

# Children's Mental Health Services in Nevada

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Division of Child and Family Services



EXHIBIT F - Health Care  
Document consists of 23 pages.  
Entire Exhibit provided.  
Meeting Date 11-21-13

# What does the oversight of Children's Mental Health in Nevada look like? (Statutorily Mandated)

- Commission on Behavioral Health NRS Chapter 433
- Clark, Washoe and Rural Children's Mental Health Consortiums NRS 433B



# What are some possible funding sources for Children's Mental Health in Nevada?

## Government Funding

- Nevada Medicaid – Fee For Service or HMO
- Nevada Checkup
- Title XX Federal Grant (DCFS Only)
- Children's Mental Health Services Federal Grant (DCFS Only)
- Victims of Crime Federal Grant
- Substance Abuse Treatment Prevention Act
- County Clinical Units and County General Funds
- State General Funds

## Private Funding

- Private Insurance
- Corporate and/or private donors
- Self-Pay



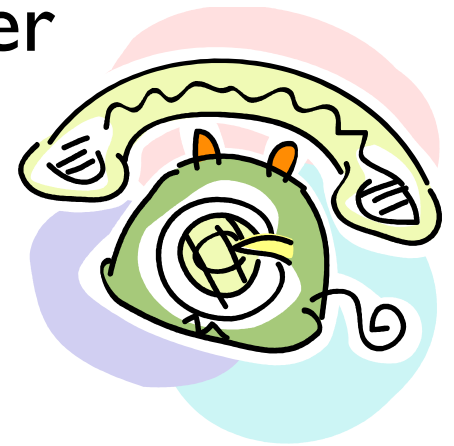
# Who are the Children's Mental Health Providers in Nevada?

Where you receive children's mental health services in Nevada is based on the funding source.

- Private Insurance Provider
- Private Insurance PPO providers
- Private Insurance HMO providers
- Nevada Medicaid Fee For Service Behavioral Health Networks
- Nevada Medicaid HMO Providers
- Nevada Check-up HMO Providers
- Private for Profit Providers
- Private not for Profit Community Centers or Family Resource Centers
- **State Providers- DCFS;DPBH**
- County Providers – Clinical Units within the Child Welfare/Child Protection and Juvenile Justice Programs

# How do I get help for my child?

- Contact your insurance provider for a list of approved behavioral health services and providers
- Contact a school counselor
- Ask your family physician
- Contact the crisis call center
- Contact DCFS





# **Division of Child and Family Services Children's Mental Health**

❖ Northern Nevada Child and Adolescent Services  
(NNCAS)

❖ Southern Nevada Child and Adolescent Services  
(SNCAS)



# **Division of Child and Family Services Children's Mental Health**

**Northern Nevada Child & Adolescent  
Services**

**2655 Enterprise Road, Reno, NV 89512**

- Early Childhood Mental Health Services
- Outpatient Mental Health Services
- Wraparound in Nevada- North and Rural
- Family Learning Homes
- Adolescent Treatment Center

# **Division of Child and Family Services Children's Mental Health**

## **Southern Nevada Child and Adolescent Services**

### **Four Neighborhood Clinics that include:**

- Early Childhood Outpatient Services
- Child and Adolescent Outpatient Services
- Wraparound in Nevada

### **West Charleston Campus:**

- Oasis Treatment Homes
- Dessert Willow Treatment Center



## **Who we are and what do we do!**

DCFS Children's Mental Health is one of many providers within the State of Nevada and we offer the following:

- Community-Based Services
- Treatment Homes
- Psychiatric Hospital and Residential Treatment Center
- Performance and Quality Improvement

# Division of Child and Family Services

## Children's Mental Health

### Referral Sources

- Self referral
- Hospitals
- Schools
- Child Welfare Agencies
- Probation and Parole Agencies

*Any person that calls will be assisted by an intake coordinator in finding a provider if DCFS is unable to provide services.*

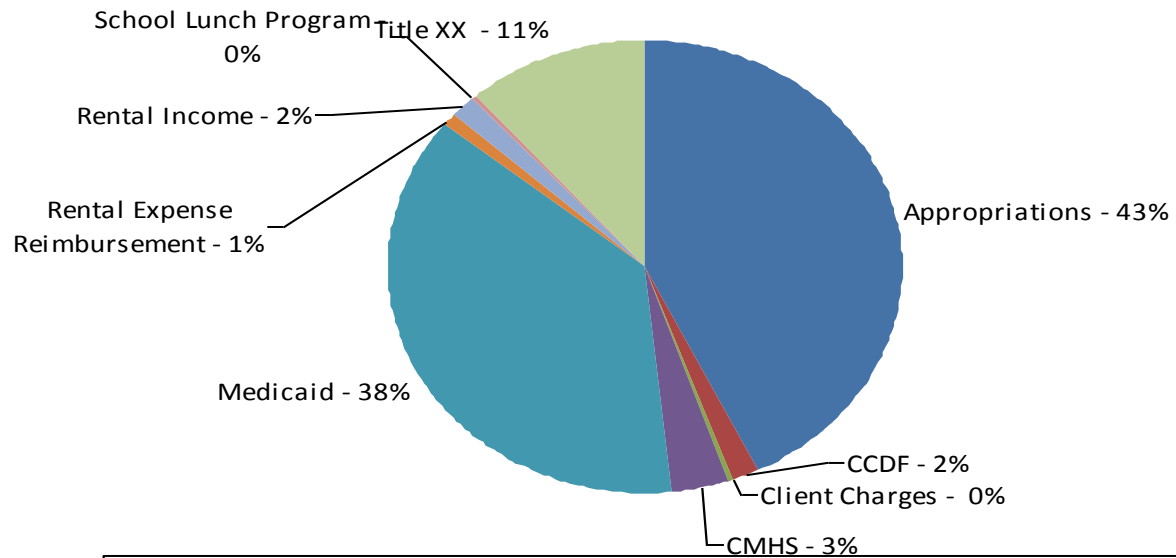
# **Division of Child and Family Services Children's Mental Health**

## **Community Partnership Examples**

- Provide counselors for community disaster teams
- Participate on each regional consortia
- Provider Support Team for specialized foster care
- Wraparound expansion for juvenile justice
- Early Childhood Consultation
- University Nevada Reno School of Medicine Psychiatric Fellowship Program

# What are the funding sources for DCFS' Children's Mental Health?

**DCFS Children's Mental Health Funding  
Budget Accounts 3281 & 3646**



■ Appropriations - 13,837,844	■ CCDF - 538,651
■ Client Charges - 136,624	■ CMHS -1,132,749
■ Medicaid - 12,211,861	■ Rental Expense Reimbursement -205,559
■ Rental Income - 528,330	■ School Lunch Program -120,127
■ Title XX -3,703,146	

# Number of Children we served in FY 2013

<b>Statewide</b>	<b>NNCAS</b>	<b>SNCAS</b>
2865	865	2000



# Early Childhood Mental Health

- Children ages birth to 6 years of age
  - Provide family, individual and group therapies, parent training, day treatment, child care consultation and training to Head Start and child care centers, and targeted case management
- Served **930** children statewide in FY13-

# Children's Clinical Services Outpatient Services

- Children and their families ages 6 to 18 years of age
- Provide individual, family and group therapies, and targeted case management

-Served **1211** children statewide in FY13-

## Wraparound In Nevada

- Targeted case management program using an evidence based model to provide intensive care coordination to children in foster care with the highest needs

-Served **652** children statewide in FY13-



# Treatment Homes

- Provide community treatment home (24/7, 7 days a week) psycho-education and mental health rehabilitation services to children and their families
- Includes the Oasis program in Las Vegas and Adolescent Treatment Center (ATC) and the Family Learning Homes in Reno

-Served **144** children statewide in FY13-

# Desert Willow Treatment Center

Provide intensive mental health services in a secure environment

- 58 bed psychiatric hospital in Clark County
- 2 acute care units serving children with acute mental health conditions. Provides short-term psychiatric diagnostic and stabilization.
- 3 residential centers to include one unit specializing in treating adolescent sex offenders.

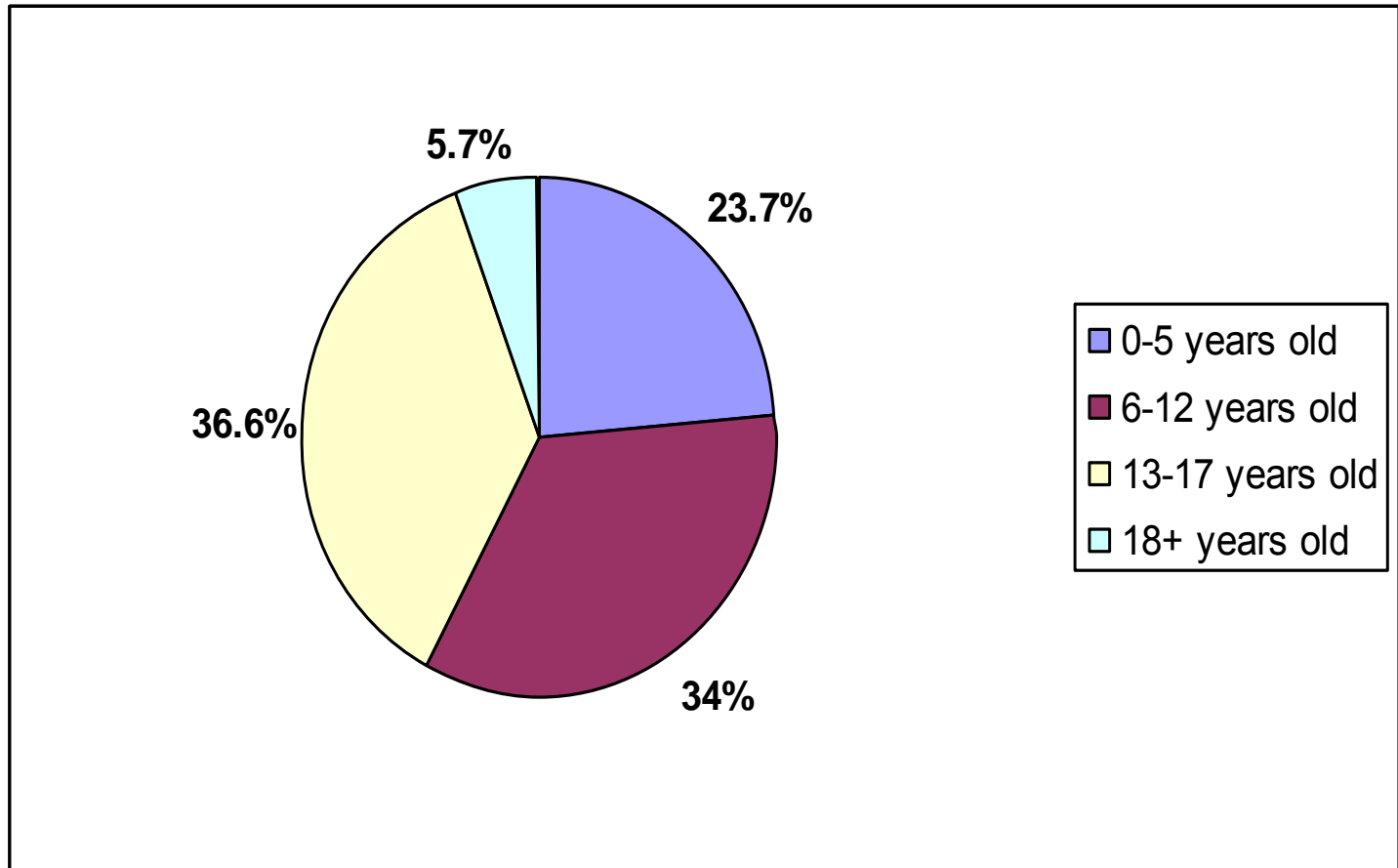
Served **251** children in FY13-

# What are the most common identified problems at admission?

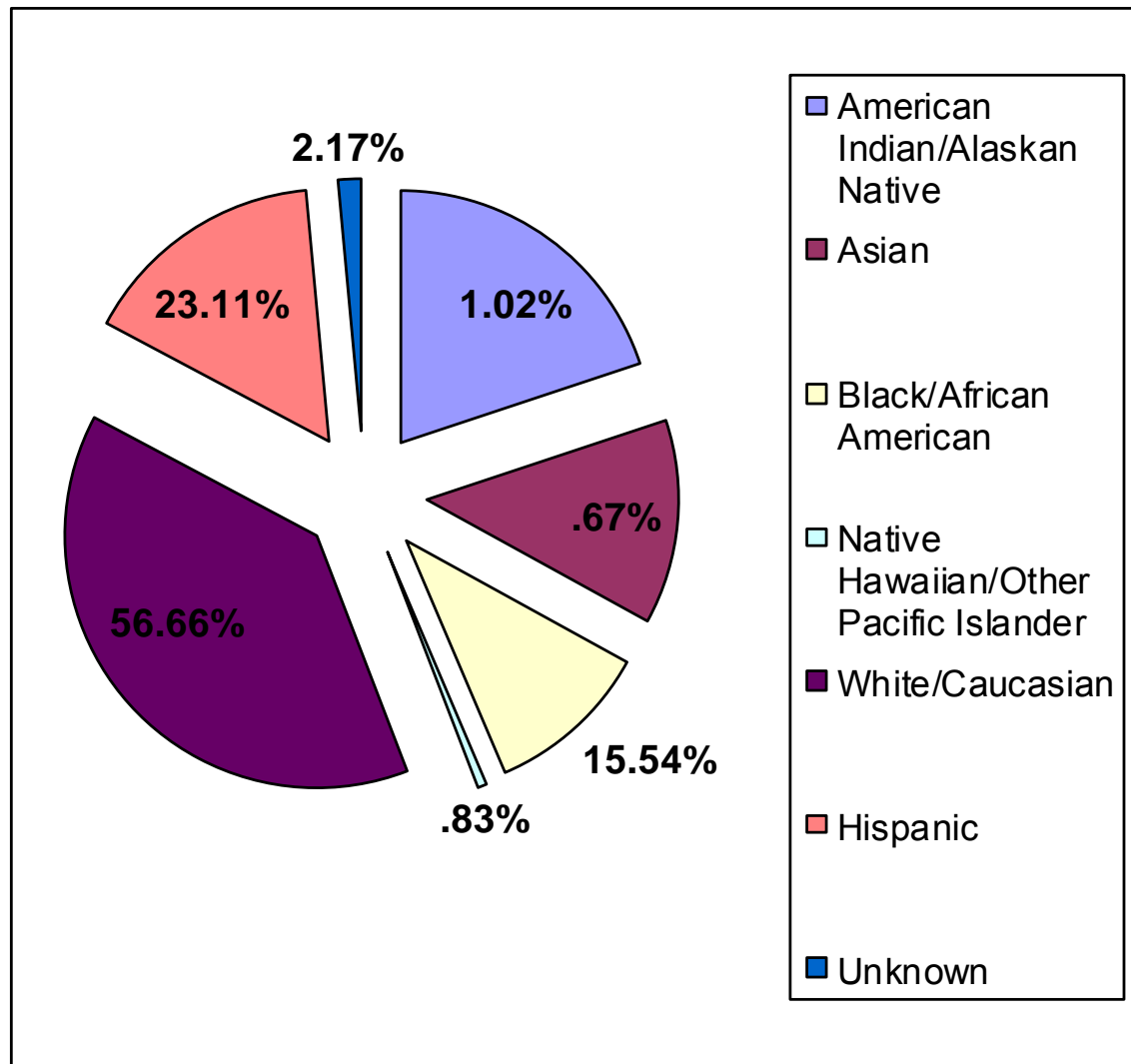
*At admission, parents and caregivers are asked to identify problems their child has encountered. The following six problems accounted for the highest prevalence (in order):*

1. Child Neglect Victim
2. Depression
3. Suicide Attempt or Threat
4. Parent – Child Problems
5. Physical Aggression
6. Adjustment Problems

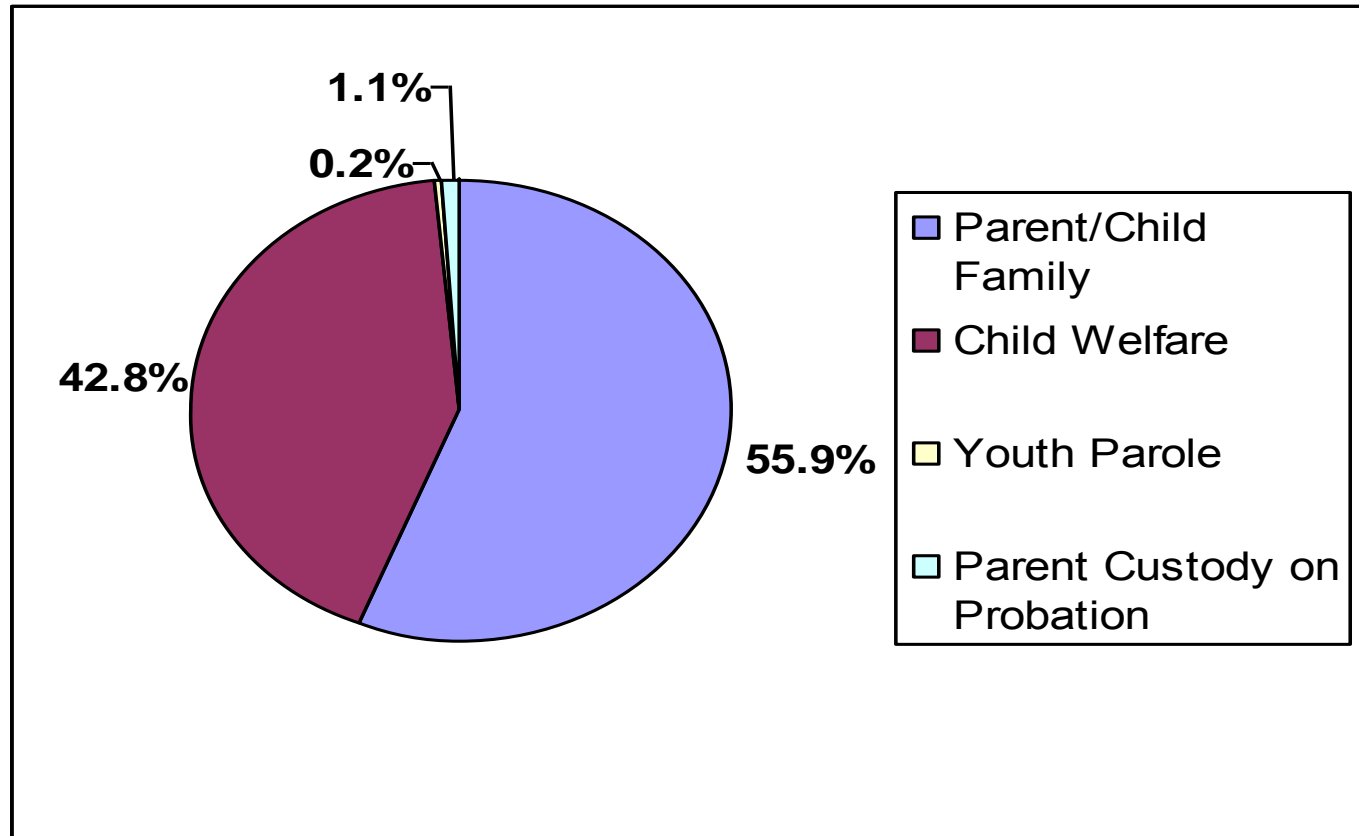
# What are the ages of children we serve statewide?



# What is the racial breakdown of children we serve statewide?



# What is the custody status of children we serve statewide?



# What do the children and families report about the services received?

Community Based Services Survey – Spring 2013	Youth % positive	Parent % positive	National Benchmark for Parent Response
1.Services are seen as accessible and convenient regarding location and scheduling	85%	94%	85.7%
2.Services are seen as satisfactory and helpful	85%	96%	86.1%
3.Clients get along better with family and friends and are functioning better in their daily life	79%	78%	66.3%
4.Clients feel they have a role in directing the course of their treatment	83%	95%	87.6%
5.Staff are respectful of client religion, culture and ethnicity	92%	98%	92.8%

<sup>[1]</sup> 2012 Mental Health National Outcome Measures (NOMS): CMHS Uniform Reporting System, available at [www.samhsa.gov/dataoutcomes/urs/2012/nevada.pdf](http://www.samhsa.gov/dataoutcomes/urs/2012/nevada.pdf)