

2011 - 2012 School Year



Washoe County School District

Parent University Catalog

***FREE classes for any caring adult in the life of a
Northern Nevada child.***

EXHIBIT K-1 - EDUCATION
Document consists of 44 pages.
Entire document provided.
Meeting Date 05-09-12



WCSD Parent University

INVESTING IN THE BUILDING BLOCKS OF A GOOD LIFE

EDUCATION, INCOME & HEALTH



United Way of Northern
Nevada and the Sierra



WWW.UWNNS.ORG

PARENT UNIVERSITY IS SPONSORED BY
UNITED WAY OF NORTHERN NEVADA AND THE SIERRA

A Letter from the WCSD Board of Trustees and Superintendent Morrison



From left to right: Barbara Clark, Dan Carne, President Barbara McLaury, Clerk Scott Kelley, Vice President Ken Grein, John Mayer, Estela Gutierrez and Superintendent Heath Morrison.

After a year of hard work and conversations with many parents and community partners, we are excited to open the classroom doors to the Washoe County School District's Parent University. This is a brand new venture for WCSD that will enable us to better connect with our children's most important resource and our most valuable partners – our parents.

The Parent University is a key component in our efforts to improve the quality of education in Washoe County. In our strategic plan, *Envision WCSD 2015 – Investing In Our Future*, we make a promise to proactively reach out

to our parents so that we can work together to build a stronger learning and educational environment. The Parent University is one of our major initiatives that is focused on strengthening our relationship with our parents, which will ultimately help our children succeed in the classroom.

With more than 200 classes being offered through WCSD's Parent University, our goal is to increase the knowledge of our families so that we can all work together to prepare our children for their futures. We are offering classes that may answer many questions about the public education system and will help you to keep your child on track to graduation. Courses that focus on developing every child's potential as well as bullying, internet safety and healthy eating will give you more tools to help your child deal with many important and pressing issues.

We hope you enjoy the different classes and the opportunities available through Parent University! This is a valuable tool for all of us to work together as we strive for "every child, by name and face, to graduation."

Sincerely,

Dr. Heath Morrison
Superintendent, WCSD

Dr. Barbara McLaury
President, WCSD Board of Trustees



An Introduction to Parent University

A partnership with twenty-two community based organizations, six individuals and eleven Washoe County School District Departments has produced the WCSD Parent University. After a year-long planning effort, one of our District's promises in the strategic plan is now a reality for our community. In these pages, you will find more than 200 classes offered that will help every family increase their knowledge of how to help their children succeed.

Classes are offered under the following five categories:

Supporting Learning and Navigating the System – Classes in this category will help families to support learning at home, and help parents to better understand the educational system and how to navigate policies and programs for their children.

Leadership & Advocacy – Every family has the right to speak up for their child and make sure that they receive a quality education. Classes in this category will help parents who are not familiar in how to advocate or want to take a leadership role in advocating for all children.

Parenting – Families have many questions about the best way to raise children. Parenting classes in this category will offer tips and suggestions for the many questions you might have, whether it's how to talk to your teenager about bullying, keeping your children safe on the internet or how to reward your 8 year old for his good behavior.

Family Health & Wellness – Keeping your family healthy both mentally and physically is critical to helping your children succeed academically. Classes in this category will help you shop for nutritional food, cope with family stress and support your athlete's nutritional needs, amongst other things.

Parent's Personal Growth & Development – When children see their parents taking classes and becoming a lifelong learner, they do the same. It's never too late to get your GED, learn English, take a basic computer class or learn how to better manage your money.

A Letter from the Parent Involvement Council

Welcome to the Washoe County School District's Parent University! The Parent Involvement Council members have helped to identify classes from around our community (some might be familiar to you already) that will be relevant and helpful in assisting you in supporting your students to achieve their academic goals. The Council is an all-volunteer group of parents, WCSD employees, and community members who help shape and develop family engagement policy and programs for the school district. The council has helped to suggest, organize, and schedule these classes in a way that we hope will meet the needs of all family members of our students.

The Parent Involvement Council has been instrumental in developing family engagement programs within the district. For example, the Family Friendly School walk-throughs, professional development for our principals on how to better engage their families, and developing the most recent district parent survey to better understand the climate of our schools. Family involvement and engagement are the top priorities for the Parent Involvement Council. Our goal is to help all parents, and family members, support their students' academic achievement.

I would like to invite you to choose a class from this catalog and see what WCSD can do to help you better navigate your student to success!

Tracy Sherwood

Chair, WCSD Parent Involvement Council



2011-2012 Parent Involvement Council

Front row, left to right: past Chair Tiffany Young, Chair Tracy Sherwood, Secretary/Treasurer Josh Deason.

Middle row, left to right: Moises Guerrero-Barajas, Tina Springmeyer, Shelly Nye, Felicitas Vasquez, Maria Fernandez.

Back row, left to right: D'Lisa Crain, Janie Balfour, Beth Wells.

Not pictured: Ana Anderson, Vice Chair Maria Arias, Kim Boldi, Dorreen Broja, Diane Chau, Margaret Ferrara, LaQuenta Ganyon, Maria Elena Garcia, Laurie Anne Grimes, Rosie Marston, Dawn Miller, Carmen Ortiz, Sally Peters, Fatima Rivas, Sherri Waugh, Shawn Vogel



2010-2011 Parent Involvement Council

Front row, left to right: Vice Chair Beth Wells, Past Chair Tina Springmeyer, Chair Tiffany Young, Vice Chair Tracy Sherwood.

Middle row, left to right: Shawn Vogel, Moises Guerrero-Barajas, Laurie Anne Grimes, Maria Elena Garcia, Maria Arias, D'Lisa Crain.

Back row, left to right: LaQuenta Ganyon, Janie Balfour, Bella Rojas-Ziech, Shelly Nye, Robyn Tompkins, Tammy Callahan.

Not pictured: Kim Boldi, Doreen Borja, Madeline Carpenter, Diane Chau, Josh Deason, Margaret Ferrara, Steve Hull, Rosie Marston, Dawn Miller, Carmen Ortiz, Sally Peters, Felicitas Vasquez, Sherri Waugh.

Frequently Asked Questions

Who can attend Parent University classes?

Any caring adult in the life of a child in northern Nevada is welcome to attend classes. You do not have to be the legal parent or guardian of the child.



How do I register for classes?

You can register for classes three ways:

Phone – Call 325-2000

Fax – Fax the registration form on page 11 to 333-5372

Website – Sign up online at www.wcsdparentu.com



Why should I attend classes?

Supporting your child's education is one of the most important things you can do for them. Decades of research show that when families are involved in their child's education, children succeed academically.



Who teaches the classes?

Washoe County School District has many community-based partners that offer classes through the Parent University. Many of these partners have been teaching classes on health, wellness, parenting skills and other

topics for many years. Several departments within the Washoe County School District are also teaching classes in their area of expertise. For instance, our Fine Arts Department is offering multiple classes on supporting your children in the arts.



How much do classes cost?

All classes are FREE!



Can I bring my children with me? Is childcare available?

Absolutely! All children are welcome to attend classes. Childcare will always be available if you have smaller children and would like to concentrate on the class being taught. Older children are also welcome to "hang out" in the childcare room.



Will there be interpretation in other languages?

Spanish interpretation will be available for all classes. If you need interpretation in another language for a specific class, please call 325-2000 so that we can make arrangements.

Thank you to our generous sponsors



Disclaimer: Parent University is a community collaboration that is provided to the public as a service for parents of children in Washoe County. Although classes provided through Parent University are advertised by WCSd, class instructors may or may not be employees of WCSd. Therefore, please be mindful that the views, opinions and teaching methods used by class presenters and partners do not necessarily reflect those of WCSd. In no event shall WCSd assume or have any responsibility or liability for any information shared in regards to a particular Parent

University class or for any claims, damages or losses resulting from the use of such information. While it is the goal of WCSd that Parent University presenters and partners will provide parents with accurate, responsible, and appropriate instruction and information, WCSd does not have the capability to ensure these circumstances. Therefore, parents are encouraged to review a variety of resources on a particular topic, in addition to the information gathered from Parent University course offering.

Classes Arranged by Age Group

Course Title	Page #
For parents of children from birth to young adult	
■ Addressing Racial/Ethnic Conflict in Your School . . .	37
■ English Language Learners: Busting the Myths about Learning at Home	22
■ Family Engagement	27
■ Helping a Child with Substance Abuse Problems . . .	35
■ Helping Kids Cope with a Parent's Deployment . . .	32
■ Discovering a Gifted and Talented Child	21
■ Media Wise	29
■ Promoting Literacy with Your Child	23
■ The Importance of Fatherhood	32
■ The 10 Best Ways to Save for College	12
■ Washoe County Library System: Keeping You Connected	22
For parents of children from ages 0 to 5	
■ Born Learning	30
■ Shaken Baby/Abusive Head Trauma	31
For parents of children from birth to age 6	
■ Family Storyteller	16
For parents of children from ages 2 to 6	
■ Get Ready for Kindergarten with Virtual Pre-K	16
For parents of children from ages 3 to 4	
■ A Parent's Guide to the NV Pre-K Standards	17
For parents of children from age 5 to young adult	
■ Advocacy	27
■ Advocacy-Health Resources and Information for Children with Special Needs	37
■ Being Involved in a Parent Group	28
■ Black Student College Education Series	25
■ Drug and Alcohol Prevention	35
■ Empowering Parents to Parent	32
■ Conflict Resolution	33
■ Helping a Child with Substance Abuse Problems . . .	35

Course Title	Page #
■ How to Talk to Your Child About Bullying	29
■ IEP Clinic (Individual Education Program)	18
■ Infinite Campus	12
■ Keeping Your Kids Safe on the Internet	32
■ Parent Resource Fair	17
■ Process to Obtain Help for a Child	25
■ Skills for Effective Advocacy	28
■ Tips and Tools for Successful Family Meals	34
■ Understanding Attention Deficit Hyperactivity Disorder (ADHD)	30
For parents of children from ages 5 to 7	
■ Everyone Can Learn Through the Arts Pre-K - 2nd Grade	23
For parents of children from ages 5 to 9	
■ Math & Parent Partnerships - Problem Solving - K-4	19
■ Math & Parent Partnerships - What is Multiplication?	19
For parents of children from ages 5 to 11	
■ Basics of Elementary Education - Communicating with My Child's School	15
■ Basics of Elementary Education - Educational Rights and Responsibilities	15
■ Basics of Elementary Education- Getting to Know My Child's School	15
■ Family Literacy Experience (FLITE): Did You Hear That?	20
■ Family Literacy Experience (FLITE): Inside the Earth	20
■ Family Literacy Experience (FLITE): Lemony Learning	20
■ Family Literacy Experience (FLITE): Our Solar System	21
■ How to Make the Most Out of Your Parent-Teacher Conference	24
■ Starting a Physical Education Club at Your Child's School	28

Classes Arranged by Age Group

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For parents of children from ages 5 to 13	
■ Perfectionism and the Gifted Child	21
For parents of children from ages 8 to 9	
■ Learning More Through the Arts Grade 3-4	23
For parents of children from ages 8 to 18	
■ How to Read Your Child's Assessment Scores	17
For parents of children from ages 9 – 17	
■ Family Wellness	34
For parents of children from ages 10 to 14	
■ Gang Resistance Intervention Program (GRIP).	36
■ Math & Parent Partnerships - Problem Solving for Grades 5 - 8	19
■ Math & Parent Partnerships - Wrap It Up! Geometry for Grades 5 - 8	19
■ Navigation Tools for Grades 5 - 9 Fine Arts	24
■ Strengthening Families Program	31
■ Transition to Middle School	26
For parents of children from 10 to young adult	
■ Positive Discipline for Adolescents	32
For parents of children from ages 12 to 18	
■ Basics of Secondary Education - Getting to Know My Child's School	13
■ Basics of Secondary Education - Monitoring My Child's Progress	14
■ Pathway to Graduation	17
■ Parenting the Older Child	36

Course Title	Page #
For parents of children age 14	
■ Making a Successful Transition to High School	18
For parents of children from ages 14 to 18	
■ Advanced Topics in Lowering College Costs	12
■ Basics of the Formal College Financial Aid Process . . .	13
■ Basics of Secondary Education - Graduation Requirements	14
■ Bridging the High School Arts Experience to Become College and Career Ready	26
■ Career Information Night	26
■ Destination University - Destino a la Universidad . . .	26
■ High School Career Internship	21
■ Preparing for the College Application Process	23
■ The Road to College - How to Pay for College	15
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■ The Road to College - Why College?	15
Parents' Personal Development and Growth	
■ Anger Management for Adults	37
■ Basic Computer Classes	38
■ English Language Learners: Busting the Myths about Learning at Home	22
■ How to Talk to Your Children about Sex	36
■ Money Management	38
■ Parenting While Plugged In: How to Manage Your Use of Media	38
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■ Addressing Racial/Ethnic Conflict in Your School . . .	37	■ Family Literacy Experience (FLITE): Lemony Learning.	20
■ Advanced Topics in Lowering College Costs	12	■ Family Storyteller.	16
■ Advocacy	27	■ Family Wellness	34
■ Advocacy-Health Resources and Information for Children with Special Needs	37	■ Gang Resistance Intervention Program (GRIP).	36
■ Anger Management for Adults	37	■ Get Ready for Kindergarten with Virtual Pre-K.	16
■ Basic Computer Classes	38	■ Helping a Child with Substance Abuse Problems . . .	35
■ Basics of Elementary Education - Communicating with My Child's School	15	■ Helping Kids Cope with a Parent's Deployment	32
■ Basics of Elementary Education - Educational Rights and Responsibilities	15	■ High School Career Internship	21
■ Basics of Elementary Education- Getting to Know My Child's School (grades 7-12) . . .	13	■ Discovering a Gifted and Talented Child	21
■ Basics of Secondary Education - Getting to Know My Child's School (grades K-6). . . .	15	■ How to Make the Most Out of Your Parent-Teacher Conference	24
■ Basics of Secondary Education - High School Graduation Requirements	14	■ How to Read Your Child's Assessment Scores	17
■ Basics of Secondary Education - Monitoring My Child's Progress	14	■ How to Talk to Your Child About Bullying	26
■ Basics of the Formal College Financial Aid Process. . .	13	■ How to Talk to Your Child About Sex	36
■ Being Involved in a Parent Group	28	■ IEP Clinic (Individual Education Program).	18
■ Black Student College Education Series	25	■ Infinite Campus	12
■ Born Learning.	30	■ Keeping your Kids Safe on the Internet	32
■ Bridging the High School Arts Experience to Become College and Career Ready	26	■ Learning More Through the Arts Grade 3-4	23
■ Career Information Night	26	■ Making a Successful Transition to High School	18
■ Conflict Resolution	33	■ Math & Parent Partnerships - Problem Solving - K-4	19
■ Destination University - Destino a la Universidad. . .	26	■ Math & Parent Partnerships - Problem Solving for 5- 8	19
■ Discovering a Gifted and Talented Child	21	■ Math & Parent Partnerships - What is Multiplication?	19
■ Drug and Alcohol Prevention	35	■ Math & Parent Partnerships - Wrap It Up! Geometry for 5-8	19
■ Empowering Parents to Parent	32	■ Media Wise	29
■ English Language Learners: Busting the Myths about Learning at Home	22	■ Money Management	38
■ Everyone Can Learn Through the Arts Pre-K - 2nd Grade	23	■ Navigation Tools for 5th - 9th grade Fine Arts	24
■ Family Engagement.	27	■ Parent Resource Fair	17
■ Family Literacy Experience (FLITE): Our Solar System	21	■ Parenting the Older Child	36
■ Family Literacy Experience (FLITE): Did You Hear That?	20	■ Parenting While Plugged In: How to Manage Your Use of Media	38
		■ Pathway to Graduation	17
		■ Perfectionism and the Gifted Child	21
		■ Positive Discipline for Adolescents.	32

Classes Arranged by Title

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■ Process to Obtain Help for a Child	25
■ Promoting Literacy with Your Child	23
■ Shaken Baby/Abusive Head Trauma	31
■ Skills for Effective Advocacy	28
■ Smart Shopper	33
■ Sports Nutrition	34
■ Starting a Physical Education Club at Your Child's School	28
■ Strengthening Families Program	31
■ Stress Reduction for Families	34
■ The 10 Best Ways to Save for College	12
■ The Importance of Fatherhood	32
■ The Right Question	28
■ The Road to College - How to Pay for College	15
■ The Road to College - Why College?	15
■ Tips and Tools for Successful Family Meals	34
■ Transition to Middle School	26
■ Understanding Attention Deficit Hyperactivity Disorder (ADHD)	30
■ Washoe County Library System: Keeping You Connected	22

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■ Infinite Campus	12
■ Skills for Effective Advocacy	28
■ IEP Clinic (Individual Education Program)	18
■ Media Wise	29
■ Basics of Secondary Education - Getting to Know My Child's School	13
■ Basics of the Formal College Financial Aid Process	13
■ Gang Resistance Intervention Program (GRIP)	36
■ How to Read Your Child's Assessment Scores	17
■ Promoting Literacy with Your Child	23
■ Starting a Physical Education Club at Your Child's School	28
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■ Being Involved in a Parent Group	28
■ Gang Resistance Intervention Program (GRIP)	36
■ How to Talk to Your Child about Bullying	29
■ Infinite Campus	12
■ The Road to College - Why College?	15
■ How to Make the Most Out of Your Parent-Teacher Conference	24
■ Advanced Topics in Lowering College Costs	12
■ Helping Kids Cope with a Parent's Deployment	32
■ Washoe County Library System: Keeping You Connected	22
■ Family Literacy Experience (FLITE): Did You Hear That?	20
■ Skills for Effective Advocacy	28
■ Sports Nutrition	34
■ Everyone Can Learn Through the Arts Pre-K - 2nd Grade	23
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Classes Arranged by Month

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■ Advocacy	27	■ Learning More Through the Arts Grades 3 - 4	23
■ Being Involved in a Parent Group	28	■ Drug and Alcohol Prevention	35
■ Black Student College Education Series	25	■ Basics of Secondary Education - Getting to Know My Child's School	13
■ Bridging the High School Arts Experience to Become College and Career Ready	26	■ Skills for Effective Advocacy	28
■ Basic Computer Classes	38	■ Bridging the High School Arts Experience to Become College and Career Ready	26
■ The Road to College - How to Pay for College.	15	■ Destination University - Destino a la Universidad. ...	26
■ Understanding Attention Deficit Hyperactivity Disorder (ADHD)	30	■ The Importance of Fatherhood	32
■ Drug and Alcohol Prevention	35	■ Understanding Attention Deficit Hyperactivity Disorder (ADHD)	30
■ Preparing for the College Application Process	23	■ MediaWise.	29
■ How to Talk to Your Child About Sex	36	■ Positive Discipline for Adolescents	32
■ Navigation Tools for 5th - 9th grade Fine Arts	24	■ Math & Parent Partnerships - Problem Solving - K-4	19
■ Pathway to Graduation	17	■ Family Wellness	34
■ Strengthening Families Program	31		
■ Smart Shopper	33		
■ Family Wellness	34		
November		December	
■ Addressing Racial/Ethnic Conflict in Your School ...	37	■ Basic Computer Classes	38
■ How to Make the Most Out of Your Parent-Teacher Conference	24	■ Basics of Secondary Education- High School Graduation Requirements	14
■ Process to Obtain Help for a Child	25	■ English Language Learners: Busting the Myths about Learning at Home	22
■ Career and Information Night	26	■ Keeping your Kids Safe on the Internet	32
■ Family Storyteller.	16	■ Preparing for the College Application Process	23
■ High School Career Internship	21	■ Sports Nutrition	34
■ Money Management	38	■ The Road to College - How to Pay for College.	15
■ Pathway to Graduation	17	■ Basics of Secondary Education - Monitoring My Child's Progress	14
■ The 10 Best Ways to Save for College	12	■ Promoting Literacy with Your Child	23
■ English Language Learners: Busting the Myths about Learning at Home	22	■ Discovering a Gifted and Talented Child	21
■ How to Talk to Your Child About Sex	36	■ IEP Clinic (Individual Education Program)	18
■ The Road to College - Why College.	15	■ Conflict Resolution	33
■ Advocacy-Health Resources and Information for Children with Special Needs	37	■ Skills for Effective Advocacy	28
		■ How to Talk to Your Child About Bullying	29
		■ Stress Reduction for Families	34
		■ Basics of the Formal College Financial Aid Process. ...	13

Classes Arranged by Month

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■ English Language Learners: Busting the Myths about Learning at Home	22	■ Basics of Elementary Education- Getting to Know My Child's School	15
■ Money Management	38	■ Math & Parent Partnerships - What is Multiplication?	19
■ Washoe County Library System: Keeping You Connected	22	■ Drug and Alcohol Prevention	35
■ Advocacy	27	■ Learning More Through the Arts Grade 3-4	23
■ Basics of Elementary Education - Communicating with My Child's School	15	■ Advocacy-Health Resources and Information for Children with Special Needs	37
■ Basics of Elementary Education - Educational Rights and Responsibilities	15	■ Tips and Tools for Successful Family Meals	34
■ Get Ready for Kindergarten with Virtual Pre-K	16	■ Understanding Attention Deficit Hyperactivity Disorder (ADHD)	30
■ Being Involved in a Parent Group	28	■ Family Storyteller	16
■ Family Literacy Experience (FLITE): Lemony Learning	20	■ Addressing Racial/Ethnic Conflict in Your School	37
■ Process to Obtain Help for a Child	25	■ Helping a Child with Substance Abuse Problems	35
■ Black Student College Education Series	25	■ Discovering a Gifted and Talented Child	21
■ Math & Parent Partnerships - Problem Solving for 5- 8	19	■ Get Ready for Kindergarten with Virtual Pre-K	16
■ Shaken Baby/Abusive Head Trauma	31	■ Perfectionism and the Gifted Child	21
■ Basic Computer Classes	38	■ Advanced Topics in Lowering College Costs	12
■ Parenting the Older Child	36	■ Born Learning	30
■ Basics of the Formal College Financial Aid Process	13	■ Money Management	38
■ MediaWise	29	■ Family Literacy Experience (FLITE): Inside the Earth	20
■ How to Talk to Your Child About Sex	36	■ IEP Clinic (Individual Education Program)	18
■ Born Learning	30	■ The Right Question	28
■ Family Literacy Experience (FLITE): Our Solar System	21	■ Navigation Tools for 5th - 9th grade Fine Arts	24
■ Tips and Tools for Successful Family Meals	34	■ A Parent's Guide to the NV Pre-K Standards	17
		■ Anger Management for Adults	37
		■ Family Wellness	34

Classes Arranged by Month

Course Title	Page #	Course Title	Page #
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■ High School Career Internship	21	■ Parenting While Plugged In: How to Manage Your Use of Media	38
■ Basic Computer Classes	38	■ Process to Obtain Help for a Child	25
■ Basics of Elementary Education - Communicating with My Child's School	15	■ Anger Management for Adults	37
■ Math & Parent Partnerships - Wrap It Up! Geometry for 5-8	19	■ Keeping your Kids Safe on the Internet	32
■ Family Engagement	27	■ How to Read Your Child's Assessment Scores	17
■ Advocacy-Health Resources and Information for Children with Special Needs	37	■ Making a Successful Transition to High School	18
■ How to Talk to Your Child About Bullying	29	■ Sports Nutrition	34
■ Positive Discipline for Adolescents	32	■ Money Management	38
■ Born Learning	30	■ Perfectionism and the Gifted Child	21
■ Empowering Parents to Parent	32	■ Understanding Attention Deficit Hyperactivity Disorder (ADHD)	30
■ Parent Resource Fair	17	■ The 10 Best Ways to Save for College	12
■ Family Literacy Experience (FLITE): Our Solar System	21	■ Basic Computer Classes	38
■ Drug and Alcohol Prevention	35	■ Family Engagement	27
■ Stress Reduction for Families	34	■ Making a Successful Transition to High School	18
■ MediaWise	29	■ Get Ready for Kindergarten with Virtual Pre-K	16
■ Tips and Tools for Successful Family Meals	34	■ The Right Question	28
■ Washoe County Library System: Keeping You Connected	22	■ Empowering Parents to Parent	32
■ Family Literacy Experience (FLITE): Did You Hear That?	20		
■ Smart Shopper	33	May	
		■ Basic Computer Classes	38
		■ Making a Successful Transition to High School	18
		■ Tips and Tools for Successful Family Meals	34
		■ Family Storyteller	16
		■ How to Talk to Your Child About Bullying	29
		■ Advance Topics in Lowering College Costs	12
		■ Helping Kids Cope with a Parent's Deployment	32
		■ Parenting While Plugged In: How to Manage Your Use of Media	38
		■ A Parents Guide to the NV Pre-K Standards	17
		■ Addressing Racial/Ethnic Conflict in Your School	37
		■ Black Student College Education Series	25
		■ Shaken Baby/Abusive Head Trauma	31
		■ Family Engagement	27



Online registration and complete course details are available at: www.wcsdparentu.com

PARENT / CAREGIVER INFORMATION (Please Print)

Mr. <input type="checkbox"/>	Ms. <input type="checkbox"/>	Mrs. <input type="checkbox"/>	Last Name:	First Name:	MI:
Street Address:				Apt. #:	PO Box:
City:		State:	ZIP Code:	Home Phone:	
Email Address:				Cell Phone:	

QUESTIONNAIRE

Please tell us a little bit more about yourself. Your answers to the questions below will help Washoe County School District learn more about the people in Parent University and how we can better serve you. All information will be kept strictly confidential.

1. Why are you taking a Parent University course? (Please check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> A friend recommended it to me | <input type="checkbox"/> I am interested in the workshop topic |
| <input type="checkbox"/> My child's teacher recommended it to me | <input type="checkbox"/> I am interested in participating in Parent University |
| <input type="checkbox"/> I am taking a class to fulfill a requirement | <input type="checkbox"/> Other (please specify): _____ |

2. How did you hear about Parent University? (Please check all that apply)

- ☐ A friend ☐ Parent University website ☐ My child's teacher ☐ Catalog ☐ Other _____

STUDENT INFORMATION

Child's Name	Date of Birth	School	Grade

COURSE INFORMATION

Course Title	Date	Time		Location
		From	To	

Parent/Guardian Signature

Date

Please complete this form and fax to (775) 333-5372 or call (775) 325-2000 for more information.

You may also return this form to your school.

(School front office staff: please send registration forms via district mail "Attn: Department of Family School Partnerships")



CATEGORY #1 – Supporting Learning and Navigating the System



Infinite Campus Parent Portal

Description: This interactive workshop will help parents access their child's grades, attendance and assessment data using the Infinite Campus Parent Portal.

Presented by: WCSO Department of Family-School Partnerships

Grade Levels: Parents of students in grades K - 12

Cost: Free

9/27/2011 **Loder Elementary**
Tuesday 600 Apple Street, Reno
5 pm - 6:30 pm

10/4/2011 **Cannan Elementary**
Tuesday 2450 Cannan Street, Reno
5 pm - 6:30 pm

10/12/2011 **Duncan Elementary**
Wednesday 1200 Montello Street, Reno
5:30 pm - 7 pm

10/13/2011 **Incline High**
Thursday 499 Village Blvd., Incline Village
5 pm - 6:30 pm

10/18/2011 **Corbett Elementary**
Tuesday 1901 Villanova Drive, Reno
6 pm - 7:30 pm

10/25/2011 **Anderson Elementary**
Tuesday 1055 Berrum Lane, Reno
5 pm - 6:30 pm

Advanced Topics in Lowering College Cost

Description: The biggest aid awards and the most free money do not come from scholarships or the formal financial aid system. For middle income families, the Expected Family Contribution (EFC) becomes obsolete. This class will discuss how to get the largest tuition waivers, avoid costly graduation delays or dropout, arrange finances to get more aid and lower costs, save taxes and avoid traps like over reliance on scholarships and excessive loans.

Presented by: Jim Van Meter/CFPA/The College Planning and Funding Advisor

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

10/11/2011 **Spanish Springs High**
Tuesday 1065 Eagle Canyon Drive, Sparks
6:30 pm - 8 pm

10/25/2011 **Reno High**
Tuesday 395 Booth Street, Reno
6:30 pm - 8 pm

2/16/2012 **Galena High**
Thursday 3600 Butch Cassidy Way, Reno
6:30 pm - 8 pm

5/8/2012 **McQueen High**
Tuesday 6055 Lancer Street, Reno
6:30 pm - 8 pm

The 10 Best Ways to Save for College

Description: Many parents are aware of 529 Savings and Pre-Paid Tuition plans to save for college. This class will explore pros and cons of these and other ways to save, including one which can also provide tax free retirement income and one that offers scholarships to parents who are good savers.

Presented by: Jim Van Meter/CFPA/The College Planning and Funding Advisor

Grade Levels: Parents of newborns to grade 11

Cost: Free

11/2/2011 **McQueen High**
Wednesday 6055 Lancer Street, Reno
6:30 pm - 8 pm

4/19/2012 **Galena High**
Thursday 3600 Butch Cassidy Way, Reno
6:30 pm - 8 pm

CATEGORY #1 – Supporting Learning and Navigating the System

Basics of the Formal College Financial Aid Process

Description: There is more to applying for financial aid than filling out the Free Application for Federal Student Aid (FAFSA). Learn about the financial aid timeline, the College Scholarship Service (CSS) Profile form required by about 300 schools, supplemental forms, how to update forms already submitted, comparing financial aid offers, appealing awards, understanding good and bad loans, scholarship renewal guidelines, scholarship types and conditions, and verification (audit). This class does not cover the details of filling out the FAFSA, but will mention some ways to lower the Expected Family Contribution (EFC), when possible.

Presented by: Jim Van Meter/CFPA/The College Planning and Funding Advisor

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

9/29/2011 **Nevada Hispanic Services**
Thursday 3905 Neil Road #2, Reno
6:30 pm - 8 pm

12/15/2011 **Clayton Middle**
Thursday 1295 Wyoming Avenue, Reno
6:30 pm - 8 pm

1/26/2012 **Vaughn Middle**
Thursday 1200 Bresson Avenue, Reno
6:30 pm - 8 pm

Basics of Secondary Education – Getting to Know My Child's School

Description: This class helps parents become more familiar with the school, the school's Adequate Yearly Progress and what it means, and school staff and their responsibilities.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades 7 - 12

Cost: Free

9/29/2011 **Reed High**
Thursday 1350 Baring Blvd, Sparks
6 pm - 8 pm

11/16/2011 **O'Brien Middle**
Wednesday 10500 Stead Blvd, Reno
6 pm - 8 pm

Free GED Preparation

The GED program prepares you to take the GED examination. The program covers the five sub-sections that are in the examination, including writing, science, social studies, literature and arts, and mathematics.

The program is FREE!

For more information, contact:
Truckee Meadows Community College
775-829-9044
Meadowood Center
5270 Neil Road, Room 220
Reno, Nevada 89502

ESL Classes

November 7th – December 15th
(registration begins October 26th & 27th)

Prospective students need to attend orientation, take a placement test, and come to registration. It takes approximately two week from orientation to registration. Classes are free!

For more information about classes contact:
Truckee Meadows
Community College
775-829-9044



CATEGORY #1 – Supporting Learning and Navigating the System

Basics of Secondary Education – High School Graduation Requirements

Description: This class helps parents learn the District's graduation requirements, including information about the Nevada High School Proficiency Exam, the impact of attendance on graduation and the required grades and credits needed to graduate.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades 6 - 12

Cost: Free

9/27/2011 **Reno Sparks Indian Colony**
Wednesday 34 A Reservation Road
5:30 pm - 7:30 pm

10/13/2011 **Nevada Urban Indians**
Thursday 1475 Terminal Way - B, Reno
5:30 pm - 7:30 pm

10/25/2011 **Incline High School**
Tuesday 499 Village Blvd., Incline Village
5:30 pm - 7:30 pm

11/9/2011 **Sparks High**
Wednesday 821 15th Street, Sparks
5:30 pm - 7:30 pm

12/1/2011 **Nevada Hispanic Services**
Thursday 3905 Neil Road #2, Reno
6 pm - 8 pm

Basics of Secondary Education – Monitoring My Child's Progress

Description: This class helps parents become more familiar with the District's online monitoring tool so they know how to check their child's grades, assignments, and attendance in order to monitor their child's progress.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades 7 - 12

Cost: Free

12/7/2011 **Shaw Middle**
Wednesday 600 Eagle Canyon Drive, Sparks
5:30 pm - 7:30 pm

12/13/2011 **Billinghurst Middle**
Tuesday 6685 Chesterfield Lane, Reno
5:30 pm - 7:30 pm



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800-782-7201

www.nevadapta.org

CATEGORY #1 – Supporting Learning and Navigating the System

Basics of Elementary Education – Getting to Know My Child's School

Description: This class helps parents become more familiar with the school, the school's Adequate Yearly Progress and what it means, and school staff and their responsibilities.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades K - 6

Cost: Free

2/1/2012 **Silver Lake Elementary**
Wednesday 8719 Red Baron Blvd., Reno
9:15 am-11:15 am

2/29/2012 **Huffaker Elementary**
Wednesday 980 Wheatland Road, Reno
5:30 am-7:30 pm

Basics of Elementary Education – Communicating with My Child's School

Description: This class helps parents learn how to make appointments with school personnel; understand the attendance policy and how to communicate absences; understand report cards; and communication in parent-teacher conference.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades K - 6

Cost: Free

1/18/2012 **Cannan Elementary**
Wednesday 2450 Cannan Street, Reno
4 pm - 6 pm

3/6/2012 **Risley Elementary**
Tuesday 1900 Sullivan Lane, Sparks
6 pm - 8 pm

Basics of Elementary Education – Educational Rights and Responsibilities

Description: This class explores the history of educational rights and provides a forum for parents to learn what their educational rights are as well as their responsibilities as parents in helping their child succeed in school.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in Grades K - 6

Cost: Free

1/18/2012 **Sun Valley Elementary**
Wednesday 5490 Leon Drive, Sun Valley
5 pm - 7 pm

1/25/2012 **Duncan Elementary**
Wednesday 1200 Montello Street, Reno
3 pm - 5 pm



The Road to College – How to Pay for College

Description: This class helps parents explore the various types of financial aid available including scholarships, grants, loans, and work study.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

10/19/2011 **Cold Springs Middle**
Wednesday 18235 Cody Court, Reno
5 pm - 7 pm

12/6/2011 **Traner Middle**
Tuesday 1700 Carville Drive, Reno
5:30 pm - 7:30 pm

The Road to College – Why College?

Description: This class provides information to help parents start thinking about and planning for their child to go to college. Options for college are explored including why a college education is beneficial.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

10/4/2011 **Pine Middle**
Tuesday 4800 Neil Road, Reno
5:30 pm - 7:30 pm

11/3/2011 **Booth Elementary**
Thursday 1450 Stewart Street, Reno
4 pm - 6 pm

CATEGORY #1 – Supporting Learning and Navigating the System

Get Ready for Kindergarten with Virtual Pre-K

Description: Virtual Pre-K is an interactive resource to help you get your child ready for school. Virtual Pre-K was created by teachers so that parents can see what is being taught in classrooms and support that learning with simple, fun activities for the home and community. Virtual Pre-K is low-tech and high-tech. In this class, you will learn how to access all the lessons and activities on www.virtualpre-k.org. You will also get to try a fun Virtual Pre-K activity with your child right then and there, and go home with more free and fun activities. With Virtual Pre-K, learning can happen virtually anywhere!

Presented by: WCSD Child and Family Services

Grade Levels: Parents with children ages 2 to 6 (kids will participate in the second half of the class)

Cost: Free

1/18/2012 **Sierra View Library**
Wednesday 4001 South Virginia Street, Reno
10:30 am - 12 noon

2/15/2012 **Sparks Library**
Wednesday 1125 12th Street, Sparks
1 pm - 2:30 pm

4/25/2012 **Nevada Discovery Museum**
Wednesday 491 S. Center Street, Reno
10:30 am - 12 noon

Family Storyteller

Description: There is magic in books. They build dreams. They help children learn about the world and themselves. When you read a book with children, you take them to so many wonderful places. And, it brings the two of you closer together. We know that reading with children helps get them ready for school. They learn more words. They pay attention longer. They know the meaning of print. They enjoy learning. In this class, you will pick up lots of ideas for reading books with preschoolers and beginning readers. Plus, you will learn about activities to help extend the learning and the fun.

Presented by: WCSD Child and Family Services

Grade Levels: Parents of newborns to age 6

Cost: Free

11/3/2011 **North Valleys Library**
Thursday 1075 North Hills Blvd. #340, Reno
1:30 am - 3 pm

11/29/2011 **Sparks Library**
Tuesday 1125 12th Street, Sparks
11:30 am - 1 pm

2/8/2012 **Sierra View Library**
Wednesday 4001 South Virginia Street, Reno
11 am - 12:30 pm

5/3/2012 **Nevada Discovery Museum**
Thursday 490 S. Center Street, Reno
6 pm - 7:30 pm

FAMILY STORYTELLER

a program for parents of children ages 2-7

a six-week family literacy program aimed at getting **PARENTS** and **CHILDREN** together around **LITERACY AND LANGUAGE ACTIVITIES**. The program is designed to encourage parents to play a vital role in the literacy development of their children.

FOR MORE INFORMATION ON UPCOMING CLASSES, CONTACT:



University of Nevada
Cooperative Extension

775-784-7079



CATEGORY #1 – Supporting Learning and Navigating the System

A Parent's Guide to Pre-K Standards

Description: A parent's guide to the NV Pre-K Standards will help parents to become knowledgeable about the standards and to learn activities and strategies to support learning at home.

Presented by: WCSD Child and Family Services

Grade Levels: Parents of Pre-K children
(Please bring your Pre-K child with you.)

Cost: Free

10/20/2011 **Peavine Elementary**
Thursday 1601 Grandview Avenue, Reno
6 pm - 7 pm

2/28/2012 **Lemmon Valley Elementary**
Tuesday 255 W. Patrician Drive, Reno
6 pm - 7 pm

How to Read Your Child's Assessment Scores

Description: Make the numbers, symbols and acronyms that appear on student test results understandable and meaningful. Emphasis will be on potential next steps after understanding the results is reached.

Presented by: WCSD Assessment

Grade Levels: Parents of students in grades 3 - 12
(state tests)

Cost: Free

9/29/2011 **Peavine Elementary**
Thursday 1601 Grandview Avenue, Reno
6 pm - 7:30 pm

11/8/2011 **Incline High School**
Tuesday 499 Village Blvd., Incline Village
5:30 pm - 7 pm

4/5/2012 **Stead Elementary**
Thursday 10580 Stead Blvd., Reno
6 pm - 7:30 pm

Parent Resource Fair

Description: Learn about summer programs and camps, enrichment activities, foreign exchange programs, the Davidson Institute and much more.

Presented by: Gifted and Talented Parent Connection

Grade Levels: Parents of children age 5 to young adult.

Cost: Free

3/19/2012 **Wooster High**
Thursday 1331 E. Plumb Lane, Reno
6 pm - 8 pm

Pathway to Graduation

Description: Parents are instrumental to their sons and daughters. This course is designed to demystify the high school process and to empower parents with the tools to help their child graduate.

Presented by: WCSD Counseling & WCSD Diversity

Grade Levels: Parents of students in grades 7 - 12

Cost: Free

10/26/2011 **Wooster High**
Wednesday 1331 E. Plumb Lane, Reno
5:30 pm - 7:30 pm

11/2/2011 **Reed High**
Wednesday 1350 Baring Blvd., Sparks
5:30 pm - 7:30 pm

11/9/2011 **Spanish Springs High**
Wednesday 1065 Eagle Canyon Drive, Sparks
5:30 pm - 7:30 pm

11/16/2011 **Reno High**
Wednesday 395 Booth Street, Reno
5:30 pm - 7:30 pm

11/30/2011 **Damonte Ranch High**
Wednesday 10502 Rio Wrangler Pkwy., Reno
5:30 pm - 7:30 pm

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A non-profit all-volunteer 501(c)(3) organization
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GT Parent Connection

4790 Caughlin Parkway #406, Reno, NV 89519

(775) 835-1054 phone

info@gtparentconnection.org

www.gtparentconnection.org

TAX EXEMPT # 20-4086659

CATEGORY #1 – Supporting Learning and Navigating the System

Making a Successful Transition to High School

Description: This class will provide parents and students with information about high school that all parents should know about grades, credits, classes, etc. (depending upon parent questions)

Presented by: WCSD Counseling

Grade Levels: Parents of students in grade 8

Cost: Free

4/17/2012 **Traner Middle**
Tuesday 1700 Carville Drive, Reno
6 pm - 7 pm

4/24/2012 **Sparks Middle**
Tuesday 2275 18th Street, Sparks
6 pm - 7 pm

5/1/2012 **Clayton Middle**
Tuesday 1295 Wyoming Avenue, Reno
6 pm - 7 pm

5/8/2012 **Pine Middle**
Tuesday 4800 Neil Road, Reno
6 pm - 7 pm

5/15/2012 **Cold Springs Middle**
Tuesday 18235 Cody Court, Reno
6 pm - 7 pm

Individualized Education Program (IEP) Clinic

Description: Nevada PEP offers Individualized Education Program (IEP) clinics each month. Clinics include a brief overview of the IEP process and a question & answer session. Please bring your child's IEP so you can review it during the class.

Presented by: Nevada Parents Educating Professionals (Nevada PEP)

Grade Levels: Parents and professionals of students in grades K - 8

Cost: Free

9/28/2011 **Warner Elementary**
Wednesday 3075 Heights Drive, Reno
5:30 pm - 8:30 pm

12/8/2011 **Reno Sparks Indian Colony**
Thursday 34 A Reservation Road
3:30 pm - 6:30 pm

2/21/2012 **Drake Elementary**
Tuesday 2755 4th Street, Sparks
5:30 pm - 8:30 pm

Destination University

Hispanic Scholarship Fund, in cooperation with Civic Leadership Academy, is hosting an event to provide students and their families with information about the importance of a college education.

The class will cover:

- College Admissions
- Financial Aid
- Scholarship Opportunities

Thursday, November 17, 2011
6:00pm – 8:00pm

Hug High School
2880 Sutro Street
Reno NV 89512

**Free and open
to the public!**

**Food and refreshments
will be served.**



**HISPANIC
SCHOLARSHIP
FUND**

CATEGORY #1 – Supporting Learning and Navigating the System

Math and Parent Partnerships (MAPPS) – Problem Solving K-4

Description: Parents will work in a team to solve a problem and share strategies. Parents will explore multiple strategies for the same problem to understand how differently people think about the same problem.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades K - 4

Cost: Free

11/30/2011 **Loder Elementary**
Wednesday 600 Apple Street, Reno
9:30 am - 11:30 am

Math and Parent Partnerships (MAPPS) – Problem Solving 5-8

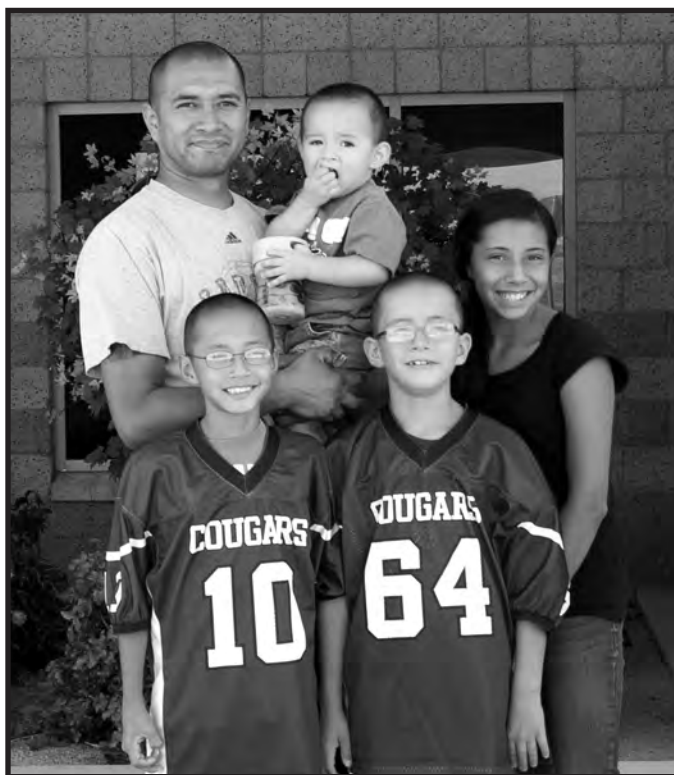
Description: Parents will work in a team to solve a problem and share strategies. Parents will explore multiple strategies for the same problem to understand how differently people think about the same problem.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades 5 - 8

Cost: Free

1/24/2012 **Bennett Elementary**
Tuesday 5900 Sidehill Drive, Sun Valley
6 pm - 8 pm



Math and Parent Partnerships (MAPPS) – What is Multiplication?

Description: Parents will experience different models for multiplication. Participants will explore multiplication by looking at grouping, repeated addition, and arrays.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades K - 4

Cost: Free

2/1/2012 **Sierra Vista Elementary**
Wednesday 2001 Soaring Eagle Drive, Reno
5:30 pm - 7:30 pm

Math and Parent Partnerships (MAPPS) – Wrap it Up! Geometry for 5-8

Description: Participants will build cubes with manipulatives and will study some geometry concepts that will help them connect geometry to the real career world.

Presented by: Nevada Parent Information & Resource Center (PIRC) - Education Alliance

Grade Levels: Parents of students in grades 5 - 8

Cost: Free

3/6/2012 **Booth Elementary**
Tuesday 1450 Stewart Street, Reno
9:30 am - 11:30 am

Washoe County School District Family Resource Centers present the Strengthening Families Program

The Strengthening Families Program is a 7 week course for adults and their children (age 10-14 years old) that meets **once a week** in the evenings.

Dinner is provided before the class.

Adults will learn about rules and consequences, problem solving and ways to show love and support. Youth will learn about goal setting, dealing with stress and emotions, communication skills, increasing responsible behavior and resisting peer pressure.

Classes are offered at the following locations:

Pine Middle School (September 8 - October 20)

Sparks Middle School (October 12 - November 23)

Vaughn Middle School (February 8 - March 21)

Contact Teresa at 333-3525 to register or for more information.

CATEGORY #1 – Supporting Learning and Navigating the System

Family Literacy Experience (FLITE) – Did You Hear That?

Description: Parents will learn how to support their child's learning with a focus on literacy and science. In this class, families will learn about the sense of hearing, the uses and applications of hearing and experiment with pitch and vibration. Take home activities are provided.

Presented by: Nevada Parent Information & Resource Center (PIRC) – Education Alliance

Grade Levels: Parents of students in grades K - 6

Cost: Free

10/11/2011 **Double Diamond Elementary**
Tuesday 1200 S. Meadows Pkwy., Reno
6 pm - 8 pm

3/29/2012 **Elmcrest Elementary**
Thursday 855 McDonald Drive, Reno
6 pm - 8 pm

Family Literacy Experience (FLITE) – Inside the Earth

Description: Parents will learn how to support their child's learning with a focus on literacy and science. In this class, the parent and child will learn about the layers of the earth and how the earth's surface changes. Take home activities are provided.

Presented by: Nevada Parent Information & Resource Center (PIRC) – Education Alliance

Grade Levels: Parents of students in grades K - 6

Cost: Free

2/17/2012 **Anderson Elementary**
Friday 1055 Berrum Lane, Reno
5:30 pm - 7:30 pm

Family Literacy Experience (FLITE) - Lemony Learning

Description: Parents will learn how to support their child's learning with a focus on literacy and science. In this class, families will learn about lemons. Take home activities are provided.

Presented by: Nevada Parent Information & Resource Center (PIRC) – Education Alliance

Grade Levels: Parents of students in grades K - 6

Cost: Free

1/19/2012 **Peavine Elementary**
Thursday 1601 Grandview Avenue, Reno
5:30 pm - 7:30 pm

Strong Families Build Healthy Communities

At The Children's Cabinet, we strive to keep children safe and families together. We ensure families have access to services that allow each individual to reach their potential and contribute to society.

Call **775.856.6200** or visit **childrenscabinet.org** for more information.

BUILDING STRONG FAMILIES BY OFFERING THESE RESOURCES:

- Parent Resources and Classes
- Work & Life Skills for Youth
- Childcare Assistance
- Family Counseling



The AmeriCorps Summer of Service is a great option for teens just graduating to acquire work experience and a living stipend while serving the community.



CATEGORY #1 – Supporting Learning and Navigating the System

Family Literacy Experience (FLITE) – Our Solar System

Description: Families will learn how to support their child's learning with a focus on literacy and science. In this class, families will learn to identify and describe the physical features of planets and build a model of a constellation. Take home activities are provided.

Presented by: Nevada Parent Information & Resource Center (PIRC) – Education Alliance

Grade Levels: Parents of students in grades K - 6

Cost: Free

1/31/2012 **Hunsberger Elementary**
Tuesday 2506 Crossbow Court, Reno
6:30 pm - 8:30 pm

3/20/2012 **Desert Heights Elementary**
Tuesday 13948 Mt. Bismark Street, Reno
6 pm - 8 pm

Discovering a Gifted and Talented (GT) Child

Description: Do you think your child could possibly qualify for the Gifted and Talented program but aren't sure? Learn about the process for identifying and testing for Gifted and Talented in WCSd. Information will also be shared about what you can look for if you think your child is gifted.

Presented by: Gifted and Talented Program (GATE)

Grade Levels: Parents of children/students ages birth to young adult

Cost: Free

12/8/2011 **Juniper Elementary**
Thursday 225 Queen Way, Sparks
9:30 am - 11:30 am

2/9/2012 **Beck Elementary**
Thursday 1900 Sharon Way, Reno
6 pm - 7:30 pm

Perfectionism & the Gifted Child

Description: Perfectionism can be viewed as having both positive and negative aspects. We need to help our gifted perfectionistic students develop the positive aspects of perfectionism.

Presented by: Gifted and Talented Program (GATE)

Grade Levels: Parents of students in Grades K - 8

Cost: Free

10/13/2011 **Gomm Elementary**
Thursday 4000 Mayberry Drive, Reno
6:30 pm - 8:30 pm

2/15/2012 **Gomm Elementary**
Wednesday 4000 Mayberry Drive, Reno
6:30 pm - 8:30 pm



4/18/2012 **Gomm Elementary**
Wednesday 4000 Mayberry Drive, Reno
6:30 pm - 8:30 pm

High School Career Internship

Description: Get the scoop on the high school internship class. High achieving students (grades 11 & 12) earn 1/2 credit per semester while interning for 30 hours with a mentor in almost any career field.

Presented by: Gifted and Talented Program (GATE)

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

11/2/2011 **Wooster High**
Wednesday 1331 E. Plumb Lane, Reno
5:30 pm - 7:30 pm

3/1/2012 **Reno High**
Thursday 395 Booth Street, Reno
5:30 pm - 7:30 pm

CATEGORY #1 – Supporting Learning and Navigating the System



English Language Learners: Busting the Myths about Learning at Home

Description: Have you been told not to read to your child in his or her native language? Did you know that if you build the literacy of your child in his or her native language, it will help improve literacy skills in English as well? Learn about these and other myths around English Language Learners and how to build literacy at home.

Presented by: WCSD ELL & World Languages

Grade Levels: Parents of children/students ages birth to young adult

Cost: Free

11/3/2011 **Risley Elementary**
Thursday 1900 Sullivan Lane, Sparks
9 am - 10:30 am

12/1/2011 **Mitchell Elementary**
Thursday 1216 Prater Way, Sparks
9:30 am - 11 am

1/17/2012 **Warner Elementary**
Tuesday 3075 Heights Drive, Reno
5:30 pm - 7:30 pm

Washoe County Library System: Keeping You Connected

Description: What do public libraries offer to anyone and everyone? Access to information and technology, arts, educational and cultural enrichment.

Presented by: Washoe County Library

Grade Levels: Parents of students in Grades K - 12

Cost: Free

10/6/2011 **Duncan Elementary**
Thursday 1200 Montello Street, Reno
5:30 pm - 6:30 pm

1/17/2012 **Loder Elementary**
Tuesday 600 Apple Street, Reno
3:30 pm - 4:30 pm

3/28/2012 **Double Diamond Elementary**
Wednesday 1200 S. Meadows Pkwy., Reno
6 pm - 7 pm

CATEGORY #1 – Supporting Learning and Navigating the System

Preparing for the College Application Process

Description: This class will educate families on ways to best prepare students for the college application process. Families will learn about what classes their students should be taking in high school to best prepare them for the college application process. Participants will also learn about steps students can take to best prepare them for college.

Presented by: Truckee Meadows Community College

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

10/13/2011 Sparks High
Thursday 822 15th Street, Sparks
6 pm - 8 pm

10/26/2011 Hug High
Wednesday 2880 Sutro Street, Reno
6 pm - 8 pm

12/6/2011 Wooster High
Tuesday 1331 E. Plumb Lane, Reno
6 pm - 8 pm

Promoting Literacy with Your Child

Description: Do you know how to choose appropriate reading materials for your child's level? Are you aware of when you should have your child read to you versus reading to your child? Learn about these and other tips for promoting literacy at home.

Presented by: WCSD Curriculum & Instruction

Grade Levels: Parents of children/students ages birth to young adult

Cost: Free

9/29/2011 Booth Elementary
Thursday 1450 Stewart Street, Reno
10 am - 11:30 am

12/7/2011 Silver Lake Elementary
Wednesday 8719 Red Baron Blvd., Reno
6 pm - 7:30 pm

12/14/2011 Smithridge Elementary
Wednesday 4801 Neil Road, Reno
6 pm - 7:30 pm

Washoe Adult Education

offers FREE classes for:

- GED
- Adult Diploma
- Math & Science Proficiency Prep

There is a small cost for:

**English as a Second Language
(ESL) Classes**

Classes are held
throughout
the Reno Sparks area

If you are interested
please call:

333-5150



Washoe County School District
Every Child, By Name And Face, To Graduation



Everyone Can Learn Through the Arts: Grades Pre-K - 2

Description: Explore art activities and discover how they engage the senses, develop motor skills and expand practical knowledge. Through exploration of artistic movement, sights and sounds, parents will learn fun and engaging activities to share with the entire family.

Presented by: WCSD Curriculum – Fine Arts

Grade Levels: Parents of students in grades Pre-K - 2

Cost: Free

10/12/2011 Palmer Elementary
Wednesday 5890 Klondike, Sun Valley
6 pm - 8 pm

Learning More Through the Arts: Grades 3 - 4

Description: Parents will explore arts activities and discover how the arts develop higher level thinking skills and expand practical knowledge. Learn methods for expanding your child's understanding of the arts and beyond in the home and community.

Presented by: WCSD Curriculum – Fine Arts

Grade Levels: Parents of students in grades 3 - 4

Cost: Free

11/8/2011 Pleasant Valley Elementary
Tuesday 405 Surrey Drive, Reno
5:30 pm - 7:30 pm

2/2/2012 Bennett Elementary
Thursday 5900 Sidehill Drive, Sun Valley
9:30 am - 11:30 am

CATEGORY #1 – Supporting Learning and Navigating the System

2/8/2012 **Sierra Vista Elementary**
Wednesday 2001 Soaring Eagle Drive, Reno
9:30 am - 11:30 am

Navigation Tools – Fine Arts: Grades 5 - 9

Description: Is your child interested in pursuing the fine arts in 5th-9th grades? Do you know the benefits that the arts have for your child? We will discuss these benefits and how you, as the parent, have the ability to help your child schedule their classes so that they can be involved in a non-stop program in the junior high through high school years. All arts are important for all children. Don't let your child lose out.

Presented by: WCSO Curriculum – Fine Arts

Grade Levels: Parents of students in grades 5 - 9

Cost: Free

10/26/2011 **Damonte Ranch High**
Wednesday 10501 Rio Wrangler Pkwy., Reno
6 pm - 7:30 pm

2/22/2012 **Wooster High**
Wednesday 1331 E. Plumb Lane, Reno
6 pm - 7:30 pm

How to Make the Most Out of Your Parent Teacher Conference

Description: Build a critical list of questions to ask your child's teacher during the Parent Teacher Conference. Find out about the different types of data you can ask for and what they mean to your child's progress. Get prepared and make your Parent Teacher Conference a valuable meeting in helping your child to succeed.

Presented by: WCSO Department of Family-School Partnerships

Grade Levels: Parents of students in Grades K - 12

Cost: Free

10/5/2011 **Smithridge Elementary**
Wednesday 4801 Neil Road, Reno
9 am - 10 am

11/1/2011 **Hunter Lake Elementary**
Tuesday 909 Hunter Lake Drive, Reno
9:15 am - 10:15 am

11/3/2011 **Lincoln Park Elementary**
Thursday 201 Lincoln Way, Sparks
5:30 pm - 6:30 pm





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250 Court Street at Arlington Avenue, Reno
826-6100, info@vsanevada.org

CATEGORY #1 – Supporting Learning and Navigating the System

Process to Obtain Help for a Child – Special Needs

Description: Learn about evaluations, assessment and the Response to Intervention process (RTI). Evaluation and determining eligibility are key elements in special education. This workshop provides an understanding of the Response to Intervention process and other forms of evaluation. Participants will learn about the process that determines the need for special education and related services

Presented by: Nevada Parents Educating Professionals (Nevada PEP)

Grade Levels: Parents of students in Grades K - 12

Cost: Free

11/1/2011 **Reno Sparks Indian Colony**
Tuesday 34 A Reservation Road
6:30 pm - 8:30 pm

1/19/2012 **Mt. Rose Elementary**
Thursday 915 Lander Street, Reno
3:30 pm - 5:30 pm

4/3/2012 **Donner Springs Elementary**
Tuesday 5125 Escuela Way, Reno
5:30 pm - 7:30 pm

Black Student College Education Series

Description: Every child deserves the opportunity to attend college. Attend this series of interactive classes for Black students and families to build a network of support and learn about the resources available to support your child's achievement from kindergarten through high school, ensuring that every child can reach their full potential to be career or college ready!

Presented by: WCSD Department of Family-School Partnerships

Grade Levels: Parents of students age 5 to young adult

Cost: Free

10/18/2011 **Boys & Girls Club of Truckee Meadows**
Tuesday 2680 E. 9th Street, Reno
6:30 pm - 8 pm

1/24/2012 **Boys & Girls Club of Truckee Meadows**
Tuesday 2680 E. 9th Street, Reno
6:30 pm - 8 pm

5/15/2012 **Boys & Girls Club of Truckee Meadows**
Tuesday 2680 E. 9th Street, Reno
6:30 pm - 8 pm

2nd Annual Our Story's HBCU Tour (Historically Black Colleges & Universities Tour)

April 7th - 13th, 2012

Tour Package Includes:

Round Trip Airfare

Nightly Hotel Accommodations

Deluxe Coach Travel

Guided Campus Tours

College Prep Workshops

Local Tourist Attractions

- A \$300 non-refundable deposit is required to reserve your seat.
- All participants must be high school students with a minimum 2.0 GPA
- This tour will visit HBCU's in Maryland, Virginia and Washington DC
- All seats are on first come-first serve basis through November 19, 2011

Contact Barbara Bolton for cost and other information:
702-289-6050 or gboltonb@gmail.com



CATEGORY #1 – Supporting Learning and Navigating the System

Career Information Night

Description: Parents and students are provided with information and resources on various career paths.

Presented by: AACT, Career & Technical Education and WCSD Department of Family-School Partnerships

Grade Levels: Parents of students in grades 8-12

Cost: Free

11/2/2011 **Academy of Arts, Careers & Technology**
Wednesday 380 Edison Way
6 pm - 8 pm

Bridging the High School Arts Experience to Become College and Career Ready

Description: A discussion and presentation on how to assist students in creating portfolios, prepare for auditions for college and career opportunities. We will also examine

the possible resources for scholarships and financial aid for students considering going to college. When and how to start planning for the future of your student of the arts will also be discussed.

Presented by: WCSD Curriculum – Fine Arts

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

10/18/2011 **Galena High**
Tuesday 3600 Butch Cassidy Way, Reno
6 pm - 7:30 pm

11/17/2011 **Nevada Urban Indians**
Thursday 1475 Terminal Way - B, Reno
6 pm - 7:30 pm

Destination University – Destino a la Universidad

Description: Parents and students will receive information on college access, financial aid and scholarship information.

Presented by: Hispanic Scholarship Fund (HSF)

Grade Levels: Parents of students in grades 9 - 12

Cost: Free

11/17/2011 **Hug High**
Thursday 2880 Sutro Street, Reno
6:30 pm - 8:30 pm

Transition to Middle School

Description: It's your child's biggest transition since kindergarten. They are leaving the cozy nest of elementary school for the wide-open spaces of middle school. It can be daunting for both of you, so start your preparations now. These resources can help you smooth the way, both socially and academically.

Presented by: WCSD Counseling Department

Grade Levels: Parents of students in grade 6

Cost: Free

3/29/2012 **Mt. Rose Elementary**
Thursday 915 Lander Street, Reno
5:30 pm - 7:00 pm

4/5/2012 **Lincoln Park Elementary**
Thursday 201 Lincoln Way, Sparks
5:30 pm - 7:00 pm

5/2/2012 **Silver Lake Elementary**
Wednesday 8719 Red Baron Blvd., Reno
9 am - 10:30 am

5/10/2012 **Veterans Elementary**
Thursday 1200 Locust Street, Reno
9 am - 10:30 am

WHAT IS NEVADA PEP?

Nevada PEP is a statewide nonprofit organization offering education, empowerment, and encouragement to families of children with all disabilities. PEP provides a variety of training workshops on special education and disability related topics.

WHO SHOULD CALL?

- Parents of children with special needs, illnesses, and disabilities
- Parents of children with mental health needs
- Parents needing encouragement and support from other parents
- Family members, friends, and persons with disabilities
- Professionals in the medical, educational, and human services fields
- Community leaders who make decisions about support programs for children with disabilities and their families

WHAT SERVICES DOES PEP OFFER?

(services provided at no cost)

- Information and Referral
- Individual Assistance
- Lending Library
- Support Groups
- Quarterly Newsletters
- Volunteer Opportunities
- Conflict Resolution Support
- Family Support Services
- What Is Nevada PEP?
- Training Workshops:
 - IDEA
 - Wraparound
 - ADD
 - Bullying
 - IEP Clinics, and more

HOW CAN I CONTACT NEVADA PEP?

Toll-free: 1.800.216.5188

NEVADA PEP
Strengthening Families with
Education • Empowerment • Encouragement

CATEGORY #2 – Leadership / Advocacy



Family Engagement

Description: What are the best things parents can do to help their children succeed academically? How can you move your parent organization away from simply fundraising and throwing parties and focus your efforts on student achievement? If you want to support and connect with all families to help their children succeed, attend this workshop and strategize ways to bring true family engagement to your child's school.

Presented by: WCSO Department of Family-Schools Partnerships

Grade Levels: Parents of children birth to young adult

Cost: Free

3/7/2012 **Boys & Girls Club of Truckee Meadows**
Wednesday 2680 E. 9th Street, Reno
5:30 pm - 7 pm

4/24/2012 **Sepulveda Elementary**
Tuesday 5075 Ion Drive, Sparks
5:30 pm - 7 pm

5/17/2012 **Caughlin Ranch Elementary**
Thursday 4885 Village Green Pkwy., Reno
9:30 am - 11 am

Advocacy

Description: Learn how to be an empowered parent and create a positive change in your child's education. Practical tips on sharing power and becoming equal partners in decisions that affect children and families informing, influencing, and creating policies, practices, and programs.

Presented by: Nevada Parent Teacher Association (PTA)

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/1/2011 **Sun Valley Elementary**
Saturday 5490 Leon Drive, Sun Valley
10 am - 12 noon

10/18/2011 **Lincoln Park Elementary**
Tuesday 201 Lincoln Way, Sparks
9:30 am - 11:30 am

1/18/2012 **Maxwell Elementary**
Wednesday 2300 North Rock Blvd., Sparks
5:30 pm - 7:30 pm

CATEGORY #2 – Leadership / Advocacy

Being Involved in a Parent Group and Your Child's School – Foundations for Leadership

Description: Attend this course to understand what it means to be an effective parent leader in your school. What does family engagement look like and how does it affect student success?

Presented by: Nevada Parent Teacher Association (PTA)

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/1/2011 **Sun Valley Elementary**
Saturday 5490 Leon Drive, Sun Valley
1 pm - 3 pm

10/18/2011 **Warner Elementary**
Tuesday 3075 Heights Drive, Reno
6 pm - 8 pm

1/19/2012 **Mitchell Elementary**
Thursday 1216 Prater Way, Sparks
9:30 am - 11:30 am

Skills for Effective Advocacy

Description: Participants will learn the importance of advocacy and effective strategies to help children with disabilities. Communication techniques will help you feel confident advocating for children.

Presented by: Nevada Parents Educating Professionals (Nevada PEP)

Grade Levels: Parents of students in grades K - 12

Cost: Free

9/27/2011 **Mendive Middle**
Tuesday 1900 Whitewood Drive, Sparks
4 pm - 5:30 pm

10/11/2011 **Reno Sparks Indian Colony**
Tuesday 34A Reservation Road
6 pm - 7:30 pm

11/16/2011 **Donner Springs Elementary**
Wednesday 5125 Escuela Way, Reno
6:30 pm - 8 pm

12/13/2011 **North Valleys High**
Tuesday 1474 E. Golden Valley Road, Reno
3:30 pm - 5 pm

Starting a Physical Education Club at Your Child's School

Description: This class will explain how I started the Lace 'Em Up running club at Brown Elementary School and how you can replicate it at your own school.

Presented by: Wendy Damonte

Grade Levels: Parents of students in grades K - 6

Cost: Free

9/29/2011 **Brown Elementary**
Thursday 13815 Spelling Court, Reno
9:30 am - 11:30 am

The Right Question

Description: The right question will help parents to become advocates for their children and get the services they need to help their children succeed. Learn how to formulate the right questions and become empowered, knowing that you have a right to ask questions about your child's education.

Presented by: WCSD Department of Family-School Partnerships

Grade Levels: Parents of students in grades K - 12

Cost: Free

2/21/2012 **Kate Smith Elementary**
Tuesday 1925 F Street, Sparks
5:30 pm - 7:30 pm

4/25/2012 **Veterans Elementary**
Wednesday 1200 Locust Street, Reno
9 am - 11 am

Women & Children's Center of the Sierra

Providing education, job training, resources and support to help women escape or avoid poverty and provide a better life for their children.

GED Preparation

Computer Lab and Classes

ESL Classes: Learn to speak and write English.

Getting Ahead: Anti-poverty classes that teach an understanding of social structure, encourage assessment of personal situations, and design of a plan for a better future.

Client Success Program

Diaper Bank: Fridays 10am to 2pm.
New clients by referral only.

Food Stamps Applications: First Friday of every month, 10am to 2pm, a Food Bank of Northern Nevada SNAP Team member visits to assist with filling out food stamp applications.

Yoga/ Pilates

255 W. Peckham Lane, Suite B
Reno, NV 89509
775 825 8771 www.waccs.org





How to Talk to Your Child About Bullying

Description: Bullying is a serious issue that affects nearly every school in our nation. It is a behavior that knows no boundaries of class, race, gender, size of school or age. Bullies tend to target children who are considered “different.” Don’t miss this class full of strategies to help families cope with and prevent bullying.

Presented by: Nevada Parents Educating Professionals (Nevada PEP)

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/4/2011 Depoali Middle
Tuesday 9300 Wilbur May Pkwy., Reno
5:30 pm - 7:30 pm

12/14/2011 O’Brien Middle
Wednesday 10500 Stead Blvd., Reno
3:30 pm - 5:30 pm

3/13/2012 Dilworth Middle
Tuesday 255 Prater Way, Sparks
6:30 pm - 8:30 pm

5/3/2012 Swope Middle
Thursday 901 Keele Drive, Reno
6:30 pm - 8:30 pm

Media Wise

Description: Screen time is the most significant lifestyle change for children over the last decade. The average American child today spends 53 hours a week consuming media. You will gain resources and information about the impact of media on children and families. We will discuss current popular media, educational media, and how to create a balanced media “diet” for your family.

Presented by: WCSD Child and Family Services/
Tune In To Kids

Grade Levels: Parents of students in grades K - 12

Cost: Free

9/28/2011 Hunsberger Elementary
Wednesday 2505 Crossbow Court, Reno
6 pm - 8 pm

11/29/2011 Whitehead Elementary
Tuesday 3570 Waterfall Drive, Sparks
5:30 pm - 7:30 pm

1/26/2012 Veterans Elementary
Thursday 1200 Locust Street, Reno
3:30 pm - 5:30 pm

3/27/2012 Peavine Elementary
Tuesday 1601 Grandview Avenue, Reno
5:30 pm - 7:30 pm



Born Learning

Description: All children are born learning and there are many ways you can help them as they grow. This class, designed for parents and caregivers of children age birth to 5, will cover how children learn and how you can support their learning, as well as information on important developmental stages.

Presented by: United Way of Northern Nevada and the Sierra

Grade Levels: Parents of newborns to age 5

Cost: Free

1/31/2012 **Catholic Community Services**
Tuesday 500 E. 4th Street, Reno
9:30 am - 11:30 am

2/16/2012 **Boys & Girls Club of Truckee Meadows**
Thursday 2680 E. 9th Street, Reno
9:30 am - 11:30 am

3/14/2012 **Sun Valley Neighborhood Center**
Wednesday 115 West 6th Street, Sun Valley
9:30 am - 11:30 am

Understanding Attention Deficit Hyperactivity Disorder (ADHD)

Description: Parents and teachers of children who have Attention Deficit Hyperactivity Disorder (ADHD) face different challenges when helping children achieve appropriate behaviors at home and school. When a child has ADHD, traditional approaches to teaching appropriate behavior may not work well. Join us as we take a look at some strategies that can help a child become successful in home, community, and school environments.

Presented by: Nevada PEP

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/19/2011 **Anderson Elementary**
Wednesday 1055 Berrum Lane, Reno
6:30 pm - 8:30 pm

11/17/2011 **Stead Elementary**
Thursday 10580 Stead Blvd., Reno
6:30 pm - 8:30 pm

2/7/2012 **Dunn Elementary**
Tuesday 1135 O'Callahan Drive, Sparks
3:30 pm - 5:30 pm

4/18/2012 **Hidden Valley Elementary**
Wednesday 2115 Alphabet Drive, Reno
5:30 pm - 7:30 pm

CATEGORY #3 – Parenting

Shaken Baby Syndrome (Abusive Head Trauma)

Description: Information about the effects and prevention of SBS/AHT will be shared, including a video and demonstration.

Presented by: WCSD Child and Family Services/
Family Resource Center

Grade Levels: Parents of children ages 0 to 5

Cost: Free

1/24/2012 **Mathews Elementary**
Tuesday 2750 Elementary Drive, Reno
5:30 pm - 6:30 pm

5/16/2012 **Allen Elementary**
Wednesday 5155 McGuffy Road, Sun Valley
6 pm - 7 pm

Strengthening Families

Description: This seven session series, one evening each week, is a program designed for parents and their youths (ages 10-14). A light "family" sit-down dinner is served before each class starts. The class is two hours each week. The first hour the youths and parents work in separate groups with facilitators. Youths work on peer pressure issues and building a new understanding of their parents. Parents cover information about parenting teens in a loving, caring manner and setting and maintaining family rules.

Presented by: WCSD Child and Family Services/
Family Resource Center

Grade Levels: Parents of students ages 10 - 14
(Please bring your child)

Cost: Free

10/5/2011, 10/12/2011, Sparks Middle
10/19/2011, 10/26/2011, 2275 18th Street, Sparks
11/2/2011, 11/9/2011, 5:30 pm - 7:30 pm
11/16/2011
Wednesdays



Northern Nevada Literacy Council provides...

English as a Second Language, Adult Basic Skills, and GED Preparatory

Instruction for adults 18 years of age and over, who lack a high school diploma or GED or essential basic skills to function successfully in the workplace.

NNLC's GED Preparatory Instruction 9-week course addresses the five major subject areas in the official GED Test battery:

- Language Arts, Reading
- Language Arts, Writing (Essay)
- Math
- Social Studies
- Science

For more information call:
775-356-1007 or
check our website at:
www.nnlc.org



CATEGORY #3 – Parenting

The Importance of Fatherhood

Description: Participants will learn about data and research regarding the link between strong father/child relationships and positive outcomes in school and in life

Presented by: Dr. Jim Studer

Grade Levels: Parents of children from birth to young adult

Cost: Free

11/17/2011 **Sierra Vista Elementary**
Thursday 2001 Soaring Eagle Drive, Reno
6 pm - 7:30 pm

11/30/2011 **Kate Smith Elementary**
Wednesday 1925 F Street, Sparks
6 pm - 7:30 pm

Positive Discipline for Adolescents

Description: Understand the goals of youth behavior, special risks teens are facing, choices and consequences.

Presented by: The Children's Cabinet

Grade Levels: Parents of students age 10+

Cost: Free

11/29/2011 **The Children's Cabinet**
Tuesday 1090 S. Rock Blvd., Reno
5:30 pm - 7:30 pm

3/13/2012 **The Children's Cabinet**
Tuesday 1090 S. Rock Blvd., Reno
6 pm - 8 pm

Keeping Your Kids Safe on the Internet

Description: Students spend many hours unattended surfing the internet. Learn how to monitor internet use and how to talk to your students about appropriate information to share over the world wide web.

Presented by: WCSD Counseling Department

Grade Levels: Parents of children age 5 to young adult

Cost: Free

12/1/2011 **Alice Smith Elementary**
Thursday 1070 Beckwourth Drive, Reno
6 pm - 7:30 pm

4/4/2012 **Diedrichsen Elementary**
Wednesday 1735 Del Rosa Way, Sparks
6 pm - 7:30 pm

Helping Military Kids Cope with a Parent's Deployment

Description: A class for parents and support groups of children who have a parent that is currently or will be deploying. The purpose of this class is to teach parents how to help children cope with deployment.

Presented by: Companions Along the Way/
Juanita Chapman

Grade Levels: Parents, teachers, school counselors, grandparents and care givers

10/6/2011 **O'Brien Middle**
Thursday 10500 Stead Blvd., Reno
5:30 pm - 7:15 pm

5/8/2012 **North Valleys High**
Tuesday 1473 E. Golden Valley Road, Reno
5:30 pm - 7:15 pm

Empowering Parents to Parent

Description: This is a student centered approach that empowers parents to measure personal outcomes of their child based upon proactive support planning while developing stronger family and community ties.

Presented by: Timothy Elam, M.A.,
CMS/People Quest Consulting

Grade Levels: Parents of students in Grades K - 12

Cost: Free

11/8/2011 **Hunter Lake Elementary**
Tuesday 910 Hunter Lake Drive, Reno
5:30 pm - 7:30 pm

SUPPORT K-12 Funding and Reforms

Parent Leaders FOR EDUCATION

www.EducationPriority1.org

STAND UP FOR EDUCATION

Join Parent Leaders for Education at
www.EducationPriority1.org

Parent Leaders for Education is a non-partisan, all-volunteer organization comprised of parents, concerned citizens, educators, community leaders and business owners who advocate for public education and who vote.

CATEGORY #3 – Parenting



3/17/2012 **Reno High**
Saturday 395 Booth Street, Reno
9:30 am - 11:30 am

4/26/2012 **Swope Middle**
Thursday 901 Keele Drive, Reno
6:30 pm - 8:30 pm

Conflict Resolution

Description: Learn a basic four step conflict resolution program you can share with your children. This program will help cut down on those verbal battles and tattling.

Presented by: WCSO Counseling Department

Grade Levels: Parents of children age 5 to young adult

Cost: Free

12/13/2011 **Westergard Elementary**
Tuesday 1785 Ambassador Drive, Reno
5:30 pm - 7:30 pm

1/17/2012 **Spanish Springs Elementary**
Tuesday 100 Marilyn Mae Drive, Sparks
6 pm - 8 pm

Smart Shopper

Description: A program designed to help families learn how to save money at the grocery store and how to plan easy-to-prepare, inexpensive and nutritious meals. This program of four class sessions is for families who receive SNAP benefits (food stamps) or are SNAP eligible.

Presented by: Food Bank of Northern Nevada

Grade Levels: Parents

Cost: Free

**10/4/2011, 10/11/2011,
10/18/2011, 10/25/2011**
Tuesdays

**10/5/2011, 10/12/2011,
10/19/2011, 10/26/2011**
Wednesdays

**3/7/2012, 3/14/2012,
3/21/2012, 3/28/2012**
Wednesday

**Sparks Recreation -
Larry Johnson Center**
1200 12th Street, Sparks
5 pm - 6 pm

Neil Road Recreation Center
3925 Neil Road, Reno
5 pm - 6 pm

**Sparks Recreation -
Larry Johnson Center**
1200 12th Street, Sparks
5 pm - 6 pm

CATEGORY #4 – Family Health & Wellness

Family Wellness

Description: Parents and 9 - 17 year old children learn communication skills, effective and respectful discipline and healthy roles in the family.

Presented by: The Children's Cabinet

Grade Levels: Parents of students ages 9 - 17
(Please bring your child)

Cost: Free

10/6/11, 10/13/11, 10/20/11, 10/27/11, Thursdays
The Children's Cabinet
777 Sinclair Street, Reno
6 pm - 7:30 pm

11/1/11, 11/8/11, 11/15/11, 11/22/11, Tuesdays
The Children's Cabinet
777 Sinclair Street, Reno
6 pm - 7:30 pm

2/2/12, 2/9/12, 2/16/12, 2/23/12, Thursdays
The Children's Cabinet
777 Sinclair Street, Reno
6 pm - 7:30 pm

3/15/12, 3/22/12, 3/29/12, 4/5/12, Thursdays
The Children's Cabinet
777 Sinclair Street, Reno
6 pm - 7:30 pm

Tips and Tools for Successful Family Meals

Description: Soccer practices, dance rehearsals, play dates, and other scheduling conflicts make family mealtime seem like a thing of the past. This class will help you prepare nutritious meals, save money and learn the benefits of eating with your kids..

Presented by: Tune In To Kids

Grade Levels: Parents of students in grades K - 12

Cost: Free

1/31/2012
Tuesday
Dilworth Middle
255 Prater Way, Sparks
6 pm - 8 pm

2/7/2012
Tuesday
Shaw Middle
600 Eagle Canyon Drive, Sparks
6 pm - 8 pm

3/27/2012
Tuesday
Traner Middle
1700 Carville Dr., Reno
6 pm - 8 pm

5/2/2012
Wednesday
Vaughn Middle
1200 Bresson Avenue, Reno
6 pm - 8 pm

Sports Nutrition

Description: Practical information for parents/students on proper diet and nutrition for athletes pre-season as well as during season and competition.

Presented by: Patricia Carroll

Grade Levels: Parents/student athletes in high school

Cost: Free

10/11/2011
Tuesday
Hug High
2880 Sutro St., Reno
5:30 pm - 7:30 pm

12/6/2011
Tuesday
Damonte Ranch High
10502 Rio Wrangler Pkwy., Reno
5:30 pm - 7:30 pm

4/17/2012
Tuesday
Spanish Springs High
1065 Eagle Canyon Drive, Sparks
5:30 pm - 7:30 pm

Stress Reduction for Families

Description: Stress seems to be a part of everyday life for most people. Stress reduction for families will offer some information on the benefits and the harmful effects of stress. We will discuss some easy ways to reduce stress for ourselves as adults and our children so they can become more skilled at reducing their stress in healthy ways.

Presented by: WCSD Counseling Department

Grade Levels: Parents of students in grades K - 12

Cost: Free



Opening September 10th

Like a museum,
but totally different.

The Terry Lee Wells Nevada Discovery Museum is Reno's
newest and most exciting place for kids to learn and play.

 **The Discovery**
Terry Lee Wells Nevada Discovery Museum

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CATEGORY #4 – Family Health & Wellness



12/14/2011 **Beasley Elementary**
Wednesday 2100 Canyon Pkwy., Sparks
5:30 pm - 7:30 pm

3/15/2012 **Melton Elementary**
Tuesday 6575 Archimedes Lane, Reno
5:30 pm - 7:30 pm

2/2/2012 **Damonte Ranch High**
Thursday 10500 Rio Wrangler Pkwy, Reno
6 pm - 8 pm

3/22/2012 **Cold Springs Middle**
Thursday 18235 Cody Court, Reno
6 pm - 8 pm

Drug and Alcohol Prevention

Description: Parents will learn what they can do to prevent their children from underage drinking and using drugs.

Presented by: Join Together Northern Nevada

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/20/2011 **McQueen High**
Thursday 6055 Lancer Street, Reno
5:30 pm - 7:30 pm

11/9/2011 **Galena High**
Wednesday 3600 Butch Cassidy Way, Reno
5:30 pm - 7:30 pm

Helping a Child with Substance Abuse Problems

Description: Parents will be provided with tools to use if they suspect a child is abusing drugs. They will also learn steps to take to get help for a child abusing drugs.

Presented by: Join Together Northern Nevada

Grade Levels: Parents of students in grades K - 12

Cost: Free

2/9/2012 **North Valleys High**
Thursday 1472 E. Golden Valley Road, Reno
6 pm - 8 pm

3/1/2012 **Sparks High**
Thursday 823 15th Street, Sparks
6 pm - 8 pm

CATEGORY #4 – Family Health & Wellness

How to Talk to Your Children About Sex

Description: Learn practical, useable tips to help in addressing this important topic with your children. It may be the most important talk you can have with your child.

Presented by: WCSD Counseling Department

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/25/2011 **Vaughn Middle**
Tuesday 1200 Bresson Avenue, Reno
5:30 pm - 7:30 pm

11/3/2011 **Mendive Middle**
Thursday 1900 Whitewood Drive, Sparks
6 pm - 8 pm

1/26/2012 **Sparks Middle**
Thursday 2275 18th Street, Sparks
5:30 pm - 7:30 pm

Parenting the Older Child

Description: Support youth in making healthy choices regarding drugs, alcohol and sexuality.

Presented by: The Children's Cabinet

Grade Levels: Parents of teens and pre-teens

Cost: Free

1/25/2012 **The Children's Cabinet**
Wednesday 1090 South Rock Boulevard, Reno
6 pm - 8 pm

4/3/2012 **The Children's Cabinet**
Tuesday 1090 South Rock Boulevard, Reno
6 pm - 8 pm

Gang Resistance Intervention Program (GRIP)

Description: Learn about alternative educational steps to prevent gangs in our schools and to help keep students from joining gangs.

Presented by: WCSD Police Department

Grade Levels: Parents of students in grades 5 - 9

Cost: Free

9/29/2011 **Sparks High**
Thursday 820 15th Street, Sparks
6:30 pm - 8:30 pm

10/1/2011 **Nevada Hispanic Services**
Saturday 3905 Neil Road #2, Reno
9:30 am - 11:30 am

10/5/2011 **Reed High**
Wednesday 1350 Baring Blvd., Sparks
9:30 am - 11:30 am

BUILDING STRONGER FAMILIES TOGETHER



GREAT FUTURES START HERE.



BOYS & GIRLS CLUB
OF TRUCKEE MEADOWS

Family PLUS, a program of the Boys & Girls Club of Truckee Meadows, helps families succeed with:

■ **REFERRAL SERVICES** Connecting families to local organizations and agencies that can help

■ **PARENT WORKSHOPS** Classes that offer solutions to the challenges of parenting, some held in partnership with Parent University

■ **FATHER INVOLVEMENT** "All Pro Dad" day events that strengthen the relationship between kids and male role models

■ **PARENT KIOSKS** Located at the Club's DWR Facility (2680 E. 9th Street) offering access for parents to check grades, job search and more

For more information
visit www.BGCTM.org
or call 331-KIDS (5437)



CATEGORY #4 – Family Health & Wellness

Advocacy-Health Resources and Information for Children with Special Needs

Description: The course offers parents of children with disabilities and special health care needs strategies which will help them navigate public and private systems including health systems and insurance plans, present tips on how to talk with their providers, and offer a list of resources and support which are available in the community.

Presented by: Family Ties of Nevada

Grade Levels: Parents of students in grades K - 12

Cost: Free

11/5/2011 **Towles Elementary**
Saturday 2800 Kings Row, Reno
11:30 am - 1 pm

2/4/2012 **Winnemucca Elementary**
Saturday 1349 Backer Way, Reno
11:30 am - 1 pm

3/10/2012 **Picollo Middle**
Saturday 900 Foothill Road, Reno
11:30 am - 1 pm

CATEGORY #5 – Parents' Personal Growth and Development

Addressing Racial Conflict in School

Description: When racially motivated conflicts take place in our schools, parents become the first advocates for their children. Addressing such instances can be a difficult task for parents. The intent of this class is to provide parents with the knowledge of the education system, their rights and strategies to successfully resolve racially motivated conflicts in the school. Parents will also learn about district programs that are being developed to address racial/ethnic issues in our schools.

Presented by: WCSSD Diversity & Equity Department

Grade Levels: Parents of students in grades K - 12

Cost: Free

11/1/2011 **Nevada Hispanic Services**
Tuesday 3905 Neil Road #2, Reno
10 am - 11:30 pm

11/30/2011 **Clayton Middle**
Wednesday 1295 Wyoming Avenue, Reno
6 pm - 7:30 pm

2/9/2012 **Nevada Urban Indians**
Thursday 1475 Terminal Way #B, Reno
6 pm - 7:30 pm

5/10/2012 **Boys & Girls Club of Truckee Meadows**
Thursday 2680 E. 9th Street, Reno
6 pm - 7:30 pm



Anger Management for Adults

Description: This program is designed to assist and implement healthy ideas and resources in dealing with adult anger.

Presented by: Washoe County Sheriff's Office

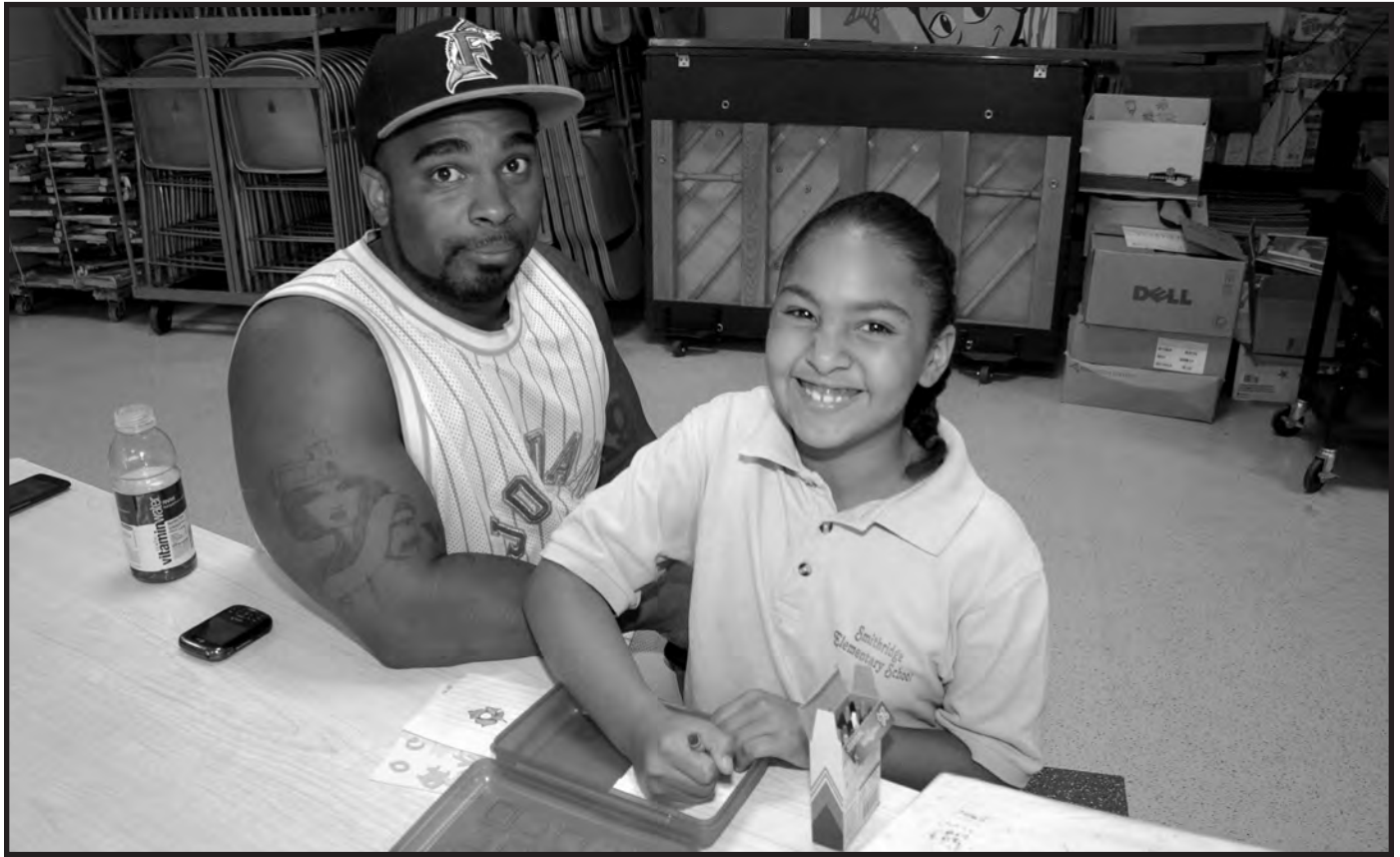
Grade Levels: Parents of students in grades K - 12

Cost: Free

2/29/2012 **Billinghurst Middle**
Wednesday 6685 Chesterfield Lane, Reno
6 pm - 8 pm

4/4/2012 **Traner Middle**
Wednesday 1700 Carville Drive, Reno
5:30 pm - 7:30 pm

CATEGORY #5 – Parents' Personal Growth and Development



Money Management

Description: Information and resources that can assist families to make financial decisions that best fit their needs. The workshop will cover money management tools and tips, protecting yourself financially, using credit to your advantage and planning for the future.

Presented by: United Way of Northern Nevada and the Sierra/Financial Stability Partnership

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/12/2011 **Allen Elementary**
Wednesday 5155 McGuffy Road, Sun Valley
6 pm - 8 pm

11/2/2011 **Matthews Elementary**
Wednesday 2750 Elementary Drive, Reno
9 am - 11 pm

1/17/2012 **Elmcrest Elementary**
Tuesday 855 McDonald Drive, Reno
6 pm - 8 pm

2/16/2012 **Dilworth Middle**
Thursday 255 Prater Way, Sparks
5:30 pm - 7:30 pm

4/18/2012 **O'Brien Middle**
Wednesday 10500 Stead Blvd., Reno
6 pm - 8 pm

Basic Computer Classes

Description: Learn how to use a mouse, browse the internet and open up a world of resources.

Presented by: WCSD – Information Technology Dept.

Grade Levels: Parents of students in grades K - 12

Cost: Free

10/19/2011 **Sierra Vista Elementary**
Wednesday 2001 Soaring Eagle Drive, Reno
4 pm - 6 pm

10/27/2011 **Sparks Middle**
Thursday 2275 18th Street, Reno
5:30 pm - 7:30 pm

12/1/2011 **Duncan Elementary**
Thursday 1200 Montello Street, Reno
5:30 pm - 7:30 pm

1/25/2012 **Lincoln Park Elementary**
Wednesday 201 Lincoln Way, Sparks
4 pm - 6 pm

1/26/2012 **Greenbrae Elementary**
Thursday 1840 4th Street, Sparks
5:30 pm - 7:30 pm

2/1/2012 **Cannan Elementary**
Wednesday 2450 Cannan Street, Reno
6 pm - 8 pm

CATEGORY #5 – Parents' Personal Growth and Development

2/9/2012 **Booth Elementary**
Thursday
1450 Stewart Street, Reno
5:30 pm - 7:30 pm

2/15/2012 **Vaughn Middle**
Wednesday
1200 Bresson Avenue, Reno
5:30 pm - 7:30 pm

2/22/2012 **Loder Elementary**
Wednesday
600 Apple Street, Reno
5:30 pm - 7:30 pm

2/28/2012 **Pine Middle**
Tuesday
4800 Neil Road, Reno
5:30 pm - 7:30 pm

3/6/2012 **Anderson Elementary**
Tuesday
1055 Berrum Lane, Reno
5:30 pm - 7:30 pm

3/15/2012 **Veterans Elementary**
Thursday
1200 Locust Street, Reno
6 pm - 8 pm

4/24/2012 **Corbett Elementary**
Tuesday
1901 Villanova Drive, Reno
6 pm - 8 pm

4/28/2012 **Dodson Elementary**
Saturday
4355 Houston, Reno
10 am - 12 noon

5/1/2012 **Elmcrest Elementary**
Tuesday
855 McDonald Drive, Reno
6 pm - 8 pm

5/9/2012 **Matthews Elementary**
Wednesday
2750 Elementary Drive, Reno
4 pm - 6 pm

Parenting While Plugged In: How to Manage Your Use of Media

Description: Many households now have laptops, televisions, smartphones, iPods and more. What happens when parents use this technology as much or more than their kids? This class will help you define quality time for your family, and will provide tips and tools for setting media limits for all family members.

Presented by: Tune In To Kids

Grade Levels: All Parents

Cost: Free

4/3/2012 **Lenz Elementary**
Tuesday
2500 Homeland Drive, Reno
6 pm - 8 pm

5/9/2012 **Moss Elementary**
Wednesday
2200 Primio Way, Sparks
6 pm - 8 pm



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Additional thanks to:

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Nevada Hispanic Services**

The Washoe County School District is very pleased to announce the formation of the ***Washoe K12 Education Foundation***

The Foundation's primary purpose is to secure private, non-profit, and local sources of funding for the District in order to move the initiatives forward in the District's strategic plan, *Envision Washoe 2015: Investing in our Future*. The Foundation allows for a secure source of funding for the community, business, and other large foundations to support and get behind in order to fund programs and initiatives in our schools and district. A prime example would be the **Parent University** which the Foundation proudly supports through efforts such as this catalog of classes.

The District is very pleased with the following community members who have demonstrated their commitment to the Foundation by serving as founding members. Board Members of the Washoe K12 Education Foundation include:

President, Perry DiLoreto

Vice Chairs, Michonne Ascuaga and Blake Smith

Secretary, Fred Altmann

Treasurer, Jim Pfrommer

More information on the official "Kick Off" event for the Washoe K12 Education Foundation will be coming soon so stay tuned!

For more information on the Washoe K12 Education Foundation, please call Kristen McNeill, WCSD Chief Strategies Officer at 348-0256.



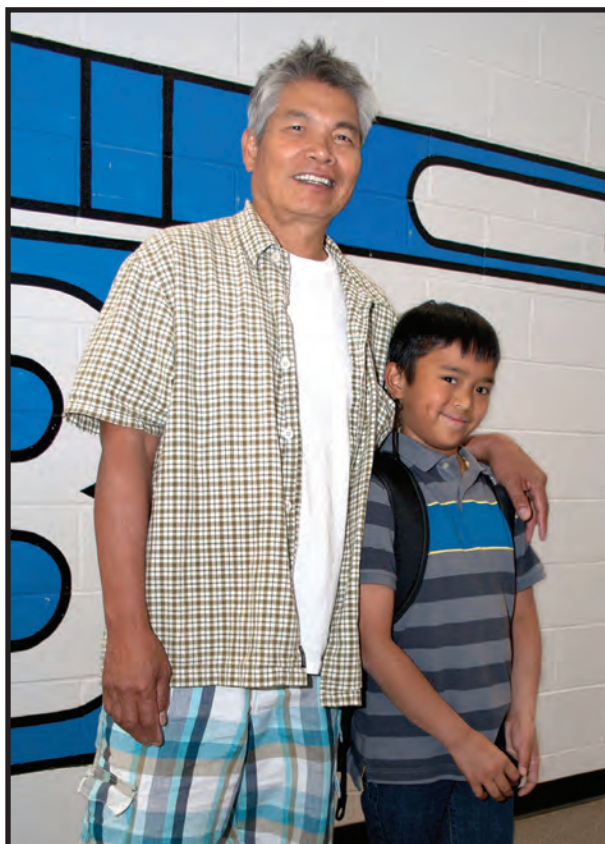
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