

**PROPOSED REGULATION OF THE
BOARD OF ATHLETIC TRAINERS**

LCB FILE NO. R053-19I

**The following document is the initial draft regulation proposed
by the agency submitted on 08/02/2019**

Proposed New Regulation related to Dry Needling

CHAPTER 640B—Athletic Trainers

Professional Standards of Care, Training and Education Qualifications for Delivery of Dry Needling Skilled Intervention:

A. An athletic trainer shall meet the qualifications established in subsection (C) before providing the skilled intervention “dry needling”.

B. Before engaging in dry needling, an athletic trainer must submit documented proof of compliance with the qualifications listed in subsection (C) to the Board.

[Note to LCB drafter: please give all current dry needling practitioners 30 days to submit information to the Board.]

C. Course content that meets the didactic education and training qualifications for dry needling must include a total of 150 hours, of which 25 hours must be post graduate coursework as outlined below. Up to 125 hours may be obtained from coursework during a graduate program of study approved by the Board. Didactic education and training shall encompass each of the following:

1. The course content shall be approved by one or more of the following entities prior to the course(s) being completed by the athletic trainer.

a. Board of Certification for the Athletic Trainer (BOC);

b. Commission on Accreditation of Athletic Training Education (CAATE); or

c. The Nevada State Board of Athletic Trainers.

2. The course content shall include the following components of education and training:

a. Sterile needle procedures to include one of the following standards:

i. The U.S. Centers For Disease Control and Prevention, or

ii. The U.S. Occupational Safety and Health Administration

b. Anatomical Review,

c. Blood Borne Pathogens

d. Contraindications and indications for “dry needling”,

D. The course content required in subsection (C) of this Section pertaining to the minimum of 25 post graduate hours shall include, but is not limited to, passing of both a written examination and practical examination before completion of the course content. Practice application

course content and examinations shall be done in person to meet the qualifications of the post graduate hours.

E. The standard of care for the intervention “dry needling” includes, but is not limited to the following:

a. Dry Needling shall be performed using a single-use, single-insertion sterile needle.

b. Dry Needling shall not include needle retention. The definition of needle retention is a needle being retained after the athletic trainer is no longer working on that area of the body. Needles shall not be retained once an individual procedure is completed and must be disposed of appropriately at the end of each individual procedure.

c. “Dry needling” cannot be delegated to any assistive personnel, including a student athletic trainer or graduate student athletic trainer.

d. An athletic trainer who performs “dry needling” shall obtain informed consent including written documentation from each patient who will receive “dry needling” before the athletic trainer performs “dry needling” on that patient. The informed consent must be documented and shall include, at a minimum, a consent form that includes the following:

i. The patient’s signature;

ii. The risks and benefits “dry needling”;

iii. Definition of “dry needling” and description of treatment
