

**APPROVED REGULATION OF THE  
NEVADA INTERSCHOLASTIC ACTIVITIES ASSOCIATION**

**LCB File No. R162-16**

Effective May 16, 2018

EXPLANATION – Matter in *italics* is new; matter in brackets ~~omitted material~~ is material to be omitted.

AUTHORITY: §§1-7, NRS 385B.060.

A REGULATION relating to interscholastic activities; designating flag football as a sanctioned sport for girls; setting forth the maximum number of games and tournaments in which a school or pupil enrolled in a school may participate during a flag football season; setting forth certain other requirements for a school or pupil enrolled at a school to participate in flag football as a sanctioned sport; and providing other matters properly relating thereto.

**Legislative Counsel’s Digest:**

Existing law authorizes the formation of the Nevada Interscholastic Activities Association for the purpose of controlling, supervising and regulating all interscholastic athletic events and other interscholastic events in the public schools in this State and requires the Association to adopt regulations governing those events. (NRS 385B.050, 385B.060) Pursuant to that requirement, the Association has adopted regulations: (1) designating certain sanctioned sports for boys and certain sanctioned sports for girls; and (2) setting forth the maximum number of games, contests or meets in which a pupil may participate during a season for a sanctioned sport. (NAC 386.669, 386.699) **Section 6** of this regulation designates flag football as a sanctioned sport for girls. **Section 7** of this regulation sets forth the maximum number of games and tournaments in which a school or pupil enrolled in a school may participate during a flag football season. **Section 2** of this regulation requires the Board of Control of the Association to establish the date upon which a school may begin practicing for a flag football season. **Section 3** of this regulation sets forth the requirements for a school to participate in an interschool scrimmage for flag football. **Section 4** of this regulation requires the Board, after aligning a school that participates in flag football into a league, to include the alignment in a manual prepared for that purpose by the Association. **Section 5** of this regulation sets forth the requirements for a school to host a play-off for flag football.

**Section 1.** Chapter 386 of NAC is hereby amended by adding thereto the provisions set forth as sections 2 to 5, inclusive, of this regulation.

**Sec. 2. 1.** *The Board shall establish the date upon which a school may begin practicing for a flag football season at least 2 years before the beginning of the season. Each season ends upon completion of the state tournament for flag football.*

*2. Each school where a flag football game is conducted shall ensure that the game is timed in the manner prescribed by the Board. A school shall not participate in a flag football game that is scheduled during the regular season after the play-offs begin for the league in which the school is aligned pursuant to NAC 386.667.*

*3. Each postseason flag football game must be approved by the Board.*

*4. The Executive Director shall determine the date, time and place for conducting each play-off game for flag football.*

*5. A school shall not allow a team of the school that participates in flag football as a sanctioned sport to participate in more than 18 games, other than a play-off game that is approved by the Executive Director, during the regular season in which the team participates in flag football.*

**Sec. 3. 1.** *A school that participates in flag football as a sanctioned sport shall not participate in an interschool scrimmage for flag football unless the school completes at least 5 days of team practice.*

*2. A school that completes the number of days of practice specified in subsection 1 may participate in not more than two interschool scrimmages for flag football.*

*3. A school shall not participate in an interschool scrimmage for flag football after conducting the first regularly scheduled game of the flag football season.*

*4. Each school and each pupil who participates in flag football as a sanctioned sport shall, before competing in a scheduled interschool flag football game, complete at least 10 days of team practice.*

*5. As used in this section, “scrimmage” means a practice flag football game in which:*

*(a) The score is not kept;*

*(b) The coach for each team is present on the field of play to direct the team for which he or she is a coach;*

*(c) Admission is not charged;*

*(d) Donations are not accepted or solicited; and*

*(e) Spectators are not encouraged to attend.*

*Sec. 4. 1. As soon as practicable after the Board aligns a school that participates in flag football as a sanctioned sport in a league pursuant to NAC 386.667, the Board shall include that alignment in a manual prepared by the Association for that purpose.*

*2. Each league in which a school is aligned shall, in the manner prescribed by the Board, conduct a regional tournament for each flag football season to determine the schools in the league that may participate in the state play-offs for that season. The championship team for each class established pursuant to NAC 386.667 must be determined in the manner specified by the Board.*

*Sec. 5. 1. Each school that hosts a play-off for flag football shall provide adequate facilities to each team that participates in the play-off. The facilities must be at least equal to the facilities that the school provides to its flag football team and must include, without limitation:*

*(a) An equal amount of space for spotters and for persons communicating from the sideline of the field of play;*

*(b) Adequate space to record the play-off on film or videotape;*

*(c) Portable heaters and any other warming devices; and*

*(d) Adequate seating for the fans of each visiting team.*

*2. Each school that fails to provide facilities pursuant to subsection 1 may not host a play-off for 2 years after it fails to provide those facilities.*

**Sec. 6.** NAC 386.669 is hereby amended to read as follows:

386.669 1. Except as otherwise provided in subsection 2, the Association hereby designates each of the following sports as a sanctioned sport:

(a) For boys:

(1) Baseball;

(2) Basketball;

(3) Bowling;

(4) Cross-country;

(5) Football;

(6) Golf;

(7) Skiing;

(8) Soccer;

(9) Swimming and diving;

(10) Tennis;

(11) Track and field;

(12) Volleyball; and

- (13) Wrestling; and
- (b) For girls:
  - (1) Basketball;
  - (2) Bowling;
  - (3) Cross-country;
  - (4) *Flag football*;
  - (5) Golf;
  - ~~(5)~~ (6) Skiing;
  - ~~(6)~~ (7) Soccer;
  - ~~(7)~~ (8) Softball;
  - ~~(8)~~ (9) Swimming and diving;
  - ~~(9)~~ (10) Tennis;
  - ~~(10)~~ (11) Track and field; and
  - ~~(11)~~ (12) Volleyball.

2. Except as otherwise provided in subsection 3, the Board may amend the list set forth in subsection 1. If the Board determines that the number of schools participating in a sanctioned sport is insufficient, the Board may take such action as is required to provide for the sponsorship of the sanctioned sport by a school.

3. The Board shall not approve boxing as a sanctioned sport.

**Sec. 7.** NAC 386.699 is hereby amended to read as follows:

386.699 1. Except as otherwise provided in subsection 2, a school or a pupil enrolled in a school who participates in a sanctioned sport shall not, during the season for the sanctioned sport, participate in more than:

(a) For the fall season:

(1) Fourteen cross-country meets;

(2) Except as otherwise provided in subsection 5 of NAC 386.720, nine football games;

(3) Sixteen matches for girls' golf;

(4) Except as otherwise provided in subsection 5 of NAC 386.731, eighteen soccer games

and two tournaments for soccer;

(5) Eighteen tennis matches; or

(6) Eighteen matches for girls' volleyball and two tournaments for girls' volleyball.

(b) For the winter season:

(1) Eighteen basketball games and two tournaments for basketball;

(2) Eighteen bowling competitions and two tournaments for bowling;

(3) *Eighteen flag football games and two tournaments for flag football;*

(4) Fourteen ski races; or

~~(4)~~ (5) Fifteen wrestling contacts or meets.

(c) For the spring season:

(1) Twenty-one baseball games and two tournaments for baseball;

(2) Sixteen matches for boys' golf;

(3) Twenty-one softball games and two tournaments for softball;

(4) Twelve swim meets;

(5) Fourteen track and field meets; or

(6) Eighteen matches for boys' volleyball and two tournaments for boys' volleyball.

2. For each sanctioned sport specified in subsection 1, the Executive Director may exempt from the provisions of this section not more than one contact, game, match or meet for the

sanctioned sport that is conducted against a school that is placed on independent status pursuant to NAC 386.653.