HEALTH AND NURSING SERVICES IN THE WASHOE COUNTY SCHOOL DISTRICT

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Student Health Services Department Vision...
All WCSD students, regardless of their health diagnosis or disability, will participate in an inclusive learning environment that optimizes their safety, health, and physical well-being.
Our Department Mission…

- To support the academic achievement of all Washoe County School District students by anticipating, preventing, and removing health barriers to learning
Number of Schools Served: 94

- Elementary Schools: 63
- Middle Schools: 14
- Comprehensive & Alternative High schools: 16
- Special Education Schools: 1

Students: 62,424 (Ages 3 to 22 years)

Square Miles: About the size of Delaware
Who Provides Nursing & Health Services in WCSD Schools?

- Certified School Nurses: 37
- Clinical Procedure Nurses: 15
- Clinical Aides: 88
SCHOOL NURSE QUALIFICATIONS

- Nevada Board of Nursing RN Licensure (NAC 632.226)
- Nevada Department of Education Licensure (391.305)
- Bachelor’s Degree or Higher in Nursing (391.305(a.))
- A strong clinical background
WCSD School Nurse Caseload

- School Nurse to Student Ratio: 1:1800
- Average Schools per School Nurse: 2.6
- School Nurses Assigned to Picollo School (special education-only): 2.2
Duties of a School Nurse

(NRS 632.226)

- Obtain and interpret physician’s orders for medications and medical interventions during school hours
- Develop individualized student health plans that address symptoms and emergency response for students with health diagnoses
Duties of a School Nurse
(NRS 632.226)

- Supervise and train school staff to carry out the individualized plan of care
- Serve as the health resource on the schools’ IEP, 504 and student assistance teams
Duties of a School Nurse
(391.208)

- Assess and evaluate the general health and physical development of the pupils enrolled in school
- When appropriate, refer a pupil and the pupil’s parent or guardian to other sources in the community to obtain services necessary for the health of the pupil.
Duties of a School Nurse

(391.208)

- Interpret students’ medical and nursing information and refer students to appropriate community health providers/agencies

- Ensure that each pupil enrolled in the school has been immunized in accordance with 392.435
Emergency Response

- Train school personnel to recognize and respond to code blue emergencies.
- Designate and train employees to administer an EpiPen® to a student with signs of anaphylaxis (NRS 391.207)
CLINICAL PROCEDURE NURSE QUALIFICATIONS

- Nevada Board of Nursing RN Licensure
- Associates Degree in Nursing
- OR
- Nevada Board of Nursing LPN Licensure
Duties of a Clinical Procedure Nurse

- Work under the direction and supervision of the school nurse
- Carry out complex nursing services that, under the Nevada Nurse Practice Act, can only be performed by a licensed nurse
- Provide necessary, continuous nursing services to students on school busses and in the classroom
Clinical Aide Qualifications

- High School Diploma
- Standard First Aid Course
- Heartsaver/AED CPR
- Excellent Communication & Organizational Skills…
Clinical Aide Duties

- Provide first aid and supportive care to ill or injured students
- Maintain student health records
- Work under the supervision and licensure of the school nurse
WCSD Student Health Statistics:
Approximately 4,000 WCSD students have health disabilities or diagnoses
Student Totals by Diagnosis

- Asthma: 906
- Severe Allergies/Anaphylaxis: 486
- Severe Cardio-pulmonary diagnoses: 32
Totals by Diagnosis

- Diabetes: 150
- ADHD: 365
- Mental Health/Medications: 238
- Seizure Disorders: 91
- Other Life-threatening Health Conditions: 184
Specific Nursing Services per Day in the WCSD

- Gastrostomy tube feedings: 40
- Tracheostomy Care: 10
- Insulin Injections/ BG Testing: 110
- Bladder Catheterization: 10
- Oxygen/pulse Oximetry: 7
- Ventilator-Assisted Breathing: 1
Total Student Health Plans
Developed by School Nurses
This School Year: 2,000
SCHOOL HEALTH PROGRAMS & STATISTICS

Screening (NRS 392.420) *

- 19,000 Vision/ 3,800 Referred
- 19,000 Hearing/ 2,000 Referred
- 4,700 Scoliosis/ 50 Referred

*Based on data from the 2012/2013 school year
Student Height & Weight Survey
(NRS 392.420)

23 WCSD Schools participated
5,058 Students Screened
In the most recent school year (2012-2013):

- Underweight: 3.2%
- Healthy Weight: 61.6%
- Overweight: 16.7%
- Obese: 18.5%

These statistics have been constant in the last three school years, with no significant increase or decrease.

Prepared by: Kyra Morgan - Statistician - Washoe County Health District
Student Dental Services in Collaboration with the Community Health Alliance (2012/2013)

Number of Participating ES’s: 18

- Oral Health Education: 1,248
- Fluoride Varnish: 817
- Dental Sealants: 538 students (1,424 total sealants)
- Dental Referrals: 437
IN PARTNERSHIP WITH IMMUNIZE NEVADA AND THE WASHOE COUNTY HEALTH DISTRICT, 4,823 STUDENTS WERE IMMUNIZED LAST YEAR AT 32 WCSD SCHOOL SITES
Designated school staff have been trained by their school nurse to recognize symptoms of anaphylaxis and administer an EpiPen if needed.

4 EpiPen doses are on-site at all WCSD schools.

As of 2/25/14 two doses have been given for symptoms of anaphylaxis.
CPR & FIRST AID TRAINING
OF MANDATED EMPLOYEES

- Per requirements of NRS 391.092, the Student Health Services Department provides CPR and First Aid certification to over 1,000 “mandated” WCSD employees each year.
WCSD “Healthy Students, Healthy Schools” Website

- Provides Easy Access to Health Resources for Students, Staff and Families
- Includes Links to WCSD Health Policies and Guidelines
- Continually Updated with Current Information Relevant to the School Community
The Student Health Services Department continually strives to optimize the health and safety of students by tracking and evaluating health programs and nursing services in the WCSD...
Because...

SCHOOL IS SO MUCH MORE THAN JUST A BUILDING...
America's future walks through the door each day!