



Nevada Aging and Disability Resource Center

It's never too early to plan! Do you have questions about aging or about living with a disability or caring for a person with a disability? The Nevada ADRC is here to help answer your questions... and help you fill out applications!

If you are an older adult or a person with a disability...

There are services available to help you improve your quality of life.

If you are a caregiver...

Help is available to ease the stress of care giving.

We're here to help!

Call 2-1-1 to get connected to your local ADRC today!

Ask yourself...

- Do you ever think you may need help but are not sure?
- Have you worried about having to move into a nursing home or full-time care facility within the next year...or the next 5 years?
- Do family or friends stop by to help you out at home? If so, how often?
- Have you been hospitalized two or more times in the past year?
- Do you need help with any of the following and not sure where to go?
 - Eating, Bathing, Dressing, or Toileting
 - Preparing meals, grocery shopping, taking medications, managing money or transportation

Nevada ADRC's HELP you access services now and PLAN for the future!

Who Do ADRCs Help?

- Nevada's elders
- All persons with disabilities
- Their families and caregivers and
- Anyone planning for future long-term support needs

What is an ADRC?

Aging and Disability Resource Centers (ADRCs) in Nevada are friendly, welcoming places where anyone can come for information and assistance regarding public benefits, programs and services available for seniors and people with disabilities of any age. As required by the Administration on Aging and the Nevada Aging and Disability Services Division, these sites will, at a minimum, provide:

- Information and Referral
- Assistance and Advocacy (aka Options Counseling)
- Eligibility and Access (aka Benefits Counseling)

www.NevadaADRC.com

EXHIBIT : 26- Meeting Date: 8/8/12
Senior Citizens, Veterans and Adults With
Special Needs (NRS 218E.750)
Document consists of %pages.
Entire Exhibit provided.



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Let us help you apply for:

- Medicaid
- Extra help paying for your Medicare Part B and Part D premiums
- Respite Services
- Home and Community Based Services Waiver
- State Personal Care Assistance program
- And all other government programs!

What services are available:

- Caregiver support
- Consumer advocacy
- Medicare counseling
- Disability management
- Housing Assistance
- Personal Care Assistance
- And much, much more!

One Call to get HELP today! 2-1-1

You also have the choice to call or visit your local site...

In Southern Nevada:

East Valley Family Services
1800 E. Sahara Avenue, Suite 117
Las Vegas, Nevada 89104
(702) 369-2165
www.eastvalleyfamilyservices.org

In Rural Nevada:

Lyon County Human Services
1075 Pyramid Street
Silver Springs, Nevada 89429
(775) 577-5009
www.lyon-county.org

In Northern Nevada:

Washoe County Senior Services
1155 E. Ninth Street
Reno, Nevada 89512
(775) 328-2575
www.co.washoe.nv.us/seniorsrv/

Rebuilding All Goals Efficiently
2901 El Camino Ave, Suite 102
Las Vegas, Nevada 89102
(702) 333-1038
www.bteamrage.org

Ron Wood Family Resource Center
2621 Northgate Lane, Suite 62
Carson City, Nevada 89701
(775) 884-2269
www.carson-family.org



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As a consumer of ADRC assistance you have the opportunity to make a confidential, non-coercive, voluntary contribution to the ADRC project. If you choose not to donate or are unable to donate that will not prevent you from receiving the services offered.