

**PROPOSED REGULATION OF THE
NEVADA INTERSCHOLASTIC ACTIVITIES ASSOCIATION**

LCB FILE NO. R183-201

**The following document is the initial draft regulation proposed
by the agency submitted on 12/22/2020**

NAC 385B.520 Date for beginning practice; end of season; activities between seasons; interschool scrimmages; conduct of games and matches. (NRS 385B.060)

1. The Board shall establish the date upon which a school may begin practicing for a volleyball season at least 2 years before the beginning of the season. Each season ends upon completion of the state tournament for volleyball.
 2. A school shall not, after completion of the state tournament for volleyball for that season, organize a volleyball team or conduct a practice for the team until the date established by the Board for the beginning of practice for the next volleyball season.
 3. A team at a school that participates in volleyball as a sanctioned sport may participate in not more than two interschool volleyball scrimmages during the period beginning on or after the date established by the Board for the season in which the scrimmage is played and ending on the first day of that season. The team shall not participate in a volleyball scrimmage after it participates in the first volleyball game of that season. As used in this subsection, "scrimmage" means a practice volleyball game in which:
 - (a) The score is not kept;
 - (b) Unpaid sports officials are used;
 - (c) The period of play is divided into a number of equal assignments with running time kept; and
 - (d) Spectators are not encouraged to attend.
- ~~4. If a team specified in subsection 2 participates in:~~
- ~~(a) A match between the team and an alumni association for the school or a similarly organized group, the school shall include that match in the total number of matches or meets in which the team may participate pursuant to NAC 385B.378; or~~
 - ~~(b) A match between the team and any other team for a charitable purpose, the school shall include that match in the total number of matches or meets in which the team may participate pursuant to NAC 385B.378.]~~
4. ~~[5.]~~—Each volleyball game must be conducted in accordance with the rules of volleyball adopted by the National Federation of State High School Associations or its successor organization.
 5. ~~[6.]~~—Before each volleyball match, the home team for the match shall select the bench where the home team will sit during the match. The sports official who is assigned to the match shall, by tossing a coin, determine the team that will serve first for the match. The captain of the visiting team for the match shall call the toss of the coin. If the captain wins the toss, he or she may choose whether his or her team will serve or receive. For the deciding game of the match, the captain of the home team shall call the toss of the coin. If the captain wins the toss, he or she may choose whether his or her team will serve or receive for that game. Any time-out that is taken during the match must not exceed 60 seconds if each team participating in the match is prepared to play during the time-out.
 6. ~~[7.]~~ A pupil who participates in volleyball as a sanctioned sport shall not wear any jewelry during any volleyball match or warm-up activities for the match.
 7. ~~[8.]~~ Before each volleyball match, each team that participates in the match may engage in:
 - (a) Warm-up activities for the match for not more than 7 minutes; and
 - (b) Shared serving for the match for not more than 2 minutes.
- (Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004) —
(Substituted in revision for NAC 386.749)