LCB File No. R049-02

PROPOSED REGULATION OF THE NEVADA STATE BOARD OF OPTOMETRY

GENERAL PROVISIONS

NAC 636. (New) "Contact Lens Fitting Process" defined. The term "completion of the contact lens fitting process" means completion of the process that begins after the initial eye examination and includes: (1) an examination to determine what the lens specifications should be; (2) an initial evaluation of the fit of the lens on the patients eye; (3) follow-up examinations that are medically necessary, and (4) the prescriber is satisfied that a successful fit has been achieved.

NAC 636.720 Contents of prescriptions; release of prescriptions.

- 1. A prescription for spectacle lenses must specify the refractive power necessary for best vision and contain instructions concerning the times at which the lenses are to be worn. A copy of the prescription of spectacle lenses must be released to the patient, regardless of whether or not the patient requests such a copy.
- 2. A prescription for polymethylmethacrylate (Hydrophobic) contact lenses must specify the base curve, diameter and refractive power of the lenses.
 - 3. A prescription for rigid gas permeable contact lenses must:
 - (a) Specify the base curve, diameter and refractive power of the lenses;
 - (b) Specify the:
 - (1) Brand name and type of lens; or
 - (2) The actual materials desired, with their ability to transmit oxygen; and
- (c) State whether the prescription is for daily wear or for a stated maximum number of 24-hour periods.
 - 4. A prescription for soft (Hydrophilic) contact lenses must:
 - (a) Specify the base curve or equivalent, diameter and refractive power of the lenses;
 - (b) Specify the:
 - (1) Brand name of type of lens; or
 - (2) The actual materials desired, with their percentage of water content and thickness; and
- (c) State whether the prescription is for daily wear or for a stated maximum number of 24-hour periods.
- 5. Upon completion of the contact lens fitting process, as defined in NAC 636 (New), the prescription for polymethylmethacrylate (Hydrophobic), rigid gas permeable contact lenses, or soft (Hydrophilic) contact lenses must be:
 - (a) Released at the request of the patient, to the patient;
- (b) Released to an agent of the patient, upon presentation of a written request from the patient; or
 - (c) Verified, at the request of the patient, to an agent of the patient;
- (d) Any failure or refusal to furnish all of the information required to properly duplicate the current prescription shall be supported by a properly documented and sufficient clinical rationale;
 - (e) At no time, without the written direction of a prescriber, shall any changes or substitutions

be made in the brand or type of lenses prescribed in the original prescription; and

- (f) After the release of a contact lens prescription under this subsection, liability for future fittings or dispensing of contact lenses under the original prescription lies with the dispensing individual, entity or practitioner.
- 6. If a patient has not completed the contact lens fitting process, as defined in NAC 636 (New), but desires to have a prescription, the prescription need only contain the information required for ophthalmic lenses.