

Washoe County Children's Mental Health Consortium – 2016 Goals

Summary of 2016 Goals Presented to the Legislative Committee on Health Care (NRS 439B.200)

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GOAL 1: Serve Youth in Their Home Communities - Enhance Washoe County's capacity to provide community-based, wraparound treatment and care to serve youth locally in a manner that supports safety, stability, and permanency.

Recommendations:

1. Establish viable local residential treatment programs for our most challenged youth via aggressive recruitment of private new residential providers, establishing a state run or public/private partnership residential treatment facility in the North.
2. Increase capacity of the Mobile Crisis program to enable the program to serve youth at risk for out-of-home placement as opposed to solely serving youth with imminent suicide risk.
3. Increase the Wraparound in Nevada (WIN) program capacity to serve more youth who are at risk for out-of-home placement. This recommendation aims to reduce out-of-state placements by assuring that community treatment options have been considered first and improve coordination of care and effective discharge planning from out-of-state facilities when youth return to their local community.
4. Create a coordinated unit combining Mobile Crisis and Wraparound approaches to focus exclusively on serving youth at risk for out-of-home placement.
5. Establish DCFS as the mental health authority under the System of Care grant so that a comprehensive oversight program can be developed to monitor treatment utilization and outcomes for these most challenged youth.

GOAL 2: Help Families to Help Themselves – The Consortium will promote the coordination of formal and informal strategies and resources that support youth and family autonomy in actively managing and finding solutions to fit their needs.

Recommendations:

1. Increase early identification of those at risk for suicide or other violence.
2. Support the Trauma-Informed Care Training and Infant Mental Health efforts in Washoe County.
3. Support bullying prevention and response efforts in Washoe County.
4. Develop a guide to assist parents and Medicaid enrollees with how to navigate the Medicaid mental and behavioral health system and to define terminology that parents and consumers may not be familiar with.

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GOAL 3: Help Youth Succeed in School -The Consortium will work with community agencies and Washoe County School District (WCSD) to support system-wide implementation of Positive Behavioral Supports so that youth can develop pro-social skills while remaining in their home school and family setting, and the need for more intrusive or aversive interventions will be reduced.

Recommendations:

1. The WCCMHC is recommending that additional representation from Washoe County School District be appointed to the WCCMHC to increase the opportunity for collaboration to occur between the WCCMHC and the WCSD, as this is an opportune venue to share important children's mental health information and resources and for the Consortium to support the school district's vision and goals.
2. The WCCMHC recommends exploring additional ways to increase collaboration and participation with the Washoe County School District. WCCMHC recommends a review of PBIS efforts to align WCSD and Consortium efforts to help youth succeed in school.

GOAL 4: Support Youth to Succeed as Adults - Develop, fund and implement system-level policies coupled with successful strategies to help youth with mental health needs transition to postsecondary education, employment, and independent lives.

Recommendations:

1. The Consortium supports the implementation of an evidence based model to assist youth in transition in Washoe County.
2. Support efforts at promoting an Anti-stigma and Suicide Prevention Public Information Campaign recommended by the Governor's Council on Behavioral Health and Wellness. The Office of Suicide Prevention recommends investigating existing national campaigns to promote stigma reduction, recovery and help-seeking.

WCCMHC Requests:

Maintain a more formalized relationship with DHHS and work through the statewide Nevada Children's Behavioral Health Consortium to make formal recommendations on program initiatives and plans for significant change within the children's mental and behavioral health service delivery structure.

Continue to provide funding to the WCCMHC to accomplish the goals set forth in this plan.