

**PROPOSED REGULATION OF THE
NEVADA INTERSCHOLASTIC ACTIVITIES ASSOCIATION**

LCB FILE NO. R148-18I

**The following document is the initial draft regulation proposed
by the agency submitted on 06/15/2018**

Proposed Revision of NAC 386.695, 386.696, 386.715, 386.720, 386.731 and 386.749

(The proposed revision of NAC 386.695 allows for a school's team or individual pupil to represent that school in a post-season competition to which the school's team or individual is invited. The proposed revisions of the other listed sections bring those sections in line with the change proposed in NAC 386.695)

Approved by NIAA Board of Control June 13, 2018

Proposed deletions are ~~bracketed in red, strike through font~~

Proposed new language is underlined, italics and blue font

NAC 386.695 Period of season and first day of practice for sanctioned sport; prohibited and authorized out-of-season activities relating to sanctioned sport. (NRS 386.430)

1. The season for each sanctioned sport begins on the first day of practice for the sanctioned sport established by the Board pursuant to this subsection and ends upon the completion of the state tournament for the sanctioned sport. Except as otherwise provided in NAC 386.600 to 386.886, inclusive, not later than September 1 of each year, the Board shall:

(a) Establish the date for the first day of practice for each sanctioned sport for the school year; and

(b) Prepare a schedule of activities that includes each date established pursuant to paragraph (a).

2. Each school shall ensure that a practice for a sanctioned sport is conducted on the date established for that practice pursuant to subsection 1.

3. Except as otherwise provided in this section, a [A] school shall not provide uniforms or transportation for a pupil or team to participate in any out-of-season competition for a sanctioned sport, including, without limitation, a camp, summer league or travel to a foreign country or another state, territory, district or possession of the United States. A school may engage in an activity to obtain money for an out-of-season competition and deposit any money obtained as a result of that activity in an account maintained by the school or by a bank or other financial institution in this State.

4. A coach of a school that complies with subsections 2 and 3 may assist a pupil in an activity that is related to a sanctioned sport and that is conducted during a period that is not the season for the sanctioned sport. The participation of the pupil in the activity must be voluntary and must not be a condition for qualifying for a team or for accepting the pupil as a member of a team during the season for the sanctioned sport.

5. Except as otherwise provided in this section, a coach or pupil specified in subsection 4 may, if approved by the school and the school district in which the school is located, use any facility or equipment of the school to engage in an activity specified in that subsection. A coach or pupil may use the following equipment for football during any period that is not the football season:

(a) Footballs;

(b) Football shoes;

(c) Shorts and sweatshirts; and

(d) A helmet and shoulder, hip and thigh pads, and any other protective equipment.

6. A coach or pupil shall not use a blocking dummy or sled, or any similar device for football pursuant to subsection 5.

7. A school or school district in which a school is located may require each pupil of the school who engages in an activity relating to a sanctioned sport pursuant to subsection 5 to maintain a policy of health insurance in an amount determined by the school or school district.

8. A coach or pupil shall not engage in an out-of-season activity relating to a sanctioned sport pursuant to subsection 5 if the activity interferes with an in-season sport.

9. A team or individual pupil may represent an NIAA member school in a sanctioned sport in competition that takes place following the conclusion of the state tournament for that sport if participation in that competition is approved in writing by the Executive Director. In approving such participation, the Executive Director may impose limits on the number of practices allowed during the period from the conclusion of the state tournament in that sport through the conclusion of the approved competition. The Executive Director may also impose limits on the number of games in which a team competes as part of the approved competition. The Executive Director shall not approve such participation unless, minimally, the following conditions are met:

(a) The request for approval is submitted on a form approved by the Association;

(b) The competition is completed more than six months prior to the date established for the first practice for that sport for the subsequent school year;

(c) The competition is not an all-star competition;

(d) The school's team or individual pupil has been duly invited to participate in the competition;

(e) The result of the competition is not to name or designate a national champion;

(f) The participation of the team or individual pupil has been approved by the principal of the school and the superintendent or equivalent officer or their designee; and

(g) The coaches and members of the team or the individual pupil continue to meet all of the eligibility requirements of the school, the school district of which the school is a part and of the NIAA.

10. A team or pupil, which has received written approval to participate in a competition in compliance with subsection 9, during the period from the conclusion of the state tournament to the conclusion of the approved competition:

(a) Shall continue to comply with all requirements of NAC 386.600 to 386.886, inclusive as if the period were part of the League, Region and/or State Tournaments;

(b) May conduct practices in that sport; and

(c) May continue to be provided uniforms, equipment and transportation by the member school.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004; A by R050-05, 12-29-2005; R144-07, 1-30-2008; R207-08, 5-5-2011)

NAC 386.696 Restrictions on participation in out-of-season activities relating to sanctioned sport. (NRS 386.430)

1. A person shall not require a pupil to participate in any athletic program for a sanctioned sport that is conducted before or after the season for that sanctioned sport.

2. Except as otherwise provided in NAC 386.695, e~~[E]~~ each team that participates in a sanctioned sport must be selected, and practices for that team conducted, during the season for that sanctioned sport.

3. Except as otherwise provided in NAC 386.695, a~~[A]~~ pupil may engage in any out-of-season activity relating to a sanctioned sport if:

(a) The pupil engages in that activity voluntarily;

(b) The activity is conducted to improve the pupil's ability to participate in the sanctioned sport;

(c) The activity is not conducted between two or more schools, including, without limitation, any competition, scrimmage or practice for the sanctioned sport; and

(d) The activity is not conducted during the week before or the week of tryouts for another sanctioned sport.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004; A by R105-06, 9-18-2007; R144-07, 1-30-2008)

NAC 386.715 Basketball: Date for beginning practice; end of season; activities between seasons; interschool scrimmages. (NRS 386.430)

1. The Board shall establish the date upon which a school may begin practicing for a basketball season at least 2 years before the beginning of the season. Each season ends upon completion of the state tournament for basketball.

2. Except as otherwise provided in NAC 386.695, a~~[A]~~ school shall not, after completion of the state tournament for basketball for that season, organize a basketball team or conduct a practice for the team until the date established by the Board for the beginning of practice for the next basketball season.

3. A team that participates in basketball as a sanctioned sport may not participate in more than two interschool basketball scrimmages during the period beginning on or after the date established by the Board for the season in which the scrimmage is played and ending on the first day of that season. The team shall not participate in a basketball scrimmage after it participates in the first basketball game for that season. As used in this subsection, "scrimmage" means a practice basketball game in which:

(a) The score is not kept;

(b) Unpaid sports officials are used;

(c) The period of play is divided into a number of equal segments with running time kept; and

(d) Spectators are not encouraged to attend.

4. A team specified in subsection 2 shall not participate in more than two basketball games during a day.

5. If a team specified in subsection 3 participates in a basketball game between the team and an alumni association for the school or a similarly organized group, the school shall include that game in the total number of games in which the team may participate pursuant to NAC 386.699.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004)

NAC 386.720 Football: Date for beginning practice; end of season; games. (NRS 386.430)

1. The Board shall establish the date upon which a school may begin practicing for a football season at least 2 years before the beginning of the season. Each season ends upon completion of the state tournament for football.

2. A school shall not participate in a football game that is scheduled during the regular season after the play-offs begin for the league in which the school is aligned pursuant to [NAC 386.667](#).

3. [Except as otherwise provided in NAC 386.695, e](#)~~F~~ach postseason football game must be approved by the Board.

4. The Executive Director shall determine the date, time and place for conducting each football play-off game.

5. A school shall not, without the approval of the Board, allow a football team to participate in more than nine games, other than a play-off game that is approved by the Executive Director, during the regular season in which the team participates in football.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004)

NAC 386.731 Soccer: Date for beginning practice; end of season; games. (NRS 386.430)

1. The Board shall establish the date upon which a school may begin practicing for a soccer season at least 2 years before the beginning of the season. Each season ends upon completion of the state tournament for soccer.

2. Each school where a soccer game is conducted shall ensure that the game is timed in the manner prescribed by the Board. A school shall not participate in a soccer game that is scheduled during the regular season after the play-offs begin for the league in which the school is aligned pursuant to [NAC 386.667](#).

3. [Except as otherwise provided in NAC 386.695, e](#)~~F~~ach postseason soccer game must be approved by the Board.

4. The Executive Director shall determine the date, time and place for conducting each soccer play-off game.

5. A school shall not allow a team of the school that participates in soccer as a sanctioned sport to participate in more than 18 games or more than 2 tournaments, other than a play-off game that is approved by the Executive Director, during the regular season in which the team participates in soccer. If a member of the team is selected to participate in the United States Youth Soccer Olympic Development Program and, after being selected, the member participates in a game conducted for that Program, the game must not be counted toward the maximum number of games or tournaments in which the team may participate pursuant to this subsection.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004)

NAC 386.749 Volleyball: Date for beginning practice; end of season; activities between seasons; interschool scrimmages; conduct of games and matches. (NRS 386.430)

1. The Board shall establish the date upon which a school may begin practicing for a volleyball season at least 2 years before the beginning of the season. Each season ends upon completion of the state tournament for volleyball.

2. Except as otherwise provided in NAC 386.695, a~~A~~ school shall not, after completion of the state tournament for volleyball for that season, organize a volleyball team or conduct a practice for the team until the date established by the Board for the beginning of practice for the next volleyball season.

3. A team at a school that participates in volleyball as a sanctioned sport may participate in not more than two interschool volleyball scrimmages during the period beginning on or after the date established by the Board for the season in which the scrimmage is played and ending on the first day of that season. The team shall not participate in a volleyball scrimmage after it participates in the first volleyball game of that season. As used in this subsection, "scrimmage" means a practice volleyball game in which:

- (a) The score is not kept;
 - (b) Unpaid sports officials are used;
 - (c) The period of play is divided into a number of equal assignments with running time kept;
- and
- (d) Spectators are not encouraged to attend.

4. If a team specified in subsection 2 participates in:

(a) A match between the team and an alumni association for the school or a similarly organized group, the school shall include that match in the total number of matches or meets in which the team may participate pursuant to [NAC 386.699](#); or

(b) A match between the team and any other team for a charitable purpose, the school shall include that match in the total number of matches or meets in which the team may participate pursuant to [NAC 386.699](#).

5. Each volleyball game must be conducted in accordance with the rules of volleyball adopted by the National Federation of State High School Associations or its successor organization.

6. Before each volleyball match, the home team for the match shall select the bench where the home team will sit during the match. The sports official who is assigned to the match shall, by tossing a coin, determine the team that will serve first for the match. The captain of the visiting team for the match shall call the toss of the coin. If the captain wins the toss, he or she may choose whether his or her team will serve or receive. For the deciding game of the match, the captain of the home team shall call the toss of the coin. If the captain wins the toss, he or she may choose whether his or her team will serve or receive for that game. Any time-out that is taken during the match must not exceed 60 seconds if each team participating in the match is prepared to play during the time-out.

7. A pupil who participates in volleyball as a sanctioned sport shall not wear any jewelry during any volleyball match or warm-up activities for the match.

8. Before each volleyball match, each team that participates in the match may engage in:

- (a) Warm-up activities for the match for not more than 7 minutes; and
- (b) Shared serving for the match for not more than 2 minutes.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004)