



Children's Mental Health Services in Nevada

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EXHIBIT M – HEALTH CARE
Document consists of 24 pages.
Entire exhibit provided.
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Definition of Children's Mental Health (Behavioral Health) in Nevada

Children's mental (behavioral) health encompasses the physical, mental, emotional, and social well-being of children from infancy through adolescence. Nevada's System of Care meets the multiple and changing needs of families, children, and youth through a strength-based, family-driven, comprehensive, integrated, and coordinated continuum of services and supports.

What does the oversight of Children's Mental Health in Nevada look like? (Statutorily Mandated)

- Mental Health and Developmental Services Commission NRS Chapter 433
- Clark, Washoe and Rural Mental Health Consortia NRS 433B



Mental Health and Developmental Services Commission

- Establishes policies to ensure adequate development and administration of services for persons with mental illness, developmental disabilities, and related conditions.
- The MHDS Commission has several powers related to the oversight of programs within the Department of Health and Human Services (DHHS). There are three principle DHHS divisions directly involved in this planning process:
 - Mental Health and Developmental Services (MHDS)
 - Child and Family Services (DCFS)
 - Health Care Financing and Policy (HCFAP).

The MHDS Commission is also responsible for oversight of programs for co-occurring disorders since the Substance Abuse Prevention & Treatment Agency (SAPTA) is also housed within MHDS.

Mental Health Consortiaums (Clark, Washoe and Rural)

A mental health consortium may (NRS 433.337): Participate in activities within the jurisdiction of the consortium to:

- Implement the provisions of the long-term 10 year strategic plan established by the consortium. Each mental health consortium prepares and submits to the Director of the Department a long-term strategic plan for the provision of mental health services to children with emotional disturbance in the jurisdiction of the consortium.
- Improve the provision of mental health services to children with emotional disturbance and their families, including, without limitation, advertising the availability of mental health services and carrying out a demonstration project relating to mental health services.
- Coordinate with the Department to avoid duplicating or contradicting the efforts of the Department to provide mental health services to children with emotional disturbance and their families



What community stakeholder's are involved in Children's Mental Health?

- Division of Child and Family Services
- Division of Health Care Finance and Policy
- Division of Mental Health and Developmental Services
- Clark County Department of Family Services
- Washoe County Department of Social Services
- Clark County Juvenile Services
- Washoe County Juvenile Services
- Mohave Mental Health Services
- Clark County Children's attorneys Project (CAP)
- Nevada Legal Services
- Juvenile and Family Court Judges
- Nevada Parents Encouraging Parents (Nevada PEP)

What are some possible funding sources for Children's Mental Health in Nevada?

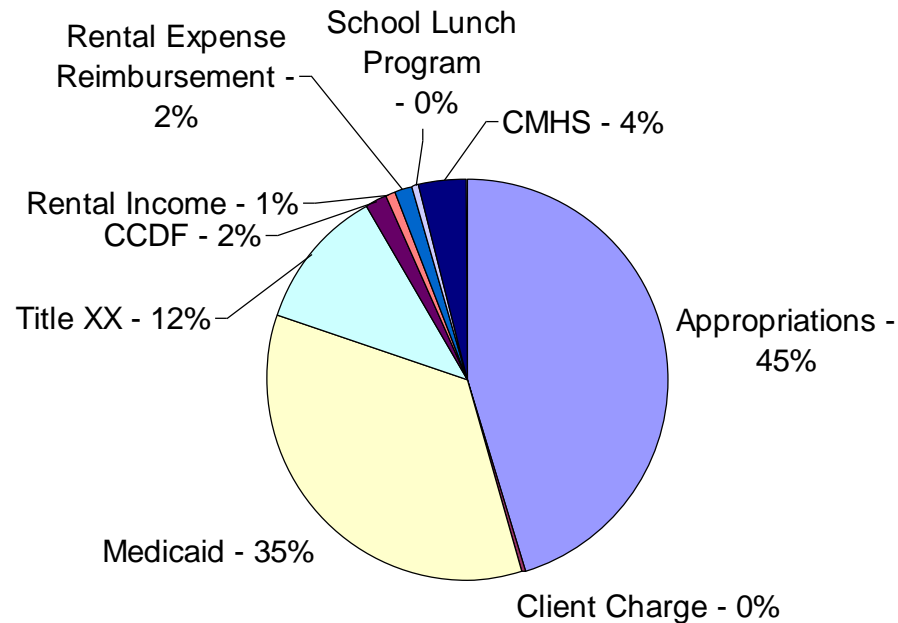
Government Funding

- Nevada Medicaid – Fee For Service or HMO
- Nevada Checkup
- Title XX Federal Grant (DCFS Only)
- Children's Mental Health Services Federal Grant (DCFS Only)
- Victims of Crime Federal Grant
- Substance Abuse Treatment Prevention Act
- County Clinical Units and County General Funds
- State General Funds

Private Funding

- Private Insurance
- Corporate and/or private donors
- Self-Pay

What are the funding sources for DCFS' Children's Mental Health?



Appropriations - \$14,544,616	Client Charge - \$136,624
Medicaid - \$11,152,472	Title XX - \$3,703,146
CCDF - \$538,651	Rental Income - \$200,184
Rental Expense Reimbursement - \$518,489	School Lunch Program - \$116,356
CMHS - \$1,285,781	

Who are the Children's Mental Health Providers in Nevada?

Where you receive children's mental health services in Nevada is based on the funding source.

- Private Insurance Provider
- Private Insurance PPO providers
- Private Insurance HMO providers
- Nevada Medicaid Fee For Service Behavioral Health Networks
- Nevada Medicaid HMO Providers
- Nevada Check-up HMO Providers
- Private for Profit Providers
- Private not for Profit Community Centers or Family Resource Centers
- **State Providers- DCFS; MHDS**
- County Providers – Clinical Units within the Child Welfare/Child Protection and Juvenile Justice Programs



Division of Child and Family Services Children's Mental Health

❖ Northern Nevada Child and Adolescent Services (NNCAS)

❖ Southern Nevada Child and Adolescent Services (SNCAS)



Who we are and what do we do!

DCFS Children's Mental Health is one of many providers within the State of Nevada and we offer the following:

- Community-Based Services
- Treatment Homes
- Psychiatric Hospital and Residential Treatment Center
- Performance and Quality Improvement

Number of Children we served in FY 2011

Statewide	NNCAS	SNCAS
3033	767	2266



Early Childhood Mental Health

- Children ages birth to 6 years of age
- Provide family, individual and group therapies, parent training, day treatment, child care consultation and training to Headstart and child care centers, and targeted case management

- Served 969 children statewide in FY11-



Children's Clinical Services Outpatient Services

- Children and their families ages 6 to 18 years of age
- Provide individual, family and group therapies, and targeted case management

-Served 1,322 children statewide in FY11-



Wraparound In Nevada

- Targeted case management program using an evidence based model to provide intensive care coordination to children in foster care with the highest needs

-Served 612 children statewide in FY11-

Outpatient Psychiatric Services

- Provide psychiatric assessments, medication management to children in community-based and treatment home programs and community education

-Served 501 Children Statewide in FY11-

Treatment Homes

- Provide community treatment home (24/7, 7 days a week) psycho-education and mental health rehabilitation services to children and their families
- Includes the Oasis program in Las Vegas and Adolescent Treatment Center (ATC) and the Family Learning Homes in Reno

-Served 186 children statewide in FY11-

Desert Willow Treatment Center

Provide intensive mental health services in a secure environment

- 58 bed psychiatric hospital in Clark County
- 2 acute care units serving children with acute mental health conditions. Provides short-term psychiatric diagnostic and stabilization.
 - Served 203 children in FY11-
- 3 residential centers to include one unit specializing in treating adolescent sex offenders.
 - Served 117 children in FY11-



Performance and Quality Improvement

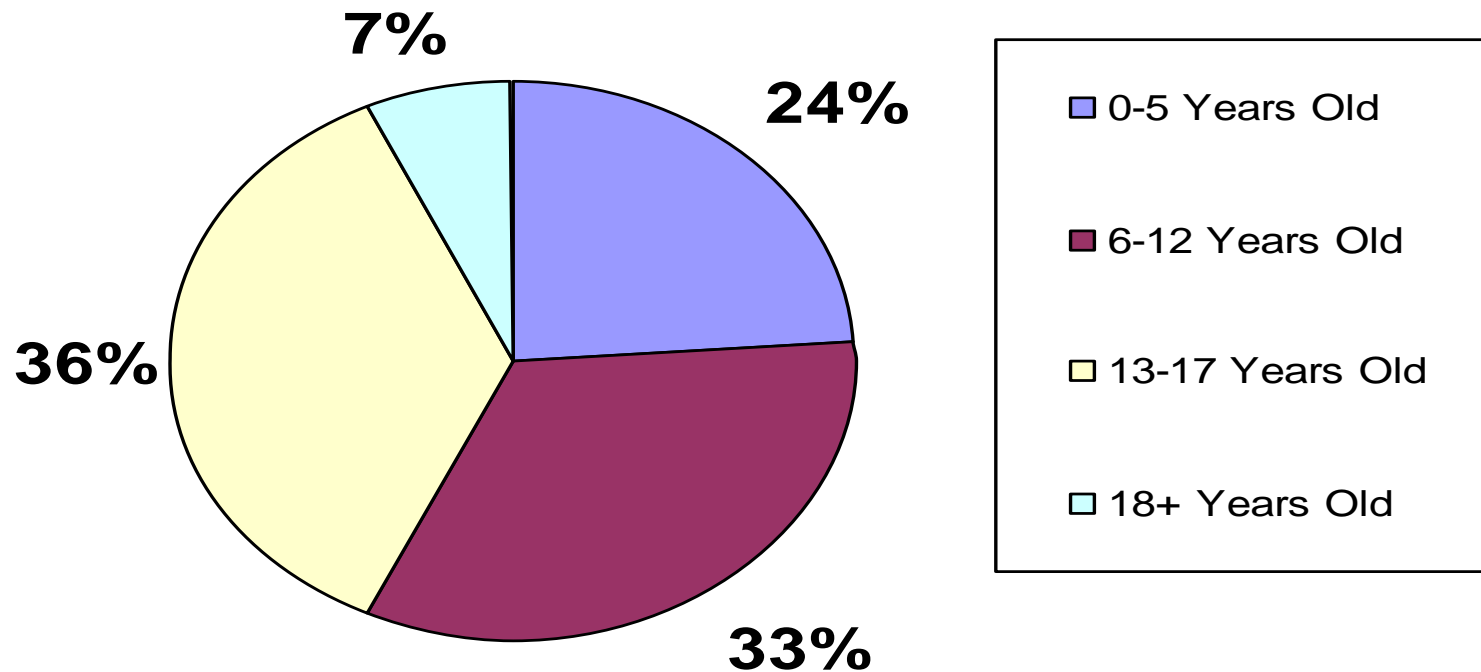
The Planning and Evaluation Unit provides quality assurance, quality improvement, and program evaluation services to DCFS Children's Mental Health Services and with Community Treatment Home Providers

What are the most common identified problems at admission?

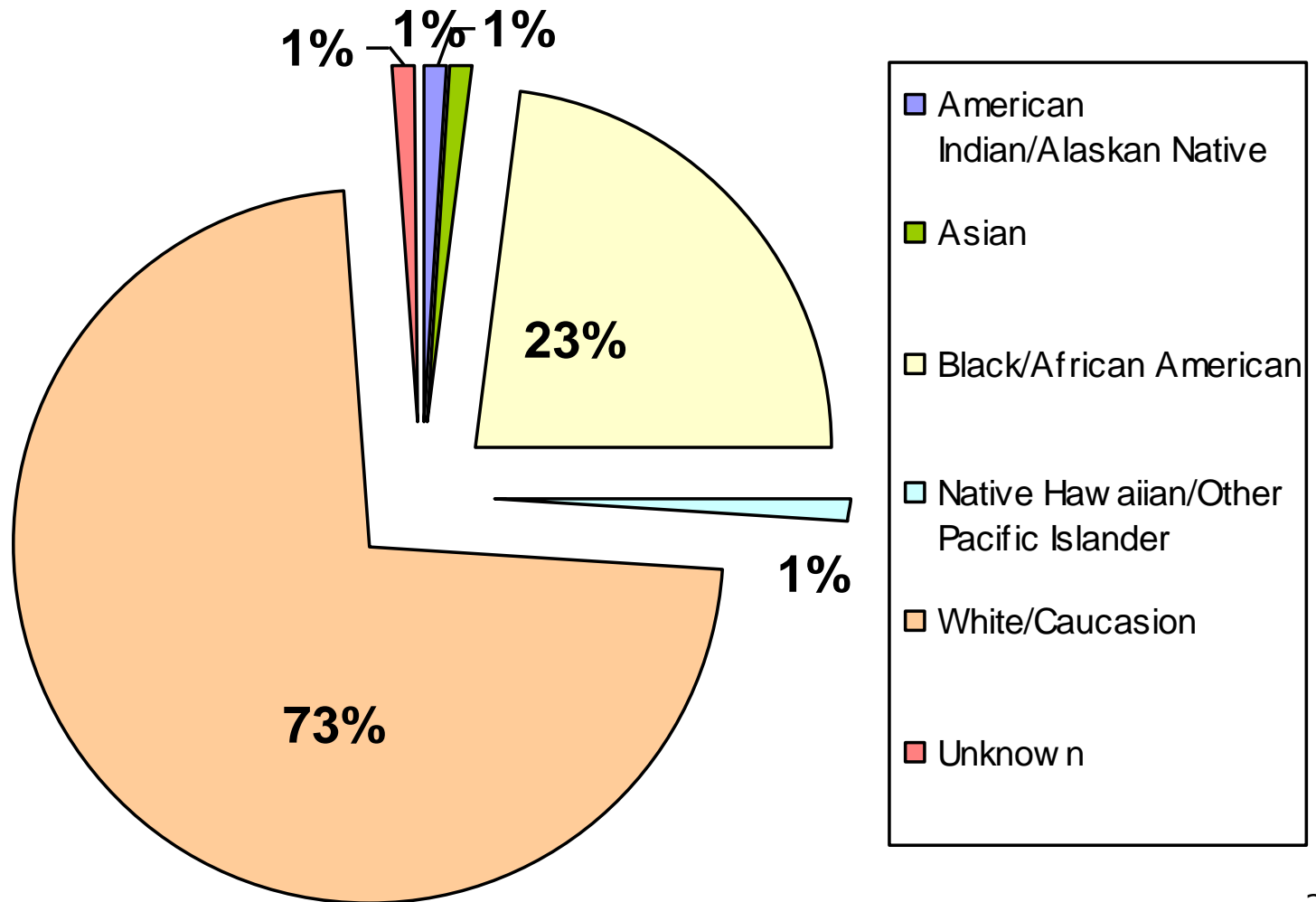
At admission, parents and caregivers are asked to identify problems their child has encountered. The following six problems accounted for the highest prevalence:

- Adjustment Problems
- Child Neglect Victim
- Depression
- Suicide Attempt or Threat
- Physical Aggression
- Attention Deficit Hyperactivity Disorder

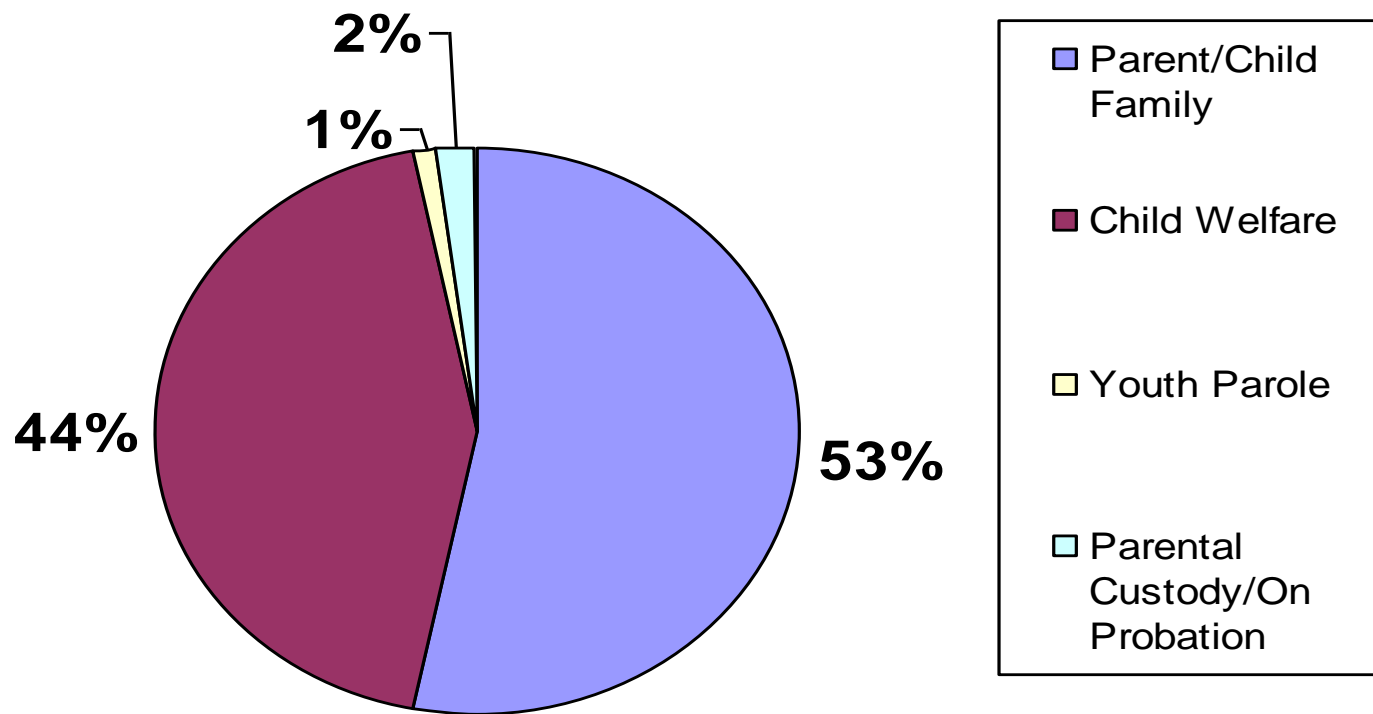
What are the ages of children we serve statewide?



What is the racial breakdown of children we serve statewide?



What is the custody status of children we serve statewide?



What do the children and families report about the services received?

Community Based Services Survey – Spring 2011	Youth % positive	Parent % positive	National Benchmark for Parent Response (CMHS)
Services are seen as accessible and convenient regarding location and scheduling	82	90	83
Services are seen as satisfactory and helpful	83	93	83
Clients get along better with family and friends and are functioning better in their daily life	79	81	62
Clients feel they have a role in directing the course of their treatment	75	91	87
Staff are respectful of client religion, culture and ethnicity	89	98	93