Children’s Mental Health Services in Nevada

Kelly Wooldridge, Deputy Administrator
Division of Child and Family Services
What does the oversight of Children’s Mental Health in Nevada look like? (Statutorily Mandated)

- Commission on Behavioral Health NRS Chapter 433
- Clark, Washoe and Rural Children’s Mental Health Consortiums NRS 433B
What are some possible funding sources for Children’s Mental Health in Nevada?

**Government Funding**
- Nevada Medicaid – Fee For Service or HMO
- Nevada Checkup
- Title XX Federal Grant (DCFS Only)
- Children’s Mental Health Services Federal Grant (DCFS Only)
- Victims of Crime Federal Grant
- Substance Abuse Treatment Prevention Act
- County Clinical Units and County General Funds
- State General Funds

**Private Funding**
- Private Insurance
- Corporate and/or private donors
- Self-Pay
Who are the Children’s Mental Health Providers in Nevada?

*Where you receive children’s mental health services in Nevada is based on the funding source.*

- Private Insurance Provider
- Private Insurance PPO providers
- Private Insurance HMO providers
- Nevada Medicaid Fee For Service Behavioral Health Networks
- Nevada Medicaid HMO Providers
- Nevada Check-up HMO Providers
- Private for Profit Providers
- Private not for Profit Community Centers or Family Resource Centers
- **State Providers** - DCFS;DPBH
- County Providers – Clinical Units within the Child Welfare/Child Protection and Juvenile Justice Programs
How do I get help for my child?

- Contact your insurance provider for a list of approved behavioral health services and providers
- Contact a school counselor
- Ask your family physician
- Contact the crisis call center
- Contact DCFS
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- Northern Nevada Child and Adolescent Services (NNCAS)
- Southern Nevada Child and Adolescent Services (SNCAS)
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Children’s Mental Health

Northern Nevada Child & Adolescent Services

2655 Enterprise Road, Reno, NV  89512

• Early Childhood Mental Health Services
• Outpatient Mental Health Services
• Wraparound in Nevada- North and Rural
• Family Learning Homes
• Adolescent Treatment Center
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Southern Nevada Child and Adolescent Services

Four Neighborhood Clinics that include:

- Early Childhood Outpatient Services
- Child and Adolescent Outpatient Services
- Wraparound in Nevada

West Charleston Campus:

- Oasis Treatment Homes
- Dessert Willow Treatment Center
Who we are and what do we do!

DCFS Children’s Mental Health is one of many providers within the State of Nevada and we offer the following:

- Community-Based Services
- Treatment Homes
- Psychiatric Hospital and Residential Treatment Center
- Performance and Quality Improvement
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Children’s Mental Health

Referral Sources

• Self referral
• Hospitals
• Schools
• Child Welfare Agencies
• Probation and Parole Agencies

Any person that calls will be assisted by an intake coordinator in finding a provider if DCFS is unable to provide services.
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Children’s Mental Health

Community Partnership Examples

- Provide counselors for community disaster teams
- Participate on each regional consortia
- Provider Support Team for specialized foster care
- Wraparound expansion for juvenile justice
- Early Childhood Consultation
- University Nevada Reno School of Medicine Psychiatric Fellowship Program
What are the funding sources for DCFS’ Children’s Mental Health?

DCFS Children's Mental Health Funding
Budget Accounts 3281 & 3646

- Appropriations - 43%
- Medicaid - 38%
- CMHS - 3%
- CCDF - 2%
- Client Charges - 0%
- Rental Expense Reimbursement - 1%
- Rental Income - 2%
- School Lunch Program - 0%
- Title XX - 11%

Appropriations - 13,837,844
CCDF - 538,651
Client Charges - 136,624
CMHS - 1,132,749
Rental Expense Reimbursement - 205,559
Rental Income - 528,330
School Lunch Program - 120,127
Title XX - 3,703,146
Medicaid - 12,211,861
Number of Children we served in FY 2013

<table>
<thead>
<tr>
<th>Statewide</th>
<th>NNCAS</th>
<th>SNCAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>2865</td>
<td>865</td>
<td>2000</td>
</tr>
</tbody>
</table>
Early Childhood Mental Health

- Children ages birth to 6 years of age
- Provide family, individual and group therapies, parent training, day treatment, child care consultation and training to Head Start and child care centers, and targeted case management

- Served 930 children statewide in FY13-
Children’s Clinical Services Outpatient Services

- Children and their families ages 6 to 18 years of age
- Provide individual, family and group therapies, and targeted case management

-Served **1211** children statewide in FY13-
Wraparound In Nevada

- Targeted case management program using an evidence based model to provide intensive care coordination to children in foster care with the highest needs

-Served 652 children statewide in FY13-
Treatment Homes

- Provide community treatment home (24/7, 7 days a week) psycho-education and mental health rehabilitation services to children and their families
- Includes the Oasis program in Las Vegas and Adolescent Treatment Center (ATC) and the Family Learning Homes in Reno

-Served 144 children statewide in FY13-
Desert Willow Treatment Center

Provide intensive mental health services in a secure environment

• 58 bed psychiatric hospital in Clark County
• 2 acute care units serving children with acute mental health conditions. Provides short-term psychiatric diagnostic and stabilization.
• 3 residential centers to include one unit specializing in treating adolescent sex offenders.

Served 251 children in FY13-
What are the most common identified problems at admission?

At admission, parents and caregivers are asked to identify problems their child has encountered. The following six problems accounted for the highest prevalence (in order):

1. Child Neglect Victim
2. Depression
3. Suicide Attempt or Threat
4. Parent – Child Problems
5. Physical Aggression
6. Adjustment Problems
What are the ages of children we serve statewide?

- 0-5 years old: 36.6%
- 6-12 years old: 23.7%
- 13-17 years old: 34%
- 18+ years old: 5.7%
What is the racial breakdown of children we serve statewide?

- American Indian/Alaskan Native: 2.17%
- Asian: 1.02%
- Black/African American: 56.66%
- Native Hawaiian/Other Pacific Islander: 15.54%
- Hispanic: .83%
- White/Caucasian: 23.11%
- Unknown: .67%
What is the custody status of children we serve statewide?

- Parent/Child Family: 42.8%
- Child Welfare: 55.9%
- Youth Parole: 0.2%
- Parent Custody on Probation: 1.1%
What do the children and families report about the services received?

<table>
<thead>
<tr>
<th>Community Based Services Survey – Spring 2013</th>
<th>Youth % positive</th>
<th>Parent % positive</th>
<th>National Benchmark for Parent Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Services are seen as accessible and convenient regarding location and scheduling</td>
<td>85%</td>
<td>94%</td>
<td>85.7%</td>
</tr>
<tr>
<td>2. Services are seen as satisfactory and helpful</td>
<td>85%</td>
<td>96%</td>
<td>86.1%</td>
</tr>
<tr>
<td>3. Clients get along better with family and friends and are functioning better in</td>
<td>79%</td>
<td>78%</td>
<td>66.3%</td>
</tr>
<tr>
<td>their daily life</td>
<td></td>
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</tr>
<tr>
<td>4. Clients feel they have a role in directing the course of their treatment</td>
<td>83%</td>
<td>95%</td>
<td>87.6%</td>
</tr>
<tr>
<td>5. Staff are respectful of client religion, culture and ethnicity</td>
<td>92%</td>
<td>98%</td>
<td>92.8%</td>
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