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BULLYING PREVENTION PROGRAM

OBPP Overview

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EXHIBIT K - EDUCATION
Document consists of 17 pages.
Entire document provided.
Meeting Date 02-16-12



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What Is Bullying?

“Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself.”

OBPP Teacher Guide, p. xii





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Three Key Components of Bullying Behavior

1. Involves an aggressive behavior
2. Typically involves a pattern of behavior repeated over time
3. Involves an imbalance of power or strength





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Direct Bullying

- Hitting, kicking, shoving, spitting
- Taunting, name-calling, using degrading comments
- Threatening or obscene gestures





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Indirect Bullying

- Getting another person to bully someone
- Spreading rumors
- Causing another person to be socially isolated
- Cyber bullying





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Effects of Being Bullied

- Lower self-esteem
- Depression and anxiety
- Absenteeism and lowered school achievement
- Thoughts of suicide
- Illness





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Concerns about Children Who Bully

Children who bully are more likely to:

- get into frequent fights
- be injured in a fight
- steal or vandalize property
- drink alcohol and smoke cigarettes
- be truant or drop out of school
- report poor academic achievement
- perceive a negative climate at school
- carry a weapon





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Effects of Bullying on Bystanders

Bystanders may feel:

- Afraid
- Powerless to change the situation
- Guilty for not acting
- A diminished empathy for victims over time





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Effects of Bullying on School Climate

- Bullying creates a climate of fear and disrespect.
- Bullying interferes with student learning.
- Students may feel insecure and not like school as well.
- Students may perceive a lack of control or caring.





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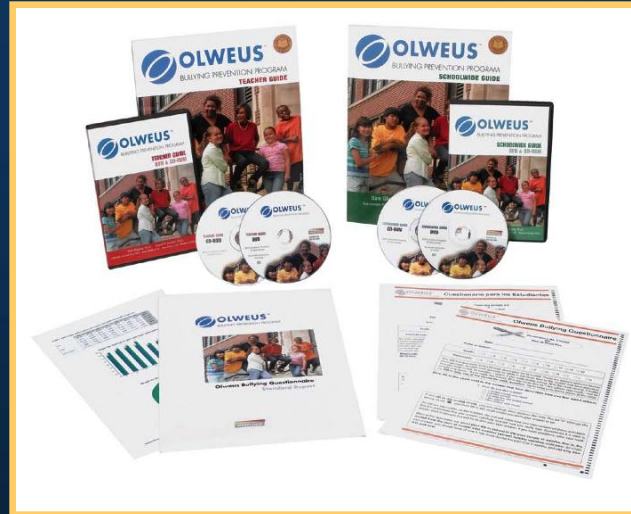
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Prevalence of Bullying in the United States

The first national study of bullying used a sample of 15,600 students in grades 6 to 10.

- 19% of students reported bullying others “sometimes” or more often during the school term
- 17% reported being bullied “sometimes” or more often
- 6.3% reported bullying and being bullied





OBPP is the most-researched and best-known bullying prevention program available today.





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Goals of *OBPP*

- To reduce existing bullying problems among students
- To prevent the development of new bullying problems
- To achieve better peer relations at school

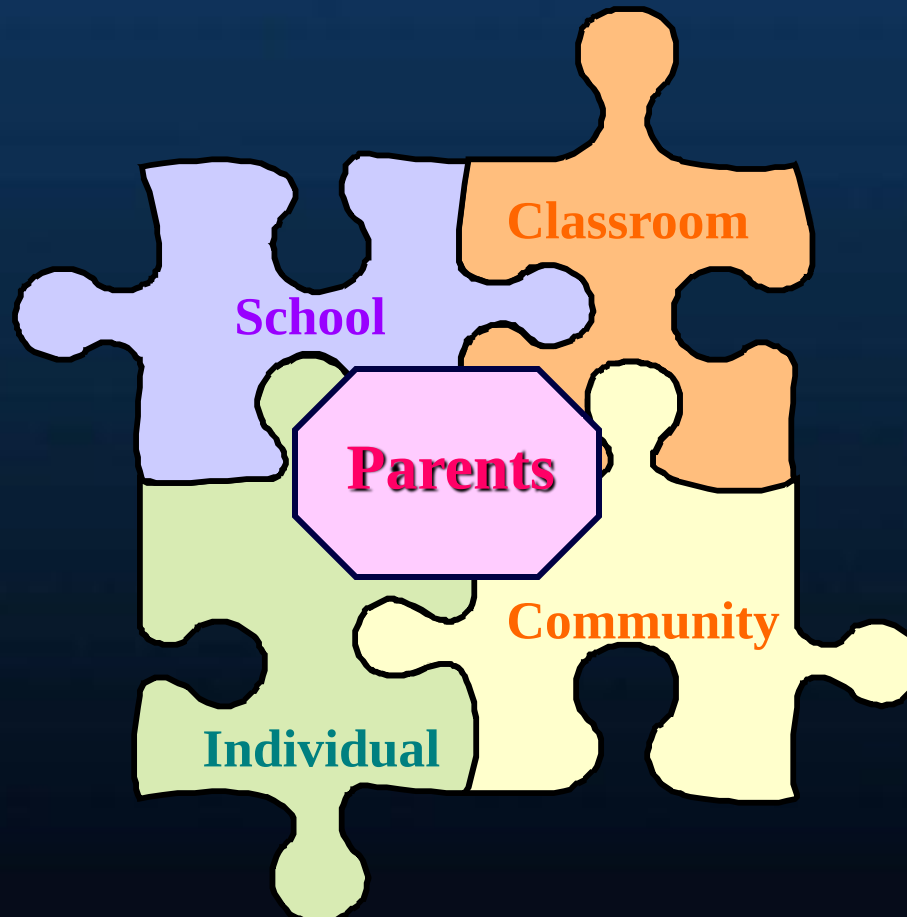




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Program Components





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For more information about
the *Olweus Bullying Prevention Program*

www.olweus.org

1-800-328-9000 in the U.S.

1-651-213-4590 outside the U.S.





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OBPP Training Information

- Training is highly recommended for successful program implementation
- Training is provided by a certified Olweus trainer
- It consists of a 2-day training for committee members and consultation for at least one school year





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For more information
about *OBPP* training

www.olweus.org

or contact Dr. Marlene Snyder at

nobully@clemson.edu

1-864-710-4562





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Take-Home Message

- It *is* possible to reduce bullying.
- It requires a *team* effort.
- It requires a long-term commitment.



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