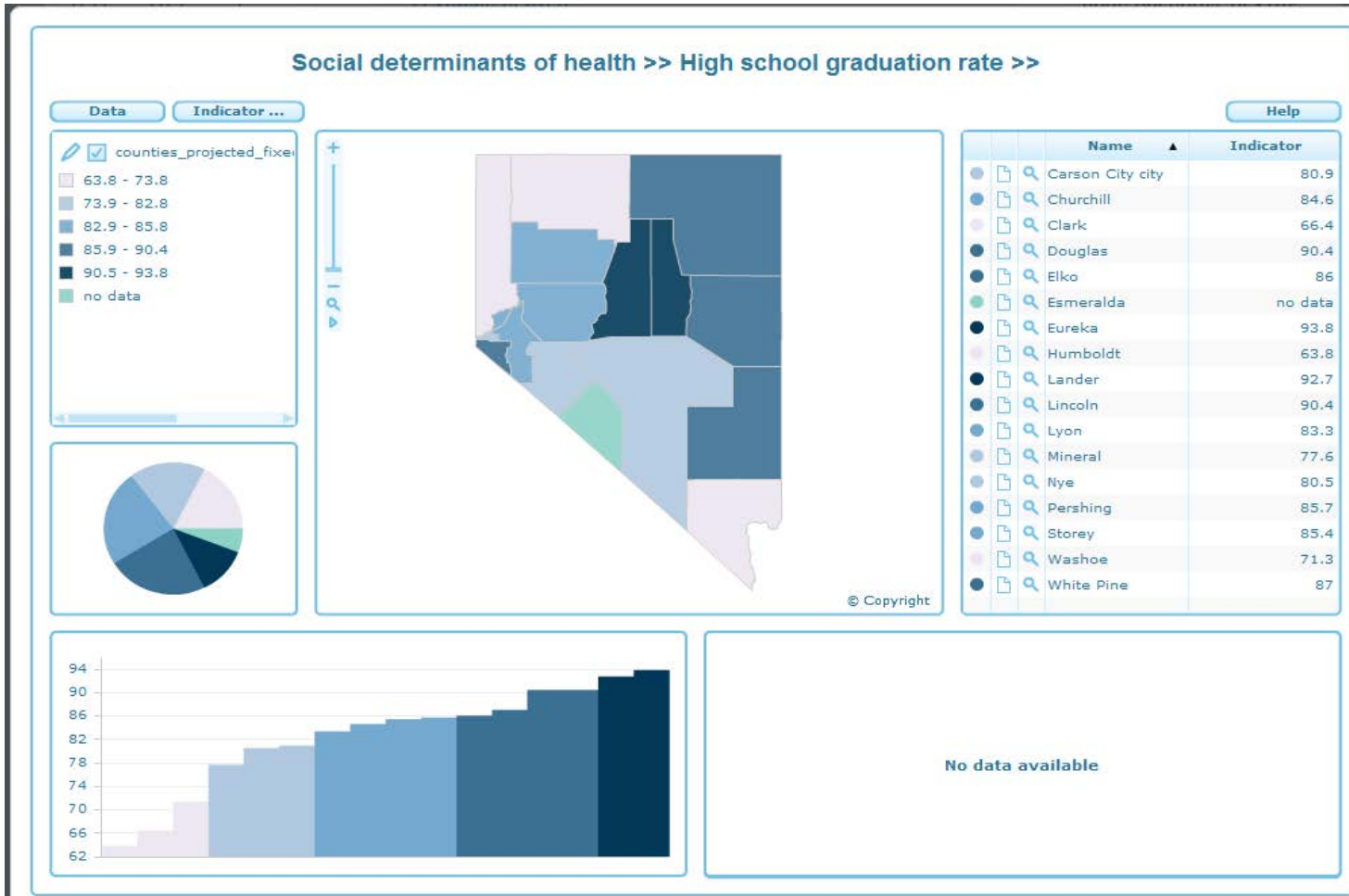
Find Research-Tested Intervention Programs (RTIPs) that use this intervention

Partners
PLA.N.E.T.
2010-2014, 2016-2019
2010-2014, 2016-2019
with Endorsing Agency Seal

Contact Us
Email
Address



Interactive Geo-mapping





NACCHO Model Practices

Public Health Assessment and Wellness

Model Practices

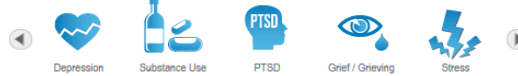
Our Model Practices database is provided and maintained by the National Association of City and County Health Officials (NACCHO). The database includes Model and Promising Practices. Model Practices meet the following criteria: LHD role, collaboration, innovation, responsiveness and evaluation. Promising Practices meet the following criteria: LHD role, collaboration, innovation and responsiveness, in addition to some qualitative and quantitative evidence that the practice improves health outcomes. A Promising Practice exhibits the potential to become a Model Practice.

Filter By: Keyword: <input type="text"/> State: All Type: All Year: All Filter Results: 797					
Year	Program Name	Organization	State	Type	Categories
2008	Sitka Health Summit: Working Together for a Healthier Sitka	Sitka Public Health Center	AK	Promising	Community Assessment
2007	POWER Teen Clinic	Municipality of Anchorage/Department of Health and Human Services	AK	Promising	
2011	Clean Sweep Program	Jefferson County Department of Health/Alabama Public Health Area 4	AL	Model	Community Involvement
2011	Establishing a More Livable Community Through Community Collaboration	Jefferson County Department of Health/Alabama Public Health Area 4	AL	Model	Environmental Public Health Tracking
2008	Health Officers Award of Excellence	Jefferson County Department of Health/Alabama Public Health Area 4	AL	Promising	Food Safety
2007	Smokefree food establishments in Jefferson County, AL	Jefferson County Department of Health/Alabama Public Health Area 4	AL	Model	Adolescent Health



Learning Center

LEARNING CENTER



Public Health Assessment and Wellness

Library » Learning Center - Smoke Free

Getting Healthy - Smoke Free

When you're craving tobacco, it's hard to focus on quitting. Preparing yourself before you quit can help. Before you quit, get ready for a life without nicotine.

The categories below can help you find the information you want.

- ▶ GET THE FACTS
- ▶ TRACKING YOUR PROGRESS
- ▶ HOW DO YOU STACK UP
- ▶ QUICK TIPS FOR SUCCESS
- ▶ TAKING ACTION
- ▶ MEDICATIONS
- ▶ PERSONAL STORIES
- ▶ SUPPORT GROUPS
- ▶ MAKING THE RIGHT DECISIONS

Public Health Assessment and Wellness

[Add To Favorites in PHR](#)

Quitting Smoking: Getting Support

Introduction

You've made a big decision. You're going to quit smoking.

Quitting is hard, and you probably know this. Maybe you've quit before. If so, that's normal. Most people quit many times.

What can you do to make it more likely that you'll kick the habit for good?

One important part of quitting smoking is getting help from those around you. Your family, friends, coworkers, and community groups all can help you.

The following information also applies if you use other tobacco products, such as chew or snuff.

- Tell people that you're trying to quit. Don't hide your attempt because you're afraid people will see you fail. Most people know how hard it is to quit smoking and that many smokers have to try several times before they succeed.
- Support can help you quit smoking, and experts recommend getting support from friends, family, and coworkers. Former smokers can often offer advice and inspiration.
- Support comes in many forms. It can be positive words and actions, helpful tips, or gentle reminders to stay on track.

How can your family and friends help you?

Before anybody can help you quit smoking, you have to ask for help. Many people are wary of helping. They may feel that asking how you are doing is the same as nagging you and that this may make it harder for you to quit.

Tell people that you're quitting and that you want their support. Make clear

Related Content

LIBRARY (26)

- [Smoking Triggers](#)
- [Smoking: Problems With Pregnancy](#)
- [Track Your Smoking](#)
- [Smoking Fewer Cigarettes](#)
- [Quit-Smoking Programs](#)
- [Comparing Stop-Smoking Medicines](#)
- [Smoking and Stroke Risk](#)
- [Ned's Story: Quitting Smoking](#)

DECISION POINTS (1)

TAKE ACTION (4)

TESTS, SURGERIES, AND TREATMENTS (1)

MEDICATIONS (10)

[Bupropion \(Zyban\) for Quitting Smoking](#)
Discusses bupropion (Zyban or Wellbutrin), medicine to help you quit smoking by reducing your craving for tobacco. Covers how well it works and side effects. Also covers risks related to taking bupropion.

[varenicline](#)
Varenicline is a smoking cessation medicine. It is used together with behavior modification and counseling.

COUNTY INDICATORS (11)

LINKS / SUPPORT & ADVOCACY (8)

FORUMS (12)



Personal Health Record

- Use the Personal Health Record (PHR) to organize and store important medical and healthcare-related information. Create folders for yourself, family members, or others you care for.
- The information placed here is stored on a secure, Verisign-encrypted server, the same type of security used in online banking. Unlike the medical files you may keep at home, your Network of Care PHR is available whenever and wherever you need it.



Legislative Resource

- Search for or track state or federal bills
- Find your elected officials
- Voter registration
- Nevada Legislative Calendar
- Nevada Legislative Process – Making Law 101



Contact Information

Julia Peek, MHA

Deputy Administrator, Community Services
Division of Public and Behavioral Health
Department of Health and Human Services

jpeek@health.nv.gov

775-684-4192