

Public Health Response to Teen Pregnancy in Nevada

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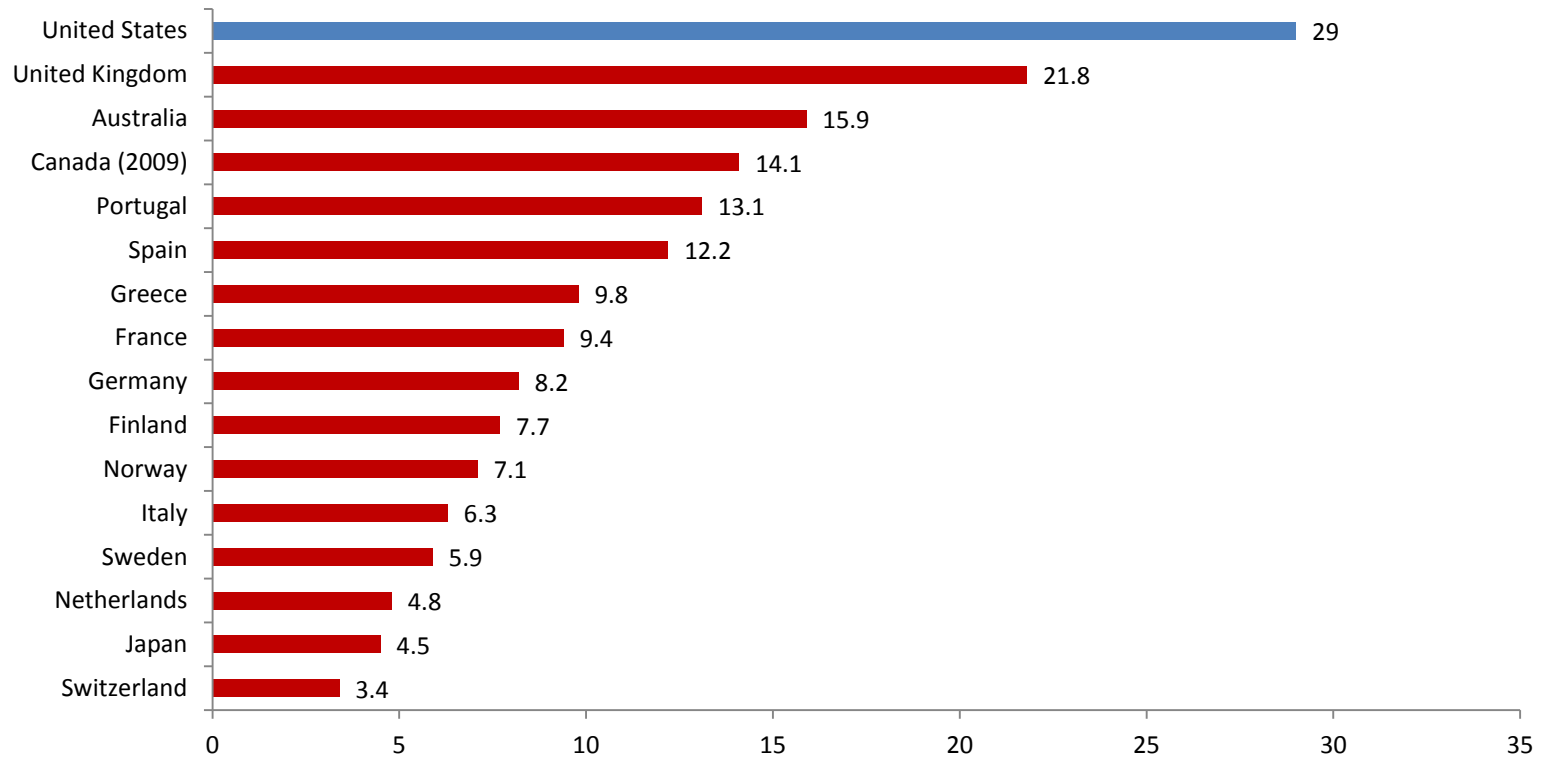
Chief

Bureau of Child, Family, and Community Wellness
Nevada Division of Public and Behavioral Health

EXHIBIT R Health Care
Document consists of 26 pages.
Entire exhibit provided.
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Teen Birth Rates (By Country)

Teen Birth Rates, by Country



As of 2012, the birth rate among U.S. teen females (age 15-19) was 29 births per 1,000 females of this age range*

Teen Birth Rate

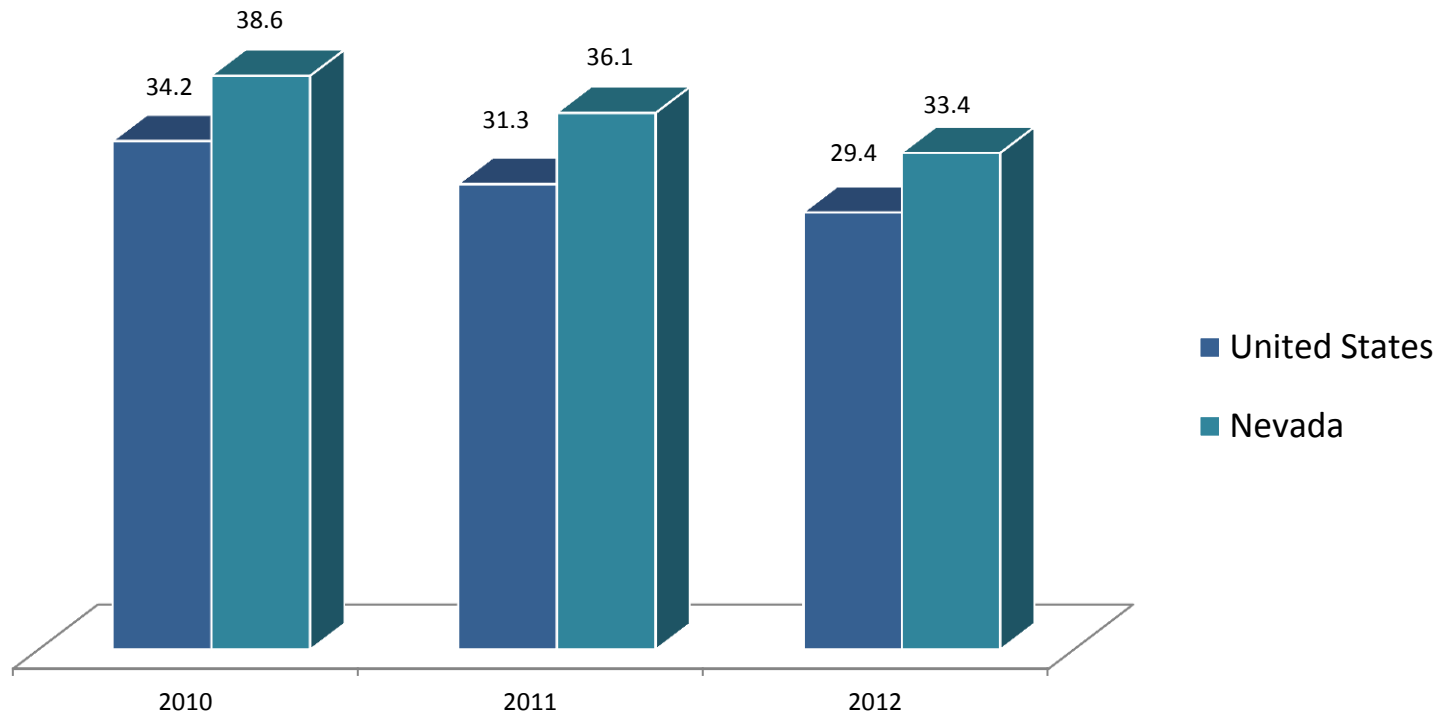
Nevada vs. United States

- In 2012, the majority of teen births in the U.S. were to females between 18-19 years of age (CDC, 2013).
- The majority of teen births in Nevada were to females residing in **Clark County**, followed by **Washoe County** and the Rurals.
- The majority of teen births were to unmarried females.

Teen Birth Rate

Nevada vs. United States

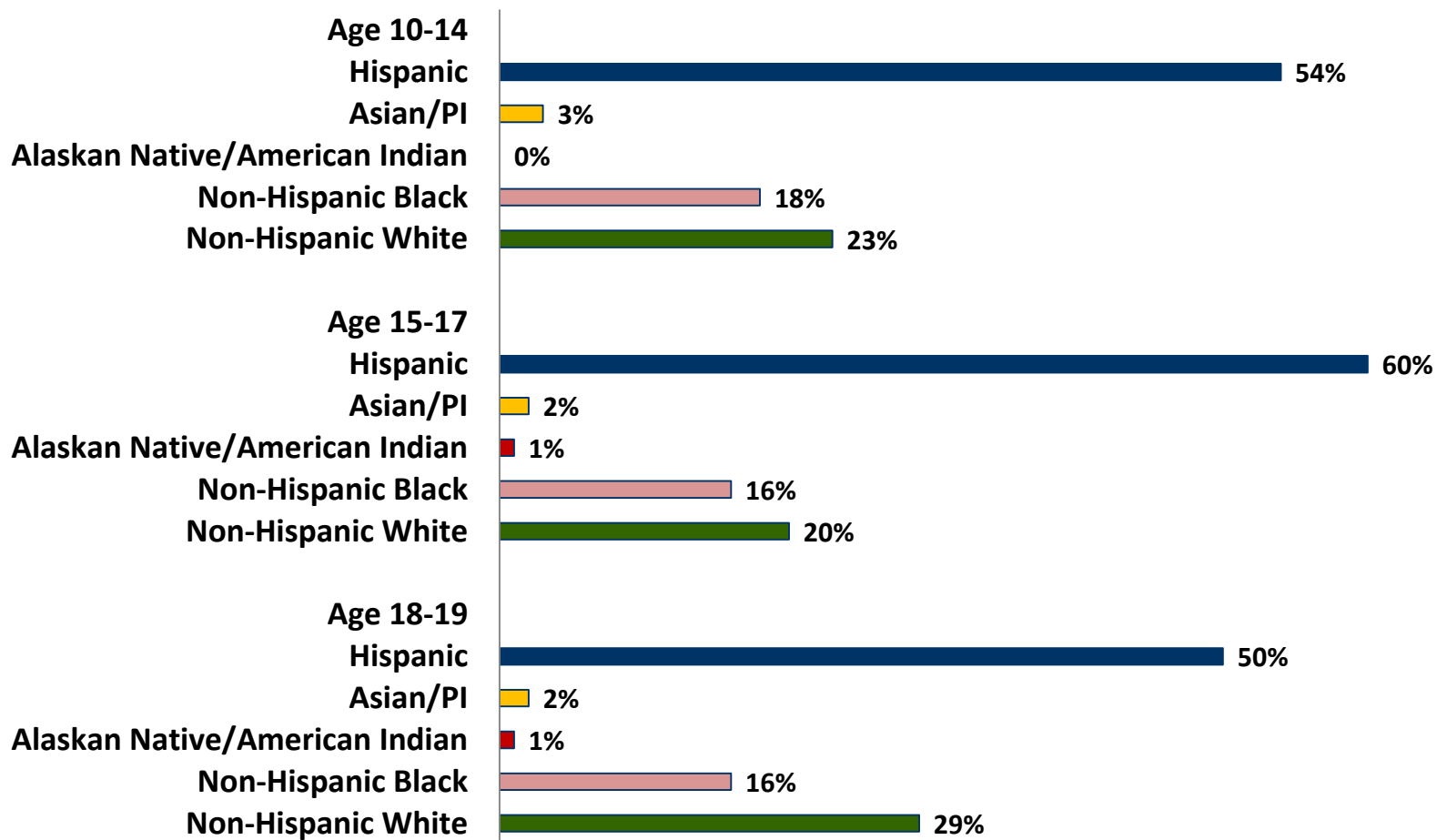
Teen Birth Rate, by Year (Ages 15-19)



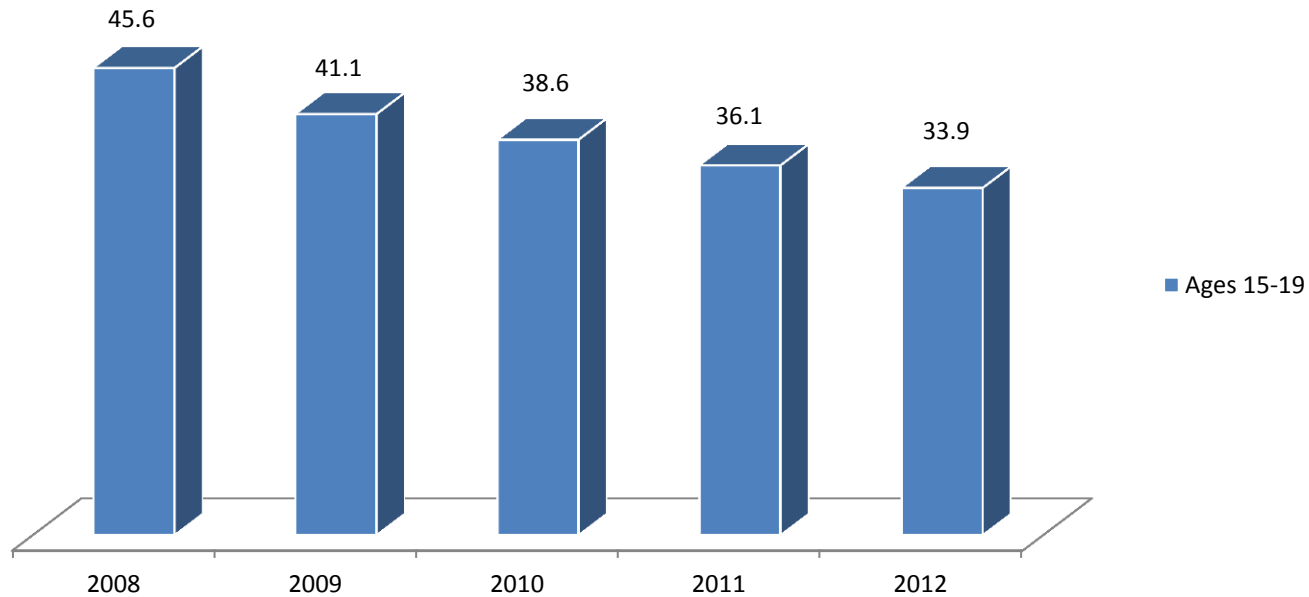
Note: Birth rate is the number of events per 1,000 females, ages 15-19. Source: CDC National Vital Statistics Reports (2012)

Teen Births - Nevada

(By Racial/Ethnic Groups, 2011)



Nevada: Teen Birth Rate (2008-2012)



Note: Birth rate is the number of events per 1,000 females in the age-specified categories.

Teen Birth

- **Eight teens give birth every day in Nevada.**
- In 2011, **3,048** Nevadans between the **ages of 15 and 19** gave birth.
- **621 of those births—about 20 percent of the total—were not the teen's first.**
- Nevada had the **15th highest** teen birth rate in the United States in 2011.
- Between 2007 and 2011, the state's teen birth rate **declined by 30 percent.**

Unintended Pregnancy

- Goal of Healthy People 2020 - To reduce unintended pregnancy by 10% over the next 10 years.
- Unintended pregnancy rates among teens (who are sexually active) is **more than twice** the rate of all females between 15-44 years.

Why It Matters – The public cost of teen Childbearing in NV in 2008

- \$8 million for public health care
- \$11 million for child welfare
- \$14 million for higher rates of incarceration
- \$30 million in lost tax revenue in NV due to lower earnings and spending

Nevada State Health Division Adolescent Health Program

Nevada Division of Public and Behavioral Health Adolescent Health Program

Federal Funding

U.S. Department of Health and Human Services
Administration on Children, Youth and Families (ACYF)
Family and Youth Services Bureau (FYSB)

Nevada Division Of Public and Behavioral Health

Adolescent Health Program

Focus Areas

- (1) Abstinence Education Grant Program (AEGP)
- (2) State Personal Responsibility Program (PREP)
- (3) Adolescent Health Profile

State Abstinence Education Grant Program

- Target group: Adolescents ages 9-12, with priority given to youth in foster care.
- Goal: Provide evidence-based, medically accurate education to create awareness about the unintended consequences resulting from sexual activity - to reduce teen pregnancy and exposure to STDs and HIV/AIDS.

AEGP Activities

- AEGP providers include
 - ❖ Carson City Health and Human Services
 - ❖ Elko Family Resource Center
 - ❖ Quest Counseling and Consulting in Reno
- All providers use the evidence-based program Promoting Health Among Teens-Abstinence Only.

AEGP Activities

- AEGP providers conduct classes in the community at Boys and Girls clubs.
- Quest Counseling is a substance abuse treatment facility and conducts their classes on-site.
- Carson City Health and Human Services has recently begun teaching classes at Silver State Charter School (middle school) and China Springs Youth Camp.

AEGP Activities

- The AEGP has a match requirement. The program meets this requirement with in-kind support from the Nevada Broadcaster's Association, which provides radio and television air time for abstinence commercials.
- There are approximately 3,000 radio spots and 500 TV spots aired monthly statewide.
- A new media campaign is being developed with a "Parents Talk To Your Kids" theme that will include a variety of topics in addition to abstinence.

State Personal Responsibility Program (PREP)

Target group: Sexually experienced adolescents, ages 13-18 years old

Goal: Provide evidence-based, medically accurate, sexual education including:

- Abstinence from sexual activity
- Contraception
- Three adulthood preparation topics to reduce teen pregnancy and exposure to STIs and HIV/AIDS in this high-risk population

State Personal Responsibility Program (PREP)

Adulthood Preparation Topics

- (1) Healthy Relationships
- (2) Adolescent Development
- (3) Healthy Life Skills

State Personal Responsibility Program (PREP)

Additional Adulthood Preparation Topics

- (1) Education and Career Success
- (2) Financial Literacy
- (3) Parent-Child Communication

State Personal Responsibility Program (PREP)

Sub-awardees

- (1) Planned Parenthood of the Rocky Mountains,
Las Vegas
- (1) Planned Parenthood Mar Monte, Reno
- (2) Elko Family Resource Center

PREP Activities

- Planned Parenthood of the Rocky Mountains and Planned Parenthood Mar Monte use the evidence-based curriculum “¡Cuidate!”, which is targeted to Hispanics.
- Elko Family Resource Center uses the evidence-based curriculum “Promoting Health Among Teens-Comprehensive.”

PREP Activities

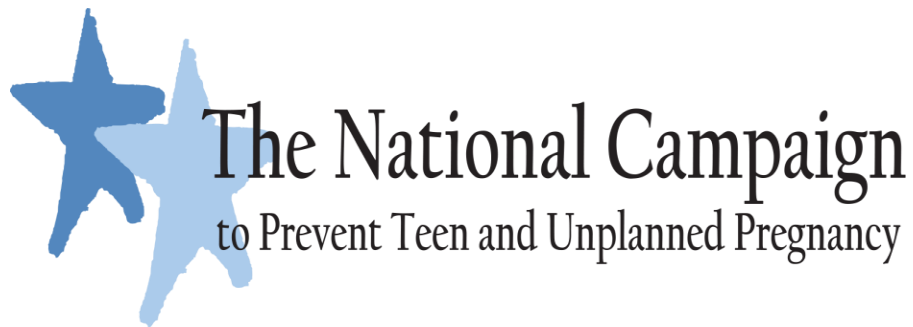
- Planned Parenthood Mar Monte in Reno conducts classes in a variety of community settings, including the Boys and Girls Club, Adolescent Treatment Center, Rainshadow Charter School, and Children's Cabinet.

PREP Activities

- Planned Parenthood of the Rocky Mountains conducts classes in client's homes.
- This unique method of delivery was developed as a result of Planned Parenthood's established "Promotores de Salud" program.
- This partnership allowed for a successful implementation of "¡Ciudate!" in a historically inaccessible community in Las Vegas.

PREP Activities

- Elko Family Resource Center of Northeastern Nevada is the newest PREP provider.
 - ❖ Their first classes began in January 2014. They will provide Promoting Health Among Teens-Comprehensive classes in Elko and Humboldt counties.
- The process is underway to include Carson City Health and Human Services in PREP.



Nevada participates in the Campaign's State and Local Action Advisory Group

Goals:

STRENGTHEN a culture of personal responsibility regarding sex, getting pregnant, and bringing children into the world, as well as strengthening the practice of always using contraception when you aren't ready to have a child.

SUPPORT responsible policies that will increase the use of contraception, particularly by those who cannot afford it and by those at greatest risk for having an unplanned pregnancy.

PROVIDE more education to teens, parents, and young adults in their 20s that encourages them to take sex and pregnancy seriously, stresses personal responsibility and respectful relationships, and includes extensive information about contraception.